

Hello!

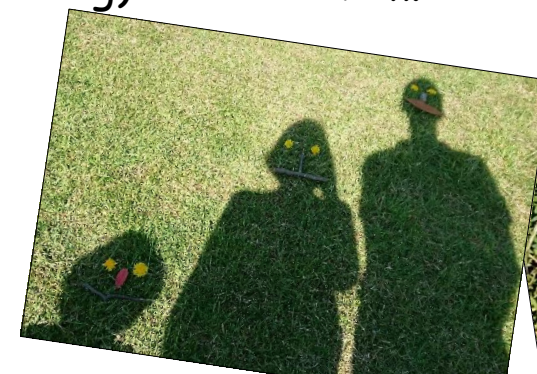
Dear Wiley and Mehretu,

I hope you are all well and enjoying time with your family. I really miss seeing all of you when I am in school. At the moment I am working at school about once each week and then working at home for the rest of the week. I am also helping my little boy to do the school work he is being sent by his Reception teachers. We have been keeping very busy with exercise, baking and crafting too! I'm sure lots of you, like us, are now experts at using Zoom to stay in touch with family and friends.

Staying at home can be challenging at times, but one thing I have really enjoyed is how local communities are coming together. As well as joining in with the weekly 'Clap for Carers' with ALL of my neighbours, we have been working together to look after each other. Some families have drawn out 'obstacle courses' on the pavement in chalk for the children to do during their daily walks. My son and I added hopscotch, which all the children (and some of the grown ups) enjoyed! Have any of you put rainbows in your windows? We made one from a paper chain of hearts. We love hunting for them when we go walking - there are lots if you look closely! Have you counted many? As well as rainbows, our local area did an 'Easter Egg Hunt' over the Easter weekend. Lots of people made or drew Easter eggs and put them in their windows, on their doors or in their front gardens. We counted over 100 when we went on our hunt! Our one was made from Lego.

I feel very grateful for our local parks. We have been enjoying walking (and running) around them. On a recent walk I was very proud to capture a photograph of a butterfly on a dandelion! Also, in a challenge set by my mum, we took a family 'nature selfie' over the weekend, using natural materials and our shadows! Can you create a nature selfie of your own on your next walk?

Take care of yourselves and each other,
Miss Govan. x



Dear Mehretu,

It has been so amazing to see all of your work! Thank you so much for making a huge effort and submitting the work you have been doing at home. It has been so long since I have been able to read your inspiring and original stories and your fantastic maths that I forgot how much I miss marking it! Rainforest poems, slideshows about Aztecs and interesting diaries! I have been growing plants on my balcony which you can see below and even though lots of people say its very easy I always struggle to keep them alive. This time it will be different, I am telling myself and I will try really hard to keep them going! I'm thinking it might be a good idea to get some plants for the classroom. What do you think? It was great to speak to you all on the phone last week, particularly to hear all of your voices. This week I have included some puzzles for you to try and solve! Next week I will give you the answers!

See you soon!

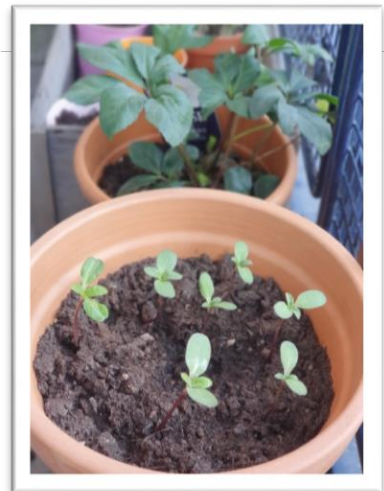
Mr. B

What's bright orange and green on top and sounds just like a parrot?

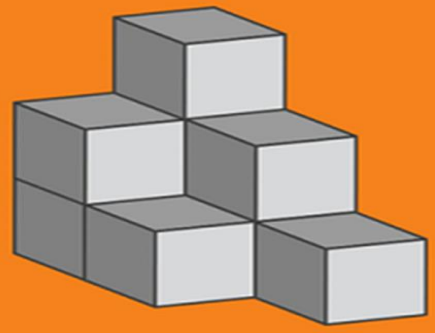
Welcome



What's really easy to get into, but hard to get out of?



How many blocks?



