

WILSONJONES

Simply Fresh

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Caesar Salad Wrap	Tuna Pasta Salad	Chicken Sausage Roll	Sausage Pasta Salad	Fish Finger Wrap
Vegetarian	Sweetcorn Pasta Salad	Cheese Salad Wrap	Cheese & Tomato Pizza	Roasted Vegetable Wrap	Cheese & Onion Pasty
Extra	Nachos & Salsa	Pesto Puff Twist	Cucumber & Tomato Salad	Crisps	Paprika Popcorn
Dessert	Chocolate Brownie	Mandarin Jelly	Lemon Drizzle Cake	Lemon Cookie	Fruit Trifle
Fruit	Fruit Salad	Whole Fruit	Apple & Grape Bag	Melon Slice	Orange Wedges

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	BBQ Chicken Salad Sandwich	Chicken & Mayo Pasta Salad	Crispy Chicken Salad Wrap	Meat Feast Pizza	Fish Finger Roll
Vegetarian	Pesto Pasta Salad Pot	Cheese Salad Roll	Roast Vegetable Pasta Salad	Veggie Sausage Pasta Salad	Roast Pepper Tortilla
Extra	Carrot & Cucumber Sticks	Crisps	Bread Sticks & Tomato Dip	Coleslaw	Mini Corn Cob
Dessert	Apple Oaty FlapJack	Very Berry Jelly	Blueberry Muffin	Chocolate Mousse	Orange Drizzle Sponge
Fruit	Pineapple Chunk Pot	Mixed Grape Pot	Whole Fruit	Fruit Salad	Melon Slice