



King Athelstan Primary School Newsletter-February/March 2019



Welcome back. We hope you all had a restful half-term break. It was lovely to have some warmer weather and lovely sunshine briefly—let's hope it's back soon! We had World Book Day today when children came to school dressed as their favourite book character. It was a special day with lots of activities based around reading. We will help to raise money for Comic Relief with Red Nose Day on Friday 15th March, and we also celebrate Mother's Day on Friday 29th March with assemblies to say thank you to all our female carers.

Dates for the Diary

Y5 and Y6 swim in the Spring term
Y1 Monet and Y2 Hockney will swim on Mondays in the Summer term.
Y1 Picasso and Y2 Matisse will swim on Fridays in the Summer term—letters will be sent out soon.

Fri 8 Mar	Y5 Greek Workshop— No Y5 Swimming
11-15 March	Science Week
Wed 13 Mar	Y6 trip to Kew Gardens
Thur 14 Mar	Dali Class Assembly at 8.55am
Fri 15 Mar	Cake Sale - Hockney Class
Fri 15 Mar	Red Nose Day for Comic Relief
18-22 Mar	Y5 Bikeability Course
Thur 21 Mar	Picasso Class Assembly at 8.55am
Sat 23 Mar	PCSA Parent/Carers v Staff Football Match 10am at Fairfield
Wed 27 March	Y5 Easter Experience trip
Thur 28 Mar	Y4 trip to Museum of London
Thur 28 March	Hockney Class Assembly at 8.55am
Thur 28 Mar	Parent/Carer Forum 9am
Fri 29 March	Mother's Day Assemblies
Fri 29 March	Cake Sale - Matisse
Mon 1 April	Reception trip to London Wetland Centre
Mon 1 April	Last swimming lesson for Van Gogh & Y6
Mon 1- Wed 3 April	Scooter training
Tue 2 April	Thinker's Project Exhibition 3.15-4.15pm and then 6-7pm
Wed 3 April	Extra swimming lesson for Gainsborough
Thur 4 April	Van Gogh Class Assembly at 8.55am
Thur 4 April	PCSA Eggstravaganza 3.30-4.30pm
Fri 5 April	Last day of term. School ends at 2.30pm

Children in Need

We have received a lovely thank you letter from Children in Need as we raised £193.48 to help disadvantaged children and young people across the UK by wearing spotty accessories!



The Giving Machine

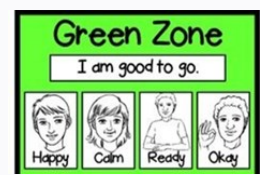
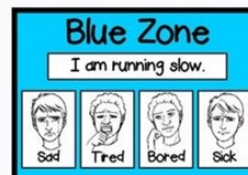
The PCSA have set up an account with The Giving Machine to raise additional funds. The Giving Machine app will donate a percentage of your spend to the PCSA when you shop through their Shop&Give scheme at many websites, such as Amazon, Asda, Sainsbury's, Next and many more. You will need to download the app and select King Athelstan PCSA as your cause when prompted. It won't cost you a penny, but will earn extra funds for the school. Thank you!



Zones of Regulation

This term we have been introducing a new initiative across the school called 'The Zones of Regulation'. We had been using elements of the framework with individual pupils and, following overwhelming interest from teachers during last term's Pupil Progress Meetings, have decided to embrace this approach as a whole school. The Zones of Regulation is a curriculum developed by Occupational Therapist Leah Kuypers to foster self-regulation and emotional control. It focusses on important areas of development such as resilience, sensory regulation and impulse control and provides a framework to simplify how we think about and manage our feelings. The core of The Zones of Regulation is to divide the wide range of complex emotions experienced into four coloured Zones:

The Blue Zone: a low energy state where the 'slow' feelings reside, e.g. sad, tired, bored, sick.



The Green Zone: the optimum state for the classroom and includes feelings such as: happy, calm, focussed, proud

The Yellow Zone: a high energy state where the 'fizzy' feelings are found, e.g. excited, frustrated, anxious, silly



The Red Zone: an 'out of control' state including feelings such as: angry, aggressive, terrified, elated

The children are made aware that there are no 'bad' zones, just ones most appropriate to the current situation - all Zones are expected in different circumstances - for example, the heightened alertness of the Yellow Zone may be beneficial on the sports field during a competitive game. Behaviours within each Zone are talked about in terms of whether they are 'expected' or 'unexpected' for the situation and the children will build a 'toolkit' that they can use to support them in moving between the Zones.

This approach compliments the existing provision in place at King Athelstan, including the work of our Inclusion and Nurture Teams, and will not only provide a common approach and language across the school but will also support us to build strong relationships with the pupils joining our Specialist Resource Provision in September. To find out more please speak to Ms Govan and look out for news of parent/carers workshops coming up.