7, 8, 9, 10

Dear Wiley,

It seems so long ago we were last in class together! I am missing you all lots. Still, the highlight of my days is seeing the fantastic learning and fun you have all been getting up to at home. Thank you also for your emails and updates - sorry I can't reply to these individually. It is amazing to see what you are all up to. I can only imagine the amount of gymnastics routines and Pokémon games being played!! 😊

This week I have been trying Yoga with friends via video chat. It is an amazing way to exercise, relax, and move into the 'green zone'. Perhaps you could give it a try?

Alongside lots of school work, I have used this lockdown time to do lots of DIY, cleaning and organising! What have you done which you normally wouldn't have time for?

Keep looking after your amazing families and stay safe!

Mr Channing xxx

Welcome

Countdown Numbers Game

100 50 4 9 3 3

Notepad ON Calculator ON

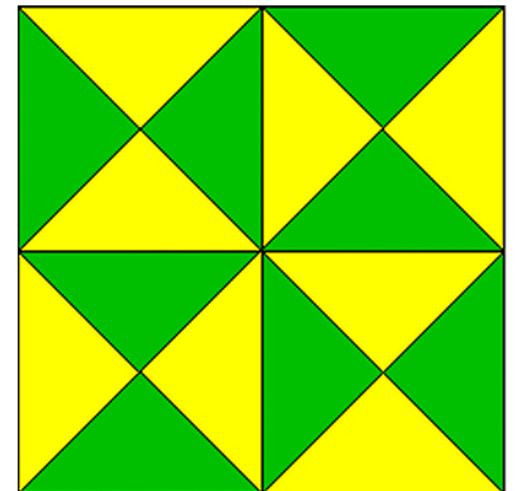
Big
Small
Target

Can you make the total 449 using the numbers above?

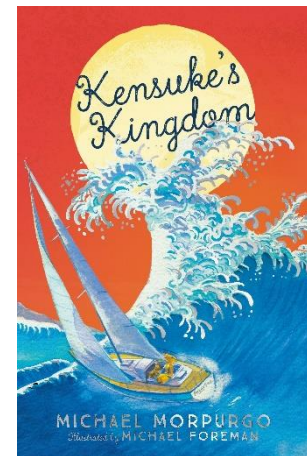
449

Reset
Back

How many triangles are there in this picture? Hint: more than you will first think...!

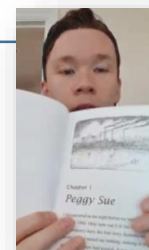


Reading Activity



Chapter 3 Ship's Log

Read the rest of Chapter 3. Then answer the questions on the next few slides.



I had hoped my mother and father might forget all about the planned school work. And to begin with it seemed as if they had. But once we had weathered a few storms, once we were settled and well into our voyage, they sat me down and told me the unwelcome news. Like it or not, I was going to have to keep up with my schoolwork. My mother was adamant about it. I could see that any appeals to my father would be pointless. He just shrugged and said, "Mum's the skipper." And that was an end of the matter. At least at home she had been my mother and I could argue with her, but not on the *Peggy Sue*, not any more.

It was a conspiracy. Between them, they had devised an entire programme of work. There were maths course books to get through – my father would help me with that if I got stuck, he said. For geography and history I was to find out and record all I could about every country we visited as we went round the world. For environmental studies and art I was to note down and draw all the birds we saw, all the creatures and plants we came across.

My mother made a particular point of teaching me navigation, too. "Barnacle Bill taught me", she said, "I, teaching you. I know it's not on the curriculum, but so what? It could come in handy, you never know." She taught me how to use the sextant, take the compass bearings, plot a course on the chart. I had to fill in the longitude and latitude in the ship's log, every morning, every evening, without fail.

Don't forget to check out Year 4 Story Time - Mr Barson is reading Chapter 3 this week!

<http://www.kingathelstan.kingston.sch.uk/covid-19-home-learning/story-time-videos/>

I tried calling Stella first, but she wouldn't come. So I left the wheel and went forward to bring her back. I took the ball with me to sweeten her in, to tempt her away from the bow of the boat.

I crouched down. 'Come on Stella,' I said, rolling the ball from hand to hand. 'Come and get the ball.' I felt the boat turn a little in the wind, and I knew then I shouldn't have left the wheel. The ball rolled away from me quite suddenly. I lunged after it, but it was gone over the side before I could grab it. I lay there on the deck watching it bob away into the darkness. I was furious with myself for being so silly.

