

Spring Term Sports Clubs Available:

Dance Club - (YR - Y2) - Dance-Fit Kids (External Provider)

In this club the children will learn dance routines to their favourite pop songs. The classes are fun and interactive. At the end of the term parents/carers will have the opportunity to watch the children perform what they have learnt.

Football Club - (Y1 - Y3) - Mr Mc Laughlin

This is a popular club where children are given the opportunities to learn new skills and take part in a full range of drills specifically designed for their level and ability. They are taught how to participate as a member of a team in small competitive games which develops their confidence and communication skills.

Cheerleading - (YR - Y2) - Rebecca Parker & Alice Colligan

This club will teach the children a range of skills such as tumbling, dance, jumps and a variety of chants. They will use the skills they have learnt so that they can perform at key sporting events. At the end of the term parents/carers will have the opportunity to watch the children perform.

Skipping - (Y1 - Y6) - Skipping Workshops - (External Provider)

Skipping is a great sport and is used as training by many world class athletes. It will help to improve your child's coordination, stamina, flexibility and balance. At the end of the term parents/carers will have the opportunity to watch the children perform.

Karate - (Y2 - Y6) - Abel Karate (External Provider)

This club will focus on discipline and respect for self and others, physical co-ordination, teamwork and building relationships with their fellow peers. Karate is a great positive step to take for everyone and provides them with a stable foundation and new found confidence. At the end of the term parents/carers will have the opportunity to watch the children perform. Parents/Carers will also have the opportunity to take part with their child when invited at the end of term.

Dance - (Y3 - Y6) - YMCA, South West London - (External Provider)

The children will be given the opportunity to develop their dancing skills while enjoying a high energy workout. At the end of the term parents/carers will have the opportunity to watch the children perform.

Football Club - (Y4 - Y6) - Mr Mc Laughlin

This is a popular club where children are given the opportunities to refine their skills and take part in a full range of drills specifically designed for their level and ability. They are taught how to participate as a member of competitive games which develops their confidence and communication skills. Children from this club may be selected to represent the school in interschool competitions.

Multi-sports (Rugby/Football/Basketball/Netball/Cricket focus) - (Y3 - Y6) - Fulham Football Club - (External Provider)

Multi-sports will explore different sports and the children will be able to develop their skills across a wide range of activities. The types of sports they will study are rugby, football, basketball, netball and cricket.

Gymnastics - (Y3 - Y6) - Good Life Gymnastics (External Provider)

This is a club where children will be able to develop their physical agility and coordination. They will work on sequence development, balances, floor work and also use the vault. Some of the children will have the opportunity to represent the school in a gymnastics competition. At the end of the term parents/carers will have the opportunity to watch the children perform.

Tennis - (Y1 - Y3) - Surbiton Tennis Club - (External Provider)

Children will learn the basics of tennis including key skills such as agility, balance and coordination. They will learn a variety of shots including the forehand, backhand and volley.

Tennis - (Y4 - Y6) - Mr Mc Laughlin

Children are given the opportunity to refine their skills and take part in a full range of drills specifically designed for their level and ability. They are taught how to participate in both singles and doubles matches. They will also be taught how to score.

Multi-skills - (YR - Y2) - Fulham Football Club - (External Provider)

Multi-skills club is a non-sport specific, fun, challenging and enjoyable club. Sessions include a wide variety of games and activities, all involving the development of skills and attributes that can be applied to a range of sports and physical activities.

Hockey - (Y3 - Y6) - Surbiton Hockey Club (External Provider)

This club will give the children the opportunity to get fit, develop 'team work', learn new hockey skills and have fun! The children will be learning to use specialist 'Quickstick' equipment. Children attending this club may be selected to attend the tournament which the club host each term at their home ground in Hinchey Wood. It is an exciting time for Surbiton Hockey Club as they had three players represent GB in the 'Rio Olympics' receiving the Gold Medal. It is great that we are able to work with a club that produces Olympic Gold Medal winners.

Spring Term Clubs Available - Non Sport Clubs:

Homework Club - (Y2 - Y4) - Mrs Perkins

This club will give your child time to complete their homework with school support.

Story/Drama - (Y3 - Y6) - Miss Reid-Thomas

We are delighted to be able to offer this exciting new club. The sessions will be very physical, fun and interactive. Children will gain confidence in public speaking, teamwork and performance. The sessions will lead to mini performances within the sessions and a performance at the end which parents/carers will be invited to.

Art Club - (Y3 - Y6) - Natalie Kay (External Provider)

Participants will be exploring different genres of art and different mediums. They will be looking at famous artists and sculptures and learning new techniques.

French club - (Y2) - Mrs Mendis

This club has been meeting every week since September. Pupils have enjoyed exploring new language through songs, poems, craft and games, and we're looking forward to learning words for family and animals after the holidays. We have some exciting songs and stories lined up too - watch this space! We meet every Wednesday during the second half of lunch, and have room for a couple more pupils to join us. If you're interested, send back the reply slip as quickly as possible and we look forward to seeing you there. "A bientôt!"