World Book Day

We had a great World Book Day! The children did lots of exciting activities focused around books and reading. There were some wonderful costumes too, based on favourite book characters—we will publish photos in next month's newsletter.

Parent/Carer Help

We are currently looking for volunteers who could come and help us organise our library, labelling and covering books. We would also like some ongoing support with managing the library. If you have a current Barred List check or DBS from the school and could spare some time in the afternoons, please contact Mrs Ahearn on admin@kingathelstan.rbksch.org and we will coordinate some time. Thank you very much!

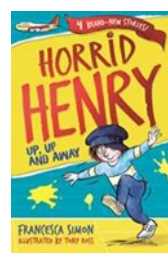


Rotakids

The Rotary Club have kindly invited three members of Rotakids to a Rotary meeting over lunch to say thank you for all their hard work for the charity. Grace, Nora and Kieran will attend on behalf of Rotakids and will report back to their colleagues. Rotakids' next charity focus will be the Princess Alice Hospice.



Meet the Author!



Francesca Simon, author of the Horrid Henry collection, will be signing her brand new book, "Up, Up and Away" at Surbiton Library on Tuesday 26th March at 4pm. You can pre-order the book and a ticket for the author to sign it at Regency Bookshop, Victoria Rd, Surbiton for £4. All tickets will be entered in to a prize draw to win a Horrid Henry Box Set of books - good luck!

Netball News

Well done to the Netball team who won their friendly match against St Joseph's. They then came third in the Cup stage of the borough competition, missing second place by just one point! This week they progressed to the finals, and came fifth overall. Well done to the team! Thanks to parents Kerri Perkins and Ceris Heath for helping to run the weekly netball training sessions. Their hard work and commitment has certainly paid off as these fantastic results demonstrate.



YMCA

YMCA recently had their Ofsted inspection and were graded as good in all areas, and good overall. Great news for all at YMCA.

Parent/Carer Consultations

These have been taking place this week. Thank you for taking the opportunity to look at your child's books and see their teacher to discuss progress. It is essential that every parent/carer attends and we will be following up where meetings have not taken place.

Eco Warriors

Eco warriors have recently launched their first initiative to encourage everyone to save electricity by turning off the lights in classrooms when they are not in use. This will help our school and the environment.



Y6 Junior Citizen

Y6 attended the annual Junior Citizen scheme run at Chessington World of Adventure. The scheme's purpose is to equip youngsters with the knowledge and skills they need to cope with everyday life in adulthood, and particularly when it comes to dealing with emergencies. Stranger danger, fire safety, first aid, drug awareness, road, bus and rail travel, anti-social behaviour and graffiti are all covered. The learning sessions are designed to be interactive, where children are taught a variety of life skills focusing on how to keep themselves safe whilst potentially helping others who may be in difficulty or distress. The children enjoyed it and learned some valuable lessons.



Trips



Y1 visited the Natural History Museum and saw some amazing dinosaur eggs, fossils and huge bones.



Y6 were invited to see a production of "Oliver!" at Tiffin School which they all enjoyed. It was made more special by the four King Athelstan girls who sang in the Tiffin Children's Choir for the show—well done to Thea, Lola, Zoe and Alice.



Reception and children from Nurture Groups all went to see Zog at the Rose Theatre, the story of a dragon trying his best to win a golden star at Madam Dragon's school! They all had a wonderful time, and their behaviour walking to and from the theatre was exemplary.

Comic Relief—Red Nose Day

We will be celebrating Red Nose Day on Friday 15th March by wearing Comic Relief items (red noses, glasses, red deeley boppers) or your own red accessories, such as hair ribbons or red socks! Teachers will collect any money donated - we suggest 50p. Please ensure children's names are on any items brought in. Thank you!



Lunchtime

To support a wider range of options at lunchtimes, we now open the Library, "Wild Area" at the front of the site and a KS1 and KS2 quiet room. The quiet rooms also provide first aid treatment inside rather than in the playground or medical room. Quiet room activities include jigsaw puzzles, board games, drawing and card games.

Staffing

As you know, we are opening a Specialist Resource Provision in September 2019. We have now recruited Kerry Crombie as the Teacher in Charge. Mrs Crombie brings with her a wealth of experience as she is joining us from her current role as Assistant Head of the AfC Virtual School. The Virtual School is responsible for all the children who are "looked after" and engages with a wide range of professionals from multi-agency teams. We will be recruiting further staff and working with the local authority SEN team to confirm the children who will be joining us in September. The refurbishment of the Villa will begin during the Summer term.