

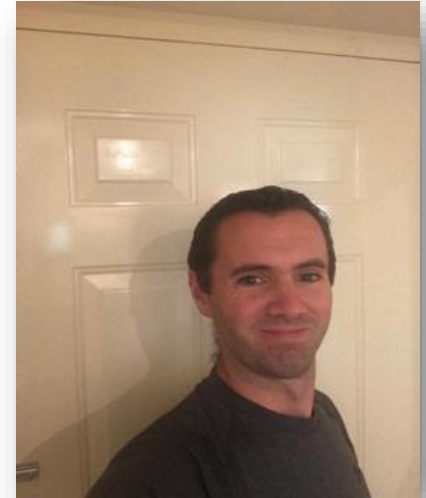
Welcome

Dear Klee and Little Klee,

I hope that you and your families are well. I really do miss teaching you PE, it is certainly a lot quieter at the moment. Each week Physical Activity slides are sent home as part of the Home Learning. The activities are adapted so you can do them in a small space, there are lots of fun challenges in there so do take a look. Don't worry if you don't have the exact equipment, you can be creative with what you use.

I hope you are staying active and having the opportunity to enjoy the great outdoors. Try and exercise everyday as it is really important for your physical and mental health, even a short walk would be good. I recommend that you are physically active for 60 minutes per day (Examples of safe and socially distanced ways to stay active are: walking, running, cycling, workouts and skipping).

It is great to see the keyworker children and those in Reception, Y1 and Y6. However, I can't wait until the whole of the King Athelstan Community are back together again. We can look forward to lots of exciting events next academic year like international day and sports day.



Welcome

As you are aware the KS2 playground is currently under construction. I am really excited about the running track. This is a great addition, as it means there is no more running the 'mile run' in muddy conditions. I think your parents/carers will definitely appreciate not having to wash muddy PE kits!

It is an incredibly strange time at the moment and it has certainly taken some time to adjust to the new way of life. Throughout lockdown I have tried to keep some sort of normality and have been walking, running and cycling most days. One thing I miss is seeing friends and family but I have stayed in contact via Zoom; it is great to see everyone virtually. Apart from missing teaching all of you, I have really missed watching live sport, so it is great to see this gradually returning to our screens. I love the buzz and excitement which comes with it, although it is strange watching football without fans.

Try and remain positive, we are thinking of all of you at this difficult time.

Looking forward to seeing you all soon.

Take care of yourself and all of those around you.

From Mr Mc Laughlin

Dear Klee and Little Klee,

Welcome

How are you all? I hope everyone has received my card by now. I really enjoyed writing messages for you and posting them. Did you ever write a letter or postcard to someone? Maybe you can try to write one or even make a card by yourself, then send it to your friend or a family member. This week I've been enjoying my walks to the park as usual and even had a picnic in the park a few times since the weather was so lovely! I've also been busy baking a raspberry and yoghurt cake for my partner's birthday. I've finally been able to meet my friend in the park as well. It was a bit different than normal since we needed to sit 2 metres apart and couldn't hug each other, but it was still very nice to see her and talk about all the time that we have both spent at home. I hope you'll be able to see some of your friends soon too! What is the first thing you're going to play together when you see your friends? Maybe you can make a list of things you want to play first! Hope you all have a lovely week. Missing you all!

From Nadja x



EYFS Wellbeing Activity



Marcus Rashford is an inspiration

Family - who inspires you in your family?
What do you love about them?

Your family are special. Who **inspires** you? Think of the people who love you and who care for you. Choose someone special, maybe your grandparents or an aunt or uncle. Use your hands and fingers to paint a picture of them. Why does this special person inspire you?



My Grandad inspires me because he is kind



Did you know: Wolves live in family groups called packs. Wolves are excellent parents!

Did you know: The bond between an orang-utan mother and her young is one of the strongest in nature.



WHEN YOU SPARKLE YOU INSPIRE EVERYONE AROUND YOU.