I was still cursing myself when I thought I heard the sounds of singing. Someone was singing out there in the darkness. I called out but no one replied. So that was what Stella had been barking at.

I looked again for my ball, but by now it had disappeared. That ball had been very precious to me, precious to all of us. I knew then I had just lost a great deal more than a football.

I was angry with Stella. The whole thing had been her fault. She was still barking. I couldn't hear the singing anymore. I called her again, whistled her in. She wouldn't come. I got to my feet and went forward. I took her by the collar and pulled. She would not be moved. I couldn't drag her all the way back, so I bent down to pick her up. She was still reluctant. Then I had her in my arms, but she was struggling.

I heard the wind above me in the sails. I remember thinking: this is silly, you haven't got your lifejacket on, you shouldn't be doing this. Then the boat veered violently and I was thrown sideways. With my arms full, I had no time to grab the guard rail. We were in the cold of the sea before I could even open my mouth to scream.

1. Write down the words that you don't know and use a dictionary or google to find out what they mean.
2. What is different about the writing in this chapter?
3. Why did Michael's mum and dad not let him take watch on the first 2 nights?
4. On p.27, what 3 things make for a good day of sailing? (3 marks)
5. Why mustn't they enter the Doldrums? (2 Marks)
6. In the entry November 16th, what impression do you get of how Michael is feeling about the trip?
7. What was special about the island of St. Helena?
8. What do you think is going to happen in chapter 4? Use evidence from the text to support your prediction.

EXT: Can you draw a picture of Michael on the Peggy Sue at one of the locations he talks about?

Listen to Pip read a story all about our feelings; she is a mystery reader this week!

<http://www.kingathelstan.kingston.sch.uk/covid-19-home-learning/>

Click here to get started

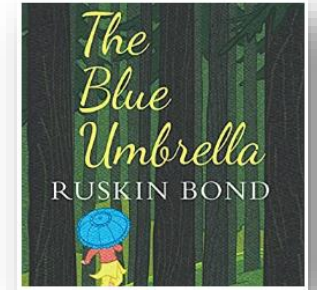


Audio Books For Free



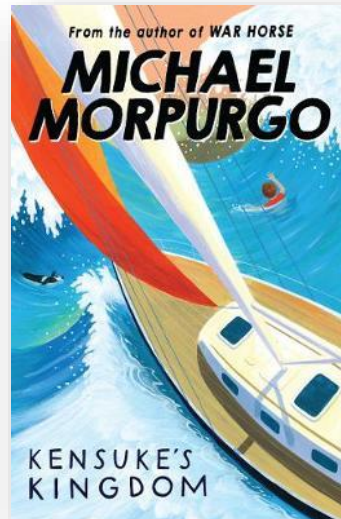
https://stories.audible.com/pdp/B01MQVUD8R?ref=adblent_anon_ds_pdp_pc_pg-1-cntr-0-46

Find and listen to 'The Blue Umbrella'



<https://soundcloud.com/harpercollinspublishers/kensukes-kingdom-written-by>

Kensuke's Kingdom is available to listen to for free on the link above!



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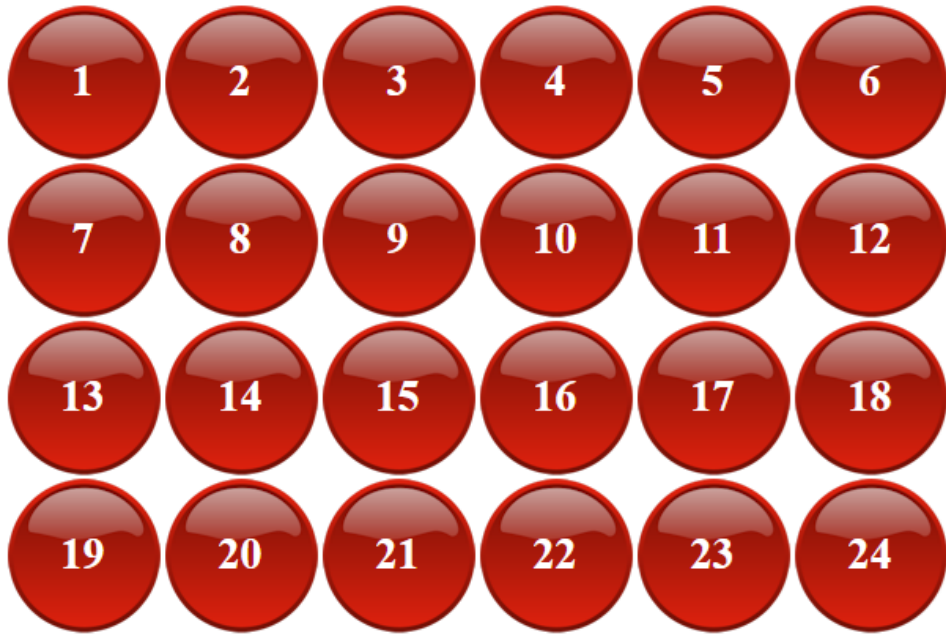


