

Lockdown!

We're all in this together

Flying visitors...



Pauline at 115 updates us on her new hobby

'One of the more positive consequences of being on lockdown is that we are compelled to find new interests that are closer to home. For us, this has been a new-found love of bird watching. As complete beginners, our interest -was- sparked by the little birds in our back garden. Having tried some different bird feeders we found that our little visitors love fat balls (which seems to be the equivalent of McDonalds for them!). They also tend to prefer the feeder to be hung near some shrubbery or growth offering them a secure lookout. So far we have seen blue tits, great tits, robins and dunnocks all visit our feeders. Further afield, at the Fairfield we have spotted thrushes, blackbirds, pied wagtails, jackdaws and of course the infamous 'Kingston' parakeets! If you keep an eye out at dusk, you can see flocks of them flying low on their way to the cemetery. It's such a pleasure to see nature so close to home, and really helps lift our spirits.'

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Thanks Pauline, I didn't know there are so many species of bird in Kingston!

Thank you so much to everyone who contributed this week: Pauline, and my friend Caoimhe, from King Athelstan Primary School. She sent in this picture of her dog Mowgli, who I think is looking very zen with his flower crown.

EDITORS LETTER

Hi, it's me. This week is very different, as we have a contribution from someone from outside Bonner Hill Road: a friend from my school. In fact, *Lockdown* can now be found on my school website! Making *Lockdown* digital has not only saved us ink, but has created more buzz about the newsletter. Thank you to everyone who contributed!

- Grace @135



Cookie treat @ home

Rocky Road cookies

1 batch

300g/10oz milk chocolate

200g/7oz mini marshmallows

100g/4oz/ 2/3 a cup of hazelnuts

1 pack of rich tea biscuits

- 1) Break the milk chocolate up into little pieces and melt in a heatproof bowl set over a pan of simmering water. Do not let the bowl touch the water. When the chocolate has melted, stir in the marshmallows and hazelnuts.
- 2) Lay the biscuits on a wire rack and spoon a mound of the chocolate mixture on top. You can create quite a mound. Depending on your greed, try and leave a little bit of naked biscuit all the way round. You **have** to let them set and harden. Sorry, but you do. Go and clear out the cutlery draw or the airing cupboard. Go on. Go!

Thanks to Caoimhe for the recipe!



Colourful science

This week my sister Iris has been doing experiments on absorbency. You can make your own rainbow pattern by following the instructions below!



You will need:

- | | |
|---------------------|--|
| Water | First; cut a rainbow out of the kitchen roll |
| Kitchen roll | Next, colour the ends of the rainbow |
| A bowl | Then, plunge the rainbow into the water |
| Scissors | Leave to dry and viola! |
| Felt tip | |

You should find that the water has absorbed and has traveled up the rainbow and taken the colour with it!

WE NEED YOU!

Enjoying the newsletter? Then send me your thoughts and opinions at christiandoherty@me.com I would love to hear from you! I would love to see some recipes you have used. Send me a picture of the recipe, your result, what book it's from and any pointers. Please note if you would like to contribute please send them in by Monday 27 April 2020. See you then.

Grace, 135

Grace: Chief Editor

Christian: Subeditor

Lisa: Publicist