King Athelstan Primary School

Y1-Y6 - Physical Education Scheme of Learning

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	*ELG: Gross Motor Skills Children at the expected level of development will: - Negotiate space and obstacles safely, with consideration for themselves and others; - Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.*					
Y1	Games (Unit 1) Gym (Unit 1)	Games (Unit 2) Gym (Unit 2)	Multi-skills (Unit 1) Athletics (Unit 1)	Multi-skills (Unit 2) Dance (Unit 1)	Athletics (Unit 2) Dance (Unit 2)	Athletics (Unit 3) Games (Unit 3)
Y2	Games (Unit 1) Gym (Unit 1)	Games (Unit 2) Gym (Unit 2)	Multi-skills (Unit 1) Athletics (Unit 1)	Dance (Unit 1) Athletics (Unit 2)	Dance (Unit 2) Athletics (Unit 3)	Tennis Games (Unit 3)
Y3	Invasion Games Tag Rugby Gym	Invasion Games Football Invasion Games Hockey	Invasion Games Basketball Outdoor and Adventurous Activities	Dance (Unit 1) Athletics (Unit 1)	Tennis Athletics (Unit 2)	Rounders Cricket
Y4	Invasion Games Tag Rugby Gym (Unit 1)	Invasion Games Football Invasion Games Hockey	Invasion Games Basketball Gym (Unit 2)	Outdoor and Adventurous Activities Athletics (Unit 1)	Cricket Athletics (Unit 2)	Tennis Rounders
Y5	Invasion Games Tag Rugby Gym (Unit 1)	Invasion Games Football Sports Leadership	Invasion Games Netball Swimming **Venue:** The Malden Centre	Outdoor and Adventurous Activities Swimming **Venue:** The Malden Centre	Athletics Cricket	Tennis Rounders
Y6	Invasive Games Tag Rugby Gym (Unit 1)	Invasive Games Football Invasive Games Netball	Invasive Basketball Outdoor and Adventurous Activities	Dance (Unit 1) Athletics (Unit 1)	Cricket Athletics (Unit 2)	Tennis Rounders