

# MENU

**WILSONJONES**  
Simply Fresh



Hi! I'm Andy Apple!

Additional choices available throughout the week include jacket potatoes with a selection of fillings, crusty bread, a selection of salads and fresh fruit.



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**WEEK 1**  
Commencing  
16<sup>th</sup> April  
7<sup>th</sup> May  
4<sup>th</sup> June  
25<sup>th</sup> June  
16<sup>th</sup> July  
17<sup>th</sup> September  
8<sup>th</sup> October

Hot Dog  
with Tomato Sauce  
  
Vegetarian Hot Dog  
with Tomato Sauce  
  
Chips - Sweetcorn  
  
Orange Sponge  
& Chocolate Sauce

Chicken Korma  
with Rice  
  
Tomato and Basil  
Pasta Bake  
  
Peas - Broccoli  
  
Fresh Pineapple, Vanilla  
Ice Cream & Wafers

Roast Chicken, Stuffing,  
Yorkshire Pudding & Gravy  
  
Vegetarian Toad  
in the Hole  
  
Roast Potatoes  
Carrots - Cauliflower  
  
Very Berry Jelly

Sausage & Tomato  
Pasta  
  
Macaroni Cheese  
  
Garlic Bread  
Sweetcorn - Green Beans  
  
Lemon Sponge  
& Custard

MSC Fish Fingers  
  
Vegetable Pasty  
  
Wedges  
Peas - Baked Beans  
  
Raspberry Ripple  
Ice Cream Roll

**WEEK 2**  
Commencing  
23<sup>rd</sup> April  
14<sup>th</sup> May  
11<sup>th</sup> June  
2<sup>nd</sup> July  
3<sup>rd</sup> September  
24<sup>th</sup> September  
15<sup>th</sup> October

Spaghetti Bolognaise  
  
Chinese Vegetable Wrap  
  
Garlic Bread  
Sweetcorn - Carrots  
  
Apple & Blackberry  
Crumble with Custard

Beef Burger  
in a Bun  
  
Sweetcorn & Pineapple  
Pizza  
  
Potato Wedges  
Baked Beans - Broccoli  
  
Fruit Jelly

Roast Turkey,  
Yorkshire Pudding & Gravy  
  
Vegetarian Sausage Roll  
  
Roast Potatoes  
Peas - Carrots  
  
Oaty Apple Slice

Beef Lasagne  
  
Roasted Vegetable  
Lasagne  
  
Garlic Bread  
Sweetcorn - Green Beans  
  
Crispy Cake

MSC Battered Fish  
  
Cauliflower Cheese  
  
Chips  
Peas - Baked Beans  
  
Frozen Raspberry  
Yoghurt

**WEEK 3**  
Commencing  
30<sup>th</sup> April  
21<sup>st</sup> May  
18<sup>th</sup> June  
9<sup>th</sup> July  
10<sup>th</sup> September  
1<sup>st</sup> October

Sausages & Gravy  
  
Vegetarian Sausages  
& Gravy  
  
Mashed Potatoes  
Sweetcorn - Carrots  
  
Fruity Flapjack

Chicken Wrap  
  
Pesto & Pea  
Pasta  
  
Rice  
Green Beans - Peas  
  
Carrot Cake

Roast Chicken, Stuffing,  
Yorkshire Pudding & Gravy  
  
Cheese & Potato  
Pinwheels  
  
Roast Potatoes  
Savoy Cabbage - Carrots  
  
Fruit Jelly

Chicken Pizza  
  
Vegetable Bean Burger  
  
Herby Diced Potatoes  
Green Beans - Salad  
  
Chocolate Sponge  
& Chocolate Custard

MSC Fish Fingers  
  
Margherita Pizza  
Baguette  
  
Chips  
Peas - Baked Beans  
  
Mousse



Seafood with this mark comes from an MSC certified sustainable fishery.  
[www.msc.org](http://www.msc.org)

If you have any questions or queries, please give us a call at 0208 090 1275  
Alternatively you can email us at [info@wjccatering.co.uk](mailto:info@wjccatering.co.uk)