<https://www.allyoucanbooks.com/>

Maths Activity

White Rose Maths

What is the longest sequence you can make from the numbers below?



Each number in the sequence must be a factor or multiple of the previous number.



Mya thinks of a number. "If I double my number and add 2 the answer is 24"



Natalie thinks of a number. "If I multiply my number by 2 and add 5 the answer is 9"



Nathaniel thinks of a number. "If I add 4 to my number then divide the result by 2, the answer is 7"



Nevaeh thinks of a number. "If I multiply my number by 3 and subtract 4 then multiply the result by 3, the answer is 5 less than 56"

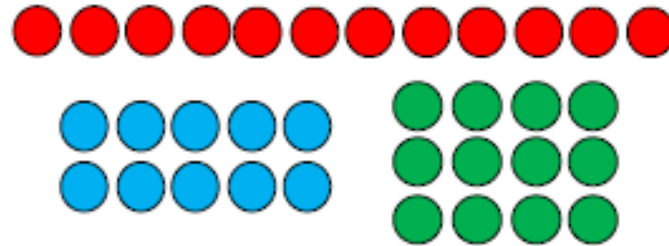
Ismail says,



The bigger the number, the more factor pairs it will have.

Do you agree?
Draw or make arrays to prove your answer.

What factor pairs for 12 do these arrays show?



Use counters to create arrays for 24. How many factor pairs can you find?

Next week we will revisit multiplying tricky, larger numbers. Make sure you practise your times tables to help you succeed!



Watch this video about the story of a boy in a tribe.

<https://vimeo.com/36682203>

First, write down some ideas in a mind map on what the story is about.

What happens in the story?

How does the boy feel?

How does the animal feel?

Now **write a diary** from the point of view of the boy across the whole video.

Things to include:

What the boy believed he had to do?

What were his doubts?

What did he think of the Chameleon?

How did he resolve the issue?



Writing Activity



Don't forget:

- Check for punctuation
- Use some new vocabulary from reading
- Use appropriate adjectives, verbs and conjunctions.
- Use your best handwriting
- Try using a subordinate clause!

Think carefully about how the boy is feeling. To challenge yourself, think about how to show how the boys feeling about the chameleon changes.



What is Ramadan?

<https://www.bbc.co.uk/bitesize/topics/zpdtbkb/articles/zjc2bdm>



Ramadan is a time of good deeds.
Can you write some good things that you have done this week or plan on doing?

Topic Activity



Can you find more about the Muslim tradition of Ramadan. You may have heard of Ramadan or, if you are Muslim, have taken part in it. If you are taking part in Ramadan or have family members that are, maybe you could ask them about the tradition and learn more!

Here are your tasks to help you find out more about Ramadan:

1. When is Ramadan happening this year?
2. Why do Muslim people observe Ramadan?
3. Why is it an important tradition today?

Create a tree out of paper like this one and make separate leaves. On the leaves you can write the good deeds that you have done or plan on doing!



WELCOME TO THE
HOLY MONTH OF
RAMADAN



Science Activity



Now that we have come up with a system to tell what is living and what isn't, (MRS NERG) we need to separate animals into different categories.

Before you research, what different types of animals do you think there are? How many categories would you have?



<https://www.bbc.co.uk/bitesize/topics/zn22pv4/articles/z3nbcwx>

The 6 Basic Animal Groups



Invertebrates



Fish



Amphibians



Reptiles



Birds



Mammals

This week your task is to discover the six basic animal groups.

What makes a mammal unique?

What separates a reptile from an amphibian?

