

Y4 Families Information Pack

Y4 Outdoor Adventurous Activity Day at Thames Young Mariners

DATE: Friday 25th April 2025 (first Friday back of the summer term)

LOCATION: Surrey Outdoor Learning and Development
Thames Young Mariners
Riverside Drive
Richmond TW10 7RX

AIMS OF THE TRIP:

- To engage in a range of adventurous outdoor activities not usually available in the school environment.
- To develop and demonstrate skills in problem solving, communication, leadership and team building.
- To develop a positive attitude to challenge, build self-esteem and self-confidence.
- To develop personal and social skills, encouraging each child to become independent, responsible and more aware of, and sensitive to, the needs of others.

Friday 25th April 2025 (first Friday back of the summer term)

8:00am	Children arrive at school - meet in the main hall (via the KS1 playground gate). Parents/carers do not need to stay unless they are supporting on the trip. There will be no early morning reading for Y4.
8:35am	Board the coach
8:40am	Depart school
9:00am	Arrive at Thames Young Mariners
9:30-12:30pm	Activity 1
12:30-1:30pm	Lunch
1:30-4:30pm	Activity 2
4:45pm	Depart Thames Young Mariners
5:15pm	Arrival at school - please note the later collection time

Children will get the opportunity to take part in two activities:

- 1) Raft Building (using logs and barrels which will then be placed into the water)
- 2) Woodland Skills (den building, fire lighting)

CLOTHING:

We will be outside all day. The children should wear comfortable sports clothes all day (t-shirt, shorts, sweatshirt, trainers and tracksuit bottoms as these may be required for some of the activities). **The children do not have to wear school PE uniform; however, they are welcome to do so.** Children will require spare dry clothing/footwear for after raft building.

TRAVEL:

Coaches have been booked and are all fully fitted with seat belts. Children with travel sickness are allowed to sit near the front of the coach. Please tick the box on ParentPay to confirm you are happy your child travels to and from the Thames Young Mariners on the coach.

RUCKSACK:

Children will need to bring a rucksack which should contain the following items:

- 1) Lunch - please ensure they have a lunch box or plastic bag to store their lunch
- 2) Snack x 2 (am and pm). Please avoid packing sweets or any foods that contains nuts
- 3) Refillable water bottle - refills available on site
- 4) Spare dry clothing (including underwear, socks and trainers) for raft building as they may get wet.
- 5) A pair of surf shoes (pictured, right) is recommended for raft building, however, a pair of old trainers is also suitable
- 6) Waterproof jacket
- 7) Spare plastic bag for wet clothing
- 8) Towel for after raft building
- 9) Suncream, if it is hot - children will need to apply this independently
- 10) Hat



MEDICAL:

There will be First Aiders from school and at Thames Young Mariners. All medicine will be taken directly from school, in line with our normal policy. Please ensure school have all the relevant medication for your child. If your child needs additional medication, please inform the school.

LUNCH:

All children will need a packed lunch. If you book a lunch on ParentPay in the usual way, a packed lunch will be provided. Alternatively, please send a packed lunch from home in a disposable bag (and don't forget to cancel any hot meal booking already made). Please provide a named, refillable water bottle - no fizzy drinks or sweets. Children should also bring an extra snack for the morning and afternoon in their rucksack. Please remember, **no nuts**.

PERSONAL BELONGINGS:

We cannot accept responsibility for any damage or loss to your child's personal belongings. It is **very important that ALL items of clothing and equipment are named**. Please do not allow children to bring additional items such as toys from home.

Please ensure that your child does NOT BRING ANY electronic devices - iPod, mobile phones, or any other electronic items (including cameras). If they have a mobile phone they can check this is on the morning of the trip and can collect it upon their return, as usual.

Cameras - All adults on the trip will have cameras and will take pictures of the children doing various activities. Pictures will be featured in the weekly digest or on Google Classroom.

And finally, we aim to be back at school by **5:15pm**. Please ensure that someone is there to meet your child and that they know who it will be. They will have had a fantastic day but will be very tired and will appreciate seeing you. Please ensure school is aware of any change in pick up arrangements.

Thank you.

Darren McLaughlin

A handwritten signature in black ink, appearing to read 'DM', with a small dot at the end.

PE Coordinator