



Hi! I'm Andy Apple!
 Additional choices available throughout the week include jacket potatoes with a selection of fillings, crusty bread, a selection of salads and fresh fruit.

WILSON JONES

Simply Fresh



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1 Commencing

12th November
 3rd December
 31st December
 21st January
 11th February
 11th March
 1st April

Chicken Burger in a Bun
 Freshly Baked Margherita Pizza
 Jacket Potato with Selection of Toppings
 Baked Potato Wedges
 Sweetcorn - Baked Beans
 Apple & Cinnamon Crumble with Custard

Mild Mexican Beef Chilli Con Carne & Rice
 Cauliflower Cheese Bake
 Jacket Potato with Selection of Toppings
 Carrot Batons
 Garden Peas
 Banana & Sultana Flapjack

Roast Chicken, Sage & Onion Stuffing with Gravy
 Baked Vegetable Parcel
 Jacket Potato with Selection of Toppings
 Roast Potatoes
 Sweetcorn - Root Vegetables
 Super Berry Sponge & Custard

Spaghetti & Meatballs
 Quorn Meatballs & Tomato Pasta
 Jacket Potato with Selection of Toppings
 Garlic & Herb Slice
 Green Beans - Carrots
 Chocolate Sponge & Chocolate Custard

Crispy Baked Fish Fingers
 Mature Cheddar & Caramelised Onion Puff
 Jacket Potato with Selection of Toppings
 Chips
 Garden Peas - Baked Beans
 Tropical Fruit Jelly

WEEK 2 Commencing

29th October
 19th November
 10th December
 7th January
 28th January
 25th February
 18th March

Beef Ragu with Pasta
 Vegetarian Sausages, Mash & Gravy
 Jacket Potato with Selection of Toppings
 Garden Peas - Carrots
 Garlic & Herb Slice
 Wholemeal Spiced Pear & Ginger Cake with Custard

Sizzling Chicken Sausages, Mash & Gravy
 Roasted Vegetable Chilli & Rice
 Jacket Potato with Selection of Toppings
 Sweetcorn Broccoli
 Creamy Rice Pudding with Fruit Topping

Roast Beef, Yorkshire Pudding with Gravy
 Quorn Fillet, Yorkshire Pudding with Gravy
 Jacket Potato with Selection of Toppings
 Roast Potatoes - Garden Peas
 Carrot & Cumin Crush
 Choco-Orange Oaty Cookie

Southern Baked Chicken
 Mixed Bean Enchilada Bake
 Jacket Potato with Selection of Toppings
 Tomato Rice
 Broccoli - Sweetcorn
 Vanilla Cake & Toffee Sauce

Battered Fish or Salmon Fish Fingers
 Roasted Vegetable Pizza
 Jacket Potato with Selection of Toppings
 Baked Potato Wedges
 Garden Peas - Baked Beans
 Mandarin Jelly

WEEK 3 Commencing

5th November
 26th November
 17th December
 14th January
 4th February
 4th March
 25th March

Freshly Baked Chicken & Vegetable Pizza
 BBQ Beans & Veggies Pasta
 Jacket Potato with Selection of Toppings
 Herby Diced Potatoes
 Baked Beans - Green Salad
 Yummy Fruity Flapjack

Classic Shepherds Pie
 Macaroni Cheese with Garlic & Herb Slice
 Jacket Potato with Selection of Toppings
 Sweetcorn Carrot Batons
 Eves Apple Pudding & Vanilla Cream

Roast Chicken, Sage & Onion Stuffing with Gravy
 Roasted Mediterranean Vegetable Wellington
 Jacket Potato with Selection of Toppings
 Roast Potatoes
 Glazed Parsnips - Garden Peas
 Pineapple & Coconut Crumble with Custard

BBQ Chicken Pasta Bake
 Veggie Burger in a Bun with Tomato Ketchup
 Jacket Potato with Selection of Toppings
 Herby Focaccia
 Green Beans - Carrots
 Chocolate & Mandarin Sponge with Custard

Crispy Baked Fish Fingers
 Creamy Vegetable Korma
 Jacket Potato with Selection of Toppings
 Chips
 Garden Peas - Baked Beans
 Very Berry Jelly



CERTIFIED SUSTAINABLE SEAFOOD MSC
 www.msc.org
 Seafood with this mark comes from an MSC certified sustainable fishery.
 www.msc.org
 MSC-C-56390

If you have any questions or queries, please give us a call at 0208 090 1275
 Alternatively you can email us at info@wjccatering.co.uk