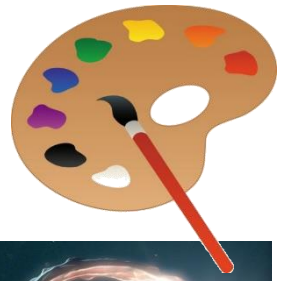
What is the most common type of animal?

How many interesting facts can you find? (E.g. which mammal can't jump?)



Why could somebody make the mistake of thinking a coconut is a mammal?!

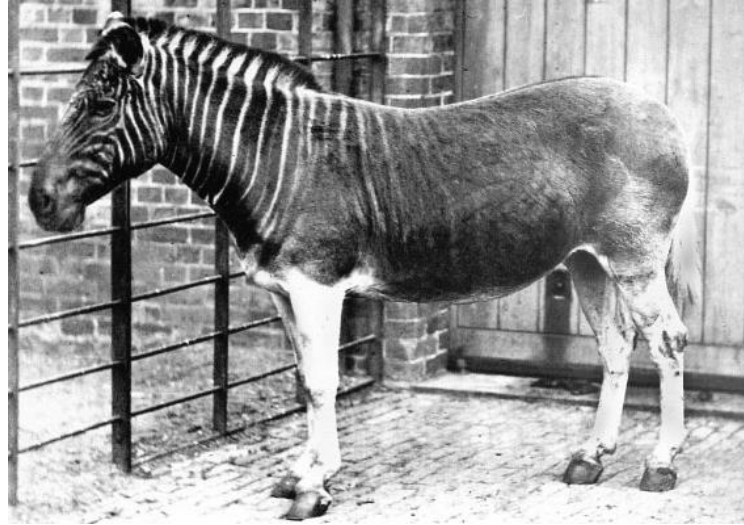
Creative Activity



Thylacine.

Above is a picture of a Thylacine or 'Tasmanian tiger'. These now extinct animals were small nocturnal animals with a pouch to carry their babies. The last living Tasmanian tiger was captured in 1933. Look at how wide it can open its mouth!

Despite its name, this animal is not related to tigers and is in fact a marsupial.



Linked with our science topic, your task this week is to **design and create your own species of animal**. This could be a new type of already existing animal, or something completely made up!

Draw, build, paint - be as creative as possible.

Think about every fine detail, for instance;

- Where is its habitat? What will it sleep in?
- How will it reproduce? Does it lay eggs?
- What does it eat? Is your animal an omnivore or herbivore?

Music Activity



Thunder Jams

Watch the video <https://www.bbc.co.uk/teach/bring-the-noise/ks1-music-nile-rodders-thunder-jam-cities/z4rpqp3> - in this video you will learn about the sound of some of the music that has emerged from New York, Mumbai, Lagos and Tokyo! The man introducing you to these sounds is none other than disco legend Nile Rodgers!

Once you've watched the video I would you to try one of the following activities:

- Make a poster/fact file about one of the cities or countries mentioned in the video. Research one of the countries and write about the amazing things you learnt about the culture, food and music! Here is a website to help you: https://www.natgeokids.com/uk/?s=india&post_type=
- Try typing in one of the genres mentioned to YouTube (Disco, Bhangra, J-Pop, Afrobeat) and listening to some of the music. What is it like? Do you like it? Why/why not? How is it different to the music that has come from Britain?
- Nile Rodgers is an incredibly gifted Composer, Producer and Guitar player who has written some of the most famous songs in history! Research Mr Rodgers and write a fact file about him. You could also listen to one of his most famous compositions and describe it using the musical elements (Tempo, texture, dynamics, pitch, rhythm). Start with 'Good Times' by Chic.

