

King Athelstan Primary School

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Headteacher: Emily Newton

11th December 2018

Dear Parents and Carers

Year 5 Spring Term 2019 Swimming - Gainsborough Class

During the Spring term Gainsborough class will be going swimming on Friday mornings. The sessions start on **Friday 18th January** and will continue until **Friday 29th March**. They will leave school at **10:45am** and will return at **12:20pm** in time for lunch.

Each child will need:

- A towel and swimming trunks/one piece costume
- A large waterproof bag to put their clothes in while they swim
- Long hair will need to be tied back and **ALL** jewellery removed

Lessons are taught by instructors from the Kingfisher Leisure Centre or by Mr Mc Laughlin. Lifeguards will be on duty during these lessons. Children will be grouped according to their swimming ability and placed in appropriate swimming depths. If your child is anxious about swimming, please let Mr McLaughlin know so he can give them extra support.

Swimming forms a vital part of PE in the National Curriculum. The school is required to teach all children water safety and to swim 25m by the time they reach the age of 11. Obviously, regular practice is very important therefore we are always grateful if parents and carers are able to take children swimming after school or at weekends.

As advised after the swimming consultation last summer, we are requesting a contribution of £30 to enable the school to continue providing this opportunity. Without this voluntary contribution the school would find it difficult to sustain this excellent provision - thank you in advance for your support. Please pay on Parentpay.

If your child is unwell or not fit to participate, please let the school know, either in writing or by leaving a message with the school office. Any child who is unable to take part, or who has not brought their swimming kit, will remain in school with another year group.

If you have a DBS clearance or Barred List check through the school and are available to help walk the children to and from the Kingfisher please complete the box in Parentpay. All help is greatly appreciated. We will confirm the volunteer helpers by email nearer the time.

Yours sincerely

Darren Mc Laughlin

PE Coordinator

