Lorem Ipsum Dolor March 31, 2020

Lockdown!

We're all in this together

- UK ON LOCKDOWN; SCHOOLS CLOSED
- LOCAL NEWSLETTER FOUNDED
- NEIGHBOURS UNITE AMID CRISIS
- SCHOOLGIRL LEADING EFFORT



Passing the time

Here are some great ideas to pass the time under lockdown

Art

Art is a great form of therapy, whether it's colouring a picture or creating your own bespoke pieces of art. Really lifts your mood, and that of the people around you. Art is both a solitary and group activity, so you can do it alone or do it with your family. And even if the shops are closed, you can order your supplies online.

Reading

Books are a perfect way to leave behind lockdown, and to transport you to a brand new world. You can learn so much by reading a book, whatever the title. And now we're locked down, why not explore a new genre or author?

Films

There is nothing better than watching a great movie! There are so many incredible films out there that really capture the imagination. Choose a time during the day to pick out a family film (there are LOADS on Netflix). Or like we do, have movie nights. Why not give a different style a go?

Music

Make it, listen to it, dance to it - music has got everything you need to put you in a happy or a crazy mood - whatever you're in the mood for. Whether it's Taylor Swift or Queen, there is so much variety. Use Alexa or go on Youtube to find your perfect lockdown soundtrack

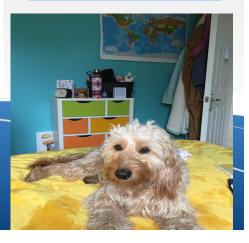
Keep a diary

When you're all spending the day at home, it's not unusual to get on each others' nerves. So, keeping a diary can help you to (try) and remain calm; it also helps your mental health. Just writing down what you did that day can help clear your head of the stresses that lockdown can bring.

EDITOR'S LETTER

Dear neighbour,

In the time we are absent from school, I have started this weekly newsletter as a project. The idea is for us as a neighbourhood to communicate with one another without putting ourselves at risk of spreading Coronavirus. Lets face it lockdown IS a challenge and we can't do it alone. But I believe, that if we support each other we CAN get through this - and Coco agrees. Even if it's just doing your own thing helps. Let's all smile through together. I hope you enjoy. Grace 135



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Culture watch

Here are some TV shows that I would recommend:

Dragons Den

This nail-biting BBC 2 show keeps you second-guessing whether a dragon will take an amateur business to be a global phenomenon.

The Great British Bake Off for SU2C

James Blunt, Alison Hammond, Alex Jones and Joe Sugg all take to the tent to wow judges with their culinary creations in just 3 challenges all for Stand Up 2 Cancer! (Channel 4)

Celebrity Hunted for SU2C

A family favourite, taking your mind off the outside world, well actually your too busy shouting at the fugitives to run! Celebs all around the country, SU2C what more do you want? (Channel 4 please note the language is a little ripe)

The Repair Shop

Members of the public bring in their most treasured items in need of a little tidy up or a huge makeover, and some of the most talented craftspeople and artists make them good as new!

Masterchef

Who hasn't watched an episode of Masterchef? Masterchef always provides us with a rather pleasant evening. (Even if you're not really watching)

His Dark Materials

Although season one has already aired, you can find it on BBC iplayer. Based upon the book series by Phillip Pullman it guarantees an hour of adventure and fantasy in the most expensive BBC and HBO programme ever!



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Editor: Grace

Subeditor: Christian

photographs: Iris

publicist: lisa

We need you!

Want more? Show us you do by emailing us with your thoughts, ideas, photos, questions, jokes, dog pictures - whatever you like - to christiandoherty@me.com . To make sure we are sustainable, we are planning to distribute the newsletter by email in future, so please let us know the address to send it to.

And, if you get a spare moment this week (if you don't, please tell me how you're so busy) why not send in your own review of something you have watched, seen or heard. Thank you.

Grace Doherty