

King Athelstan Primary School

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Headteacher: Emily Newton

22nd May 2025

Dear Families of Year 6,

Year 6 children will be receiving Sex and Relationships' Education (RSE) sessions as part of our Personal, Social and Health Education (PSHE) and Citizenship curriculum. The first lesson will take place on **Monday 2nd June** and the second on **Monday 23rd June**.

The aims of the sessions are to develop the children's understanding of reproduction and the importance of relationships, as well as gaining a basic understanding of how babies are born.

We believe that this is a vital aspect of all children's education and we aim to deliver the programme to pupils at a level appropriate to their experience and maturity. Under the 1996 Education Act, parents/carers have the right to withdraw their child from some parts covering Sex Education only. However, we would strongly urge families to allow their children to participate in this very important session. The nurse is very experienced at teaching this aspect of the curriculum and will always ensure that lessons are sensitive to the needs of the pupils. It is a topic that the children are increasingly aware of, and it is important that they are well informed.

In line with PSHE legislation and the compulsory delivery of relationship education, the Year 6 sessions will: recap on emotional and physical changes in puberty; discuss different types of relationships in people's lives; look at features of positive relationships; look at identity including the terms sex, gender and sexuality; learn about how a baby is made and born.

We are very keen that all children participate in these lessons. If you have any concerns or questions, please contact the school office and a member of the Y6 team will get back to you.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Laura Meggitt'.

Laura Meggitt
Kahlo Class Teacher and Equalities Lead

