

King Athelstan Primary School

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Headteacher: Emily Newton

27th September 2023

Dear Families,

Harvest Festival is a tradition which celebrates the time of year when crops have been gathered from the fields and people can reflect and show gratitude for the food that they have. It dates back a long time in British history, to when people relied on crops for food and farmers would give thanks for a good harvest.

This Harvest we are planning to help local people by collecting tinned and dried food and hygiene products for Kingston Foodbank. This is an important organisation which has supported the school community regularly over many years. We are asking for donations, such as tinned vegetables, tinned meat, rice, pasta, UHT milk, squash, household cleaning products, personal hygiene products and sanitary wear. All items must be unopened and undamaged, and foods must be non-perishable and in date. Donations are entirely voluntary.



Please bring any donations to school on **Monday 2 or Tuesday 3rd October** - there will be tables outside where items can be left. We will deliver all donations to the Foodbank on Wednesday 4th October.

Thank you for your support.

Emily Newton
Headteacher

Help by donating an item or two from our shopping list to support people facing hardship.

SHOPPING LIST TOP TEN ITEMS

- Cereal
- Long Life Milk
- Squash
- Tinned Tomatoes
- Tinned Vegetables
- Tinned Meat
- Anti-bacterial all-purpose spray
- Washing machine tablets
- Shower gel

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SHOPPING LIST TOP TEN ITEMS

- Puddings
- Tinned Spaghetti
- Tomato sauce/Mayonnaise
- Cooking oil
- Vegetarian options
- Sweet treats
- Male and Female deodorant
- Shaving foam and razors
- Shampoo/Conditioner 2in1
- Washing up liquid

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SHOPPING LIST TOP TEN ITEMS

- Baked Beans
- Biscuits
- Rice
- Pot Noodles
- Jam
- Peanut butter
- Instant Coffee
- Handwash
- Toilet paper
- Sanitary products

