Welcome

Dear Wiley and Mehretu,

I hope that you and your families are well. I really do miss teaching you PE, it is certainly a lot quieter at the moment. Each week Physical Activity slides are sent home as part of the Home Learning. The activities are adapted so you can do them in a small space, there are lots of fun challenges in there so do take a look. Don't worry if you don't have the exact equipment, you can be creative with what you use. I hope you are staying active and having the opportunity to enjoy the great outdoors. Try and exercise everyday as it is really important for your physical and mental health, even a short walk would be good. I recommend that you are physically active for 60 minutes per day (Examples of safe and socially distanced ways to stay active are: walking, running, cycling, workouts and skipping).

It is great to see the keyworker children and those in Reception, Y1 and Y6. However, I can't wait until the whole of the King Athelstan Community are back together again. We can look forward to lots of exciting events next academic year like international day and sports day.







As you are aware the KS2 playground is currently under construction. I am really excited about the running track. This is a great addition, as it means there is no more running the 'mile run' in muddy conditions. I think your parents/carers will definitely appreciate not having to wash muddy PE kits!

It is an incredibly strange time at the moment and it has certainly taken some time to adjust to the new way of life. Throughout lockdown I have tried to keep some sort of normality and have been walking, running and cycling most days. One thing I miss is seeing friends and family but I have stayed in contact via Zoom; it is great to see everyone virtually. Apart from missing teaching all of you, I have really missed watching live sport, so it is great to see this gradually returning to our screens. I love the buzz and excitement which comes with it, although it is strange watching football without fans.

Try and remain positive, we are thinking of all of you at this difficult time. Looking forward to seeing you all soon. Take care of yourself and all of those around you. From Mr Mc Laughlin Dear Mehretu,

Wow! What an amazing opportunity to see you all on Zoom! Thank you for sharing some of your experiences and I hope it was nice to see some of your classmates again! Don't forget to join next week on Monday! This week, the Caterpillars hatched out of their chrysalises and, after drying out their wings and having a quick orange segment, were ready to fly. So, we set off for Bushy Park where there is plenty of space and wildflower meadows that they can go and collect pollen and maybe have some Caterpillars of their own! Check it out!



Butterfly release



Dear Wiley,

I hope you have had a lovely week in the sun and are excited about the news of lockdown easing next weekend. It's going to be very strange seeing lots of people around again!

What a lovely experience it was seeing you all on Zoom for our círcle tíme! It was lovely seeing your faces and it sounds like you are all making the most of the lockdown period. Your artwork, home learning, baking, reading and all the other fantastic activities you have been doing sounds incredible. If you weren't able to join the circle time then keep smiling and I can't wait to see you on next week's Zoom on Wednesday afternoon. Remember to see if you can beat my challenges left on TTRS! The better you can get now, the more confident you will feel going into Year Five. See you soon, Mr Channing



Above are 'Díngbats'. Can you work out the hidden meaning behind each picture? The first has been done for you! To be **inspired** is great, but to be an **inspiration** is an honor.



Story Word Bank courageous persevering loyal perilous mysterious alert challenging speedy soaring creeping charging

### Marcus Rashford is an inspiration

Year 4 - Amazing Animals - create your own inspirational animal adventure!

Which animals do you find inspiring? How about guide dogs who help visually-impaired people with all sorts of everyday tasks. Or mountain rescue dogs like the St. Bernard? How about the super-intelligent dolphin? Or the persevering honey badger, who never gives up? Choose your favourite inspirational animal and create your own short story. What happens in your story?





Did you know: Guide Dogs started in 1931 with two amazing pioneers, Muriel Crooke and Rosamund Bond. These inspirational women organised the training of the first four British guide dogs from their homes in Liverpool.





Kensuke had gone off octopus fishing. I had stayed behind to finish a shell painting – or so I had told him. I found an old sheet at the bottom of one of his chests and tore away a small corner of it. Then I knelt down at the table, stretched it out and painted my message on it in octopus ink.

> *To: the Peggy Sue. Fareham. England.* Dear Mum and Dad, I am alive. I am well. I live on an island. I do not know where. Come and find me. Love,

Michael.

I waited until it was dry, then I rolled it up, dug my coke bottle out of the sand, slipped in my message and screwed the bottle up tight. I made quite sure Kensuke was still intent on his fishing, and set off. I ran the entire length of the island keeping always to the forest, so there was no chance Kensuke could see where I was going or what I was up to. The gibbons howled their accusations at me all the way, the entire forest cackling and screeching its condemnation. I just hoped Stella would not bark at them, would not betray where I was. Fortunately she didn't.

At last I reached the rocks under Watch Hill. I leaped from rock to rock until I was standing right at the very end of the island, the waves washing over my feet. I looked round me. Stella was the only witness. I hurled the bottle as far out to sea as I possibly could. Then I stood and watched it as it bobbed away and out to sea. It was on its way. I didn't touch my fish soup that night. Kensuke thought I was ill. I could hardly talk to him. I couldn't look him in the eye. I lay all night in deep torment, racked by my guilt, yet at the same time still hoping against hope that my bottle would be picked up.

Kensuke and I were at our painting the next afternoon when Stella came padding into the cave. She had the coke bottle in her mouth. She dropped it and looked up at me, panting and pleased with herself. Kensuke laughed and reached down to pick it up. I think he was about to hand it to me when he noticed there was something inside it. By the way he looked at me I was quite sure he knew at once what it was.

## Reading Activity

- How do you know Michael was lying 1. about finishing a shell painting?
- 2. Why is his letter to mum and dad filled with short sentences?
- 3. Why did Michael run through the forest?
- Why does the author use the word 4. 'accusation'?
- 5. How do you know Michael feels quilty?
- 6. Find and copy one word which means threw.
- 7. Why do you think Michael doesn't touch his fish soup?
- 8. How do you think Kensuke looked at Michael?
- 9. What do you think will happen next?

Some tricky words from this chapter you may wish to research, draw and explain.

- Accusation Outrigger
- Torment
- Conscience
- Floundered
- Dispatched



This week's story time is Mr Barson reading the next part of 'Kensuke's