



King Athelstan Primary School

Sports Newsletter

24th March 2015



With the recent influx of sports events and competitions, we have made an addition to our regular newsletter, dedicated just to sports updates and reports. In this edition you can read about all of the incredible tournaments and competitions that our King Athelstan sports teams have participated in over the Spring term as well as get some key dates for upcoming events and swimming.

Gugafit 2015

In February Gugafit visited the school to provide their usual dose of health and fitness workshops for our community. Gugafit aims to make activity and exercise fun, enjoyable and exciting for everyone. The day was focused on learning new skills and developing the health and wellbeing of the children.

It was great to see a record number of parents/carers attend these workshops over the 2 days. There were **56 adult attendees** total. We hope that you enjoyed the workshops just as much as the children. Thank you to the PCSA for helping to fund this opportunity.

Y5 - Bikeability - March 2015

20 children from Y5 are taking part in this exciting cycling proficiency training!

Outcomes include:-

- starting & stopping quickly
- swerving to avoid objects
- looking around including behind
- control skills in an off-road location

Take a look at the new multisports hall markings that were done over the February half term!



School PE Development Plan Aim:

Increasing our participation in physical activity by increasing the % of children participating in after school sports clubs.

% of children attending at least one extracurricular sports club:

Summer Term 2014 = 28.5%

Autumn Term 2014 = 42%

Spring Term 2015 = 56%

In less than a year we have almost doubled participation levels! Well done to all the children who are working hard to improve their physical activity levels!

Y4-Y6 Borough Hockey Competition - Surbiton Hockey Ground - Tuesday 24th February

We were fortunate to use the state of the art facilities at Surbiton Hockey Club. The school sent two teams. Congratulations to the children who participated. It is hard to single out any child as all performances were outstanding.

Well done to 'Team A' who managed to secure 3rd place in the Plate Competition. What another amazing result for one of our sports' teams!

Y6 Borough Table Tennis - Latchmere Primary School - Wednesday 25th February 2015

Well done to the 8 children who attended this first table tennis competition at Latchmere Primary School. All participants really enjoyed competing and played really well in some well fought games. Congratulations to the Y6 boys who achieved 2nd place!



Y5-Y6 Netball Competition - Kingston Grammar Playing Fields - Wednesday 4th March 2015

Building on our success from other competitions, we attended this event with confidence and excitement ready to take part in another competitive tournament.

All the matches were played with perseverance and a high level of technical ability. The children worked really hard on their shooting in the run up to this event and it certainly paid off.

It was a tense and enjoyable day. Well done to the team as we made it through to the cup stages and finished 6th out of 21 schools. The results just keep getting better! Hopefully this will inspire some of the children to take this sport up outside of school.

A special mention should go to Carys Heath and Kerri Simpson who helped coach the team in the run up to the event. Their commitment and enthusiasm was very much appreciated. I know they were very happy with the result!

Young Leaders - KS1 & KS2 - Playtimes and Lunchtimes

Thank you to all of the Y6 Young Leaders who are doing a fantastic job at playtimes. The children are really enjoying all of the activities on offer.

New Equipment at playtimes & lunchtimes

As part of our ongoing drive to improve physical activity levels at playtime we have purchased more equipment for KS1 & KS2. We now have additional tennis nets and basketball posts.

The selection of sports' activities available for children in KS1 is:

- skipping
- football
- basketball

The selection of sports' activities available in KS2 is:

- skipping
- netball
- basketball
- football
- tennis



There are also quiet areas where children can socialise and use Lego and do crafts.

Summer Term Clubs Booking (Non Sports and Sports)

You will receive the summer term clubs letter this week. Don't forget to re book your child's place/s.

You will notice we have added some new clubs! Outdoor & Adventurous Activities, Girls Football, Skills2PlaySport and Building Learning Power!

Y5-Y6 Swimming - Spring Term 2015

Y1-Y2 Swimming - Summer Term 2015

Swimming starts week commencing 20th April.

A letter will be sent to you at the end of this term regarding arrangements for your child's class.