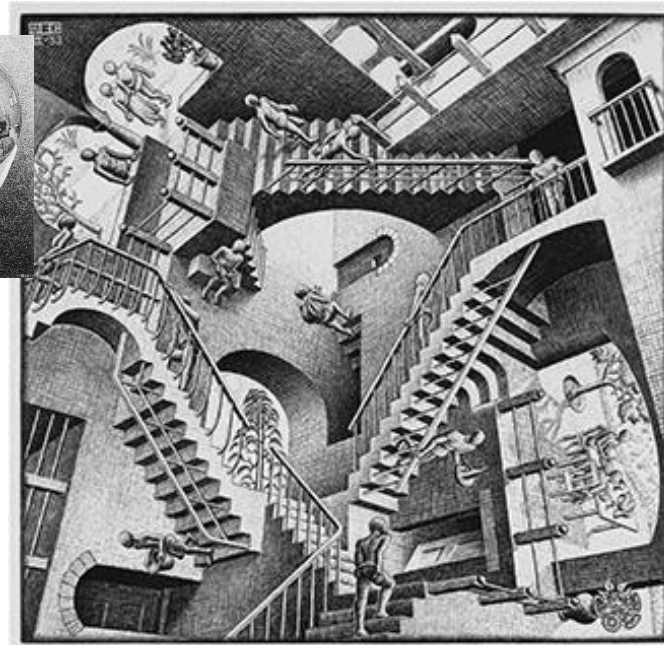




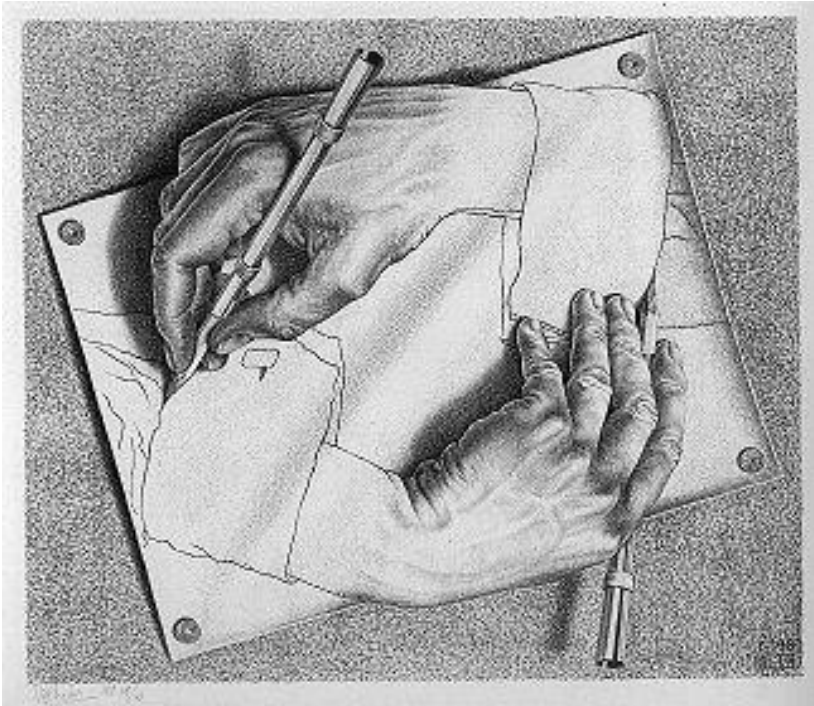
Hello,
I miss you all!

Art Activity

Escher



M C Escher was a Dutch Artist. Inspired by his imagination, he drew amazingly realistic and totally baffling pictures. Spend some time and thought looking at these examples of his work.



Have a go at drawing your own hand from observation.

You will have to keep it very still whilst you draw. Alternatively you could take a photograph of it and work from that.

Draw your arm/sleeve first and follow and draw each main line.

Notice if the line is straight or curved, if it slopes upwards or downwards. (Observe the shapes of the spaces)

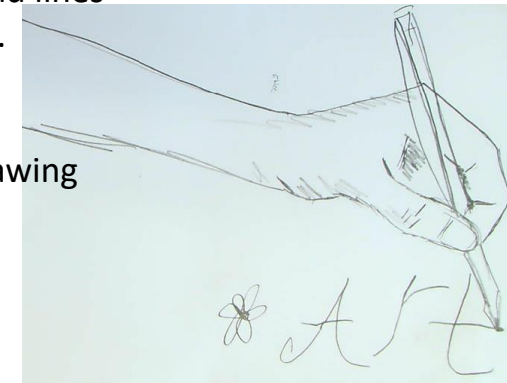


<https://www.youtube.com/watch?v=JdgPvripL9A>
Animation of MC Escher's Relativity

Make changes and improvements to your drawing. Start to notice and add lines to show creases, knuckles, fingernails etc. (Only draw what you can see).



you could draw your hand in different positions. You could draw the pencil drawing a doodle!



<https://www.youtube.com/watch?v=DFjksnfoWSA>

M.C. Escher, Drawing Hands, 1948 | The Amazing World of M.C. Escher

With permission from an adult you could do your own research to discover more of Escher's amazing drawings.