Chess Club (Y3 - Y6) - Richmond Chess Club (External Provider)

This club will board game of strategic skill for two players, played on a chequered board on which each playing piece is moved according to precise rules. The object is to put the opponent's king under a direct attack from which escape is impossible

Choir - (Y1 - Y3) and (Y4 - Y6) - Mr Pickering

Do your children like singing? Would they like to be involved in an energetic club with performance opportunities? King Athelstan has always had an active choir. Pupils will take part in performances both within school and in the local community.

Sports Club Overview - Spring Term 2017

Clubs	When	Member of Staff	Starts	Ends	Year Group	Additional information e.g. equipment your child will need	Cost
Dance	Monday 3:30-4:15pm	<u>External Provider</u> Dance-Fit Kids	16 th Jan	20 th Mar	R to 2	PE Kit required Pick up: KS1 playground - small hall	£30
Football	Tuesday 3.30-4.30pm	Mr Mc Laughlin	17 th Jan	21 st Mar	1 to 3	PE Kit or football team kit with trainers or football moulds Pick up: KS1 playground - small hall	£15
Cheerleading	Tuesday 3:30-4:15pm	Rebecca Parker Alice Collingan	17 th Jan	21 st Mar	R - 2	PE Kit Pick up: KS1 playground - small hall	£15
Skipping	Tuesday 3:30-4:30pm	<u>External Provider</u> Skipping Workshops	17 th Jan	21 st Mar	1 to 6	No PE kit required Pick up: KS1 playground - small hall	£35
Dance	Wednesday 3.30-4.30pm	<u>External Provider</u> YMCA	18 th Jan	22 nd Mar	3 to 6	Pick up: KS1 playground - small hall	£25
Football	Wednesday 3.30-4.30pm	Mr Mc Laughlin	18 th Jan	22 nd Mar	4 to 6	PE Kit or football team kit with trainers or football moulds Pick up: KS1 playground - small hall	£15
Karate	Wednesday 7:40-8:40am	<u>External Provider</u> Abel Karate	19 th Jan	23 rd Mar	2 to 6	PE kit	£30
Multi-Sports Football Rugby	Thursday 3:30-4:30pm	<u>External Provider</u> Fulham Football Club	19 th Jan	23 rd Mar	3 to 6	PE Kit Pick up: KS1 playground - small hall	£35
Gymnastics	Thursday 3:30-4:30pm	<u>External Provider</u> Good Life Gymnastics	19 th Jan	23 rd Mar	3 to 6	PE Kit or leotard Pick up: KS1 playground - small hall	£40
Tennis	Thursday 3:30-4:30pm	<u>External Provider</u> Surbiton Tennis Club	19 th Jan	23 rd Mar	1 to 3	Pick up: KS1 playground - small hall	£30

Sports Club Overview Continued - Spring Term 2017

Tennis	Friday 7.55-8.45am	Mr Mc Laughlin	20 th Jan	24 th Mar	4 to 6	PE Kit Drop off- small hall	£15
Multi-skills	Friday 3:30-4:15pm	<u>External Provider</u> Fulham Football Club	20 th Jan	24 th Mar	R to 2	PE Kit Pick up: KS1 playground - small hall	£35
Hockey	Friday 3:30-4:30pm	<u>External Provider</u> Surbiton Hockey Club	20 th Jan	24 th Mar	3 to 6	PE Kit Optional: can bring their own hockey stick Pick up: KS1 playground - small hall	£25

Please note: some external clubs are subsidised from the 'PE and Sport Grant'. Prices stated are the prices to be paid.

Non-Sports Clubs Overview - Spring Term 2017

Clubs	When	Member of Staff	Starts	Ends	Year Group	Additional information e.g. Pick up or equipment your child will need	Cost
Homework Club	Monday 3.30-4.15pm	Mrs Perkins	16 th Jan	20 th Mar	2 to 4	Existing Homework Pick up: Hockney	£15
Story/Drama	Monday 3:30-4:30pm	Miss Reid-Thomas	16 th Jan	20 th Mar	3 to 6	N/A Pick up: Matisse	£15
Art	Tuesday 3:30-4:30pm	<u>External Provider</u> Natalie Kay	17 th Jan	21 st Mar	3 to 6	Pick up: KS1 playground - small hall	£25
French	Wednesday 12:45-1:15pm	Mrs Mendis	18 th Jan	22 nd Mar	2	N/A	N/A
Chess	Wednesday 3:30-4:30pm	<u>External Provider</u> Richmond Chess Club	18 th Jan	22 nd Mar	3 to 6	N/A	£30
Choir (KS1)	Thursday 12.45-1.15pm	Mr Pickering	19 th Jan	23 rd Mar	1 to 3	N/A	N/A
Choir (KS2)	Friday 12.45-1.15pm	Mr Pickering	20 th Jan	24 th Mar	4 to 6	N/A	N/A