

A Helping Hand!

Reception Spring 1



The Big Idea: What would you do in an emergency? Your pet is ill - where do you go? We will explore how to deal with different emergency situations, calling upon ideas from police officers, firefighters and vets to understand what to do. Who helps us in our community? How does a letter get to you? We are going to investigate how our community is served by key professions on a daily basis, and how we can work together to provide a happy and safe community.

Communication and Language

We will be....

- Discussing what to do in an emergency and talking through each step.
- Considering different professions and talking about what we would like to do when we are adults.
- Asking questions about who would be helpful in different scenarios. Who helps us in an emergency? Who helps us every day?

At home you can also:

- Talk about who helps you at school, at home and in the community and when you've needed help before.
- Talk about your favourite pet or animal - why are they your favourite? (We will be talking about this in our Google Meets!)

Personal, Social & Emotional Development

We will be....

- 'Feelings detectives', learning how to identify emotions in different situations
- Learning to resolve conflicts with peers independently
- Continuing our Zones of Regulation PSED lessons

At home you can also:

- Practise identifying when you/we need help and try to solve issues independently
- Create a smiley face reward chart for completing tasks like: learning, tidying up, getting dressed, getting ready for bed or brushing your teeth
- Make a timetable for your day and tick it off as you go along
- Talk about how you are feeling and why you feel that way

Physical Development

We will be....

- Looking at how to keep our bodies healthy through exercise and gross motor activities
- Exploring which foods are good for our bodies and why
- Starting PE lessons either virtually or in school.

At home you can also:

- Talk about how to stay healthy.
- See how quickly you can get dressed in the morning
- Talk about how important sleep is for our health. What time should we go to bed? How can a bath and a bedtime story help us to relax before bed?

Literacy

We will be....

- Creating wanted posters
- Writing instructions for an emergency situation
- Drawing and labelling different types of emergency vehicles

Non-fiction texts we will explore include: "People Who Help Us" by John Wood, "People Who Help Us Police Officer" by Rebecca Hunter
Fiction texts: "Flashing Fire Engines" by Tony Mitton. "When I grow up!" by Andrew Daddo

At home you can also:

- Draw and label your pet or an animal you like
- Write a healthy shopping list
- Write a thank you letter to someone who helps you

Mathematics

We will be....

- Continuing to focus on numbers to 10, exploring one number a week. (Focusing on one number encourages children to deepen their understanding of numbers and develop 'number sense'. It helps children to develop confidence and deepen their mathematical understanding.)
- Studying each number through money, time, arrays, objects and measurement
- Exploring height and weight during doctor's week

At home you can also:

- Make a height chart - see how much you grow throughout the year!
- Measure rooms in your house using your feet as a measuring tool
- Use weighing scales to weigh objects or food

Understanding the World

We will be....

- Exploring different jobs of people who help us
- Understanding what equipment people use to help us e.g. fire hoses, ladders, stethoscopes
- Looking at various methods of transportation
- Developing an awareness of what to do in an emergency

At home you can also:

- Talk about jobs adults in your family have now
- Find out what jobs your great grandparents had!

Expressive Arts & Design

We will be....

- Making X-rays of animals with different materials.
- Using junk modelling to create different transportation models e.g. fire engines.
- Making finger puppet animals

At home you can also: Create your own healthy lunchbox, using materials or real food