Year 4: Quel temps fait-il?

French Activity



What will the weather be like this week? Copy out the grid below, write in the days of the week and draw a picture of the weather each day. Here are some ideas if you'd like extra challenge:

1. Add the date in French.
2. Copy the French weather word next to your picture.
3. Make a weather prediction for the week and see whether you were right (like our floating/sinking experiment).
4. Research the weather in a French-speaking country and fill out a second grid to compare.

BBC video:

<https://www.bbc.co.uk/bitesize/topics/zyr76sg/resources/1>

Paris weather webcam: <http://www.meteo-paris.com/ile-de-france/webcams.html>

Song: https://www.youtube.com/watch?v=B_kvXWBLUvI

Quizlet vocab game: <https://quizlet.com/64864327/quel-temps-fait-il-flash-cards/>

Bonjour!



lundi onze mai	mardi	mercredi	jeudi	vendredi	samedi	dimanche

Soleil



Nuages



Pluie



Chaud



Froid



Vent





Physical Activity



Volleyball

- This is a two player or four player game.
- This game can be played indoors or outdoors. You will need a beach ball/balloon.
- Create a net (string, rope, clothing). You can play this game sitting down or standing up.
- Player 1 serves the ball across the net. Player 2 must stop the beach ball/balloon from bouncing and hit the beach ball/balloon back over the net.
- To outwit the opponent the beach ball/balloon needs to bounce on the floor on the other side of the net.
- Each time a player manages to do this they receive a point.
- First to 10 points wins the game.



Plank Challenge

- Can you hold the plank position for 30 seconds?

Challenge

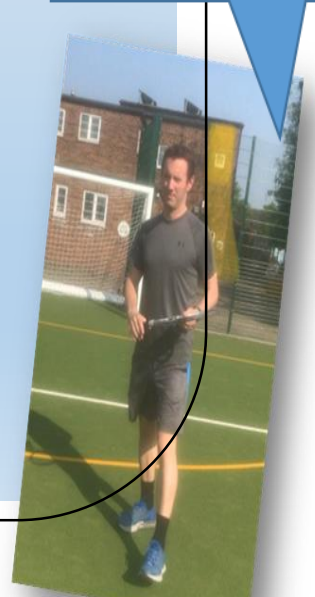
- Can you hold the plank position for 60 seconds?
- Challenge your sibling or parent/carer. Who can hold the plank position for the longest?

Remember

- Keep your bottom down.
- Keep your back straight.
- Keep your forearms on the floor.



Hi guys, I hope my slides are helping you stay active! Hopefully see you all soon!
Mr McLaughlin



Year 4, try some 'mindful moves.'

Use these stretches to relax your body and clear your mind. (Repeat 5 times) Why not play some calming music while you do them?

Cat Cow Pose

Marjaryasana Bitilasana



Benefits
Stretches torso and neck, gently massages spine and internal organs.

- 1 Start by kneeling on hands and knees. Make sure hands are below your shoulders and your knees below your hips.
- 2 Inhale and look up to the ceiling, allow your belly to sink toward the floor.
- 3 Exhale and round your back towards the ceiling and look at your belly.
- 4 Repeat.

Butterfly Pose

Baddha Konasana



Benefits
Calms the body and mind, helps relieve stress, headaches and fatigue

- 1 Begin by sitting with the soles of your feet together.
- 2 Wrap your hands around your feet, keep your back straight.
- 3 Gently bounce your knees to flap your butterfly wings.

Wellbeing Activity



I am strong.



I am brave.



I am wise.



I am kind.



I am friendly.



twinkl
www.twinkl.co.uk

Dear King Athelstan family,

If you are bored, frustrated or feeling sad, there is always hope, it's not all bad. We're all in lockdown, families together, but always remember - it won't be forever. The Nurture team miss you, so very much, always caring for you and staying in touch.

Best wishes

Mrs Whooley, Mrs O'Connor & Mrs Ramkissoo

XXX

Cobra Pose

Bhujangasana



Benefits
Strengthens spine, backs of arms and legs; stretches shoulders, chest and belly, improves posture, helps relieve stress.

- 1 Begin by lying on your tummy.
- 2 While exhaling, lift your head and upper torso off the floor.
- 3 Gaze forward or slightly upward.
- 4 Hold this position, then release.



King
Athelstan