Reading & Mark Making Activity

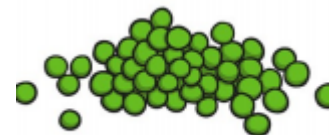
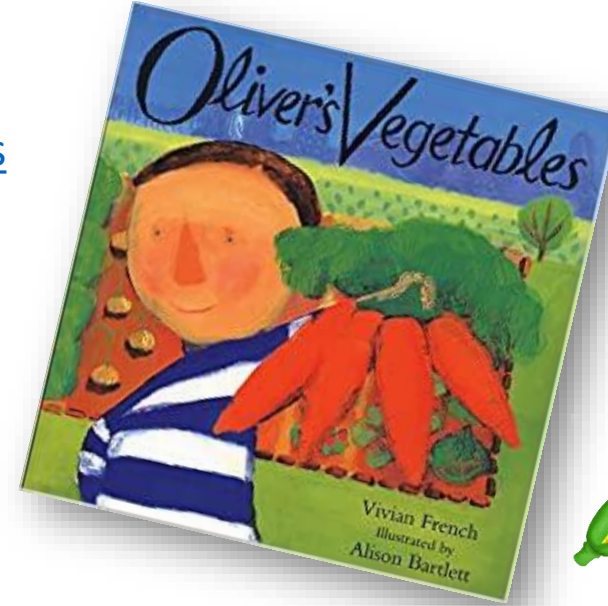
Listen to the story **Oliver's vegetable**

<https://www.youtube.com/watch?v=UcxnE4Xh0-g&t=120s>

What was Oliver's favourite food?

What did Oliver think was the best thing about Grandpa's house?

Which vegetable would be your favourite? Why?



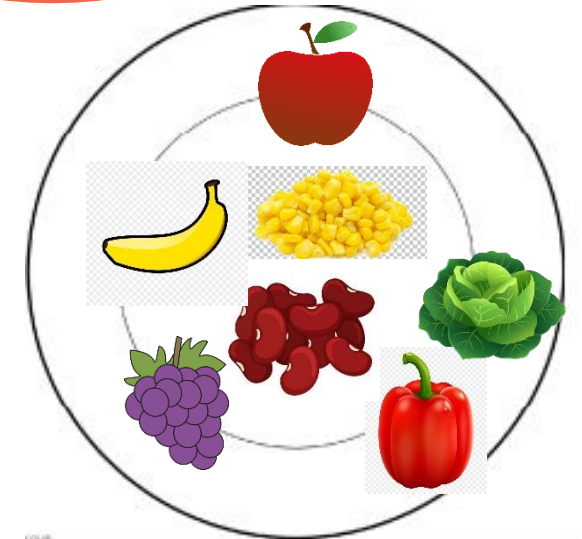
Can you remember which vegetable Oliver tried from Grandpa's garden? Choose the correct pictures and try to name them all!



Make a picture diary of all the fruit and vegetables you eat in one day. Try to draw them!



On Tuesday I ate 7 different fruits and vegetables! Can you count how many you had?



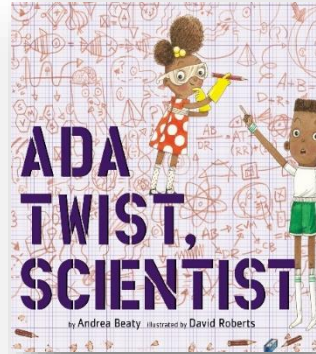
Challenge: Can you find initial sounds for all the fruit and vegetables that you draw on your plate? Example: 'p' for potato.

Audio Books For Free



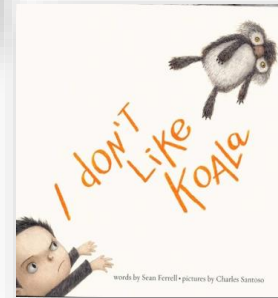
Ada Twist, Scientist

<https://youtu.be/08Dt1s29Wh0>



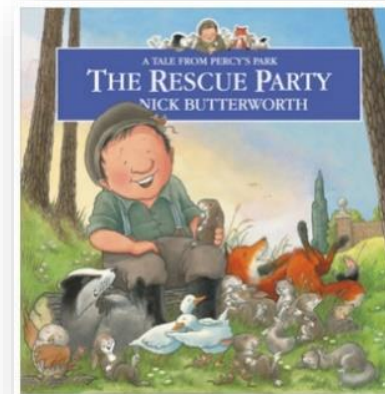
I Don't Like Koala

<https://www.youtube.com/watch?v=9-4GqSZ7VXQ>



The Rescue Party

<https://www.bbc.co.uk/teach/school-radio/eyfs-storytime-the-rescue-party/zkrdrj6>



This week's story time is Barbara reading 'Whatever Next!' by Jill Murphy.

<https://www.kingathelstan.kingston.sch.uk/covid-19-home-learning/story-time/story-time-videos-29-6-20/>

Click here to get started

Please note: you may need to copy these links into Google Chrome.

Maths Activity



Challenge: Can you create a number line using things you have at home? With the help of an adult please write numbers on pieces of paper and place them in the correct order. Now, find objects from around the house to match the numbers. For example, on number one you might place one plate, number 2 - two shoes, number 3 - three forks etc. Have fun and remember you can share a photo of your number line!

Try to make some number carrots. Can you stick the right amount of leaves for each number?



Physical Development



Roll your hands

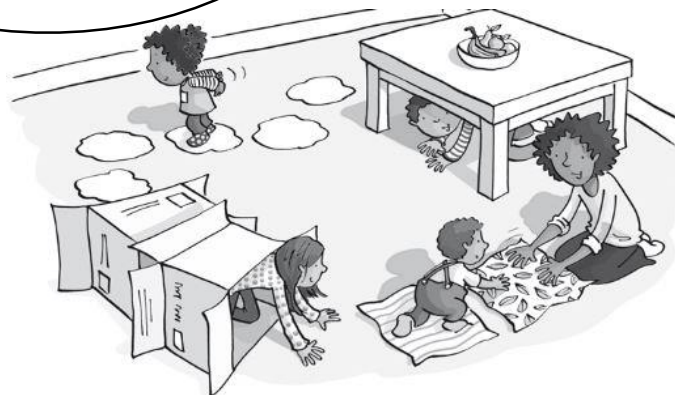
<https://www.youtube.com/watch?v=EAPmy1SxDdQ>

Funky Monkey

<https://www.youtube.com/watch?v=U9aBYLRhFW8>

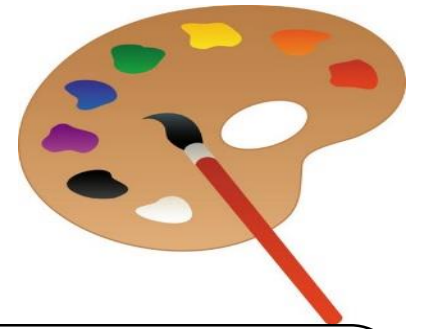


Why not make your own obstacle course in your garden or in your house!



Creative Activity

Use some leftover vegetable/fruit and try to make a painting using prints.



Maybe you can look for different spices you have at home and create different coloured paint!



- 1 Cup Flour
- 1.25 Cups Cold Water
- 1TBS Olive oil

Mix all ingredients together, then add 1 TBS of spice of your choice!



Creative Activity

Cooking activity: Veggie face

Choose your favourite vegetable or fruit to create a Veggie face!

Ingredients:

- wrap/pitta bread/cracker
- humous or cheese spread
- any vegetable

Try to create a face using different vegetable. Think about all the features face has to have. You can look yourself in the mirror first and maybe try to create a portrait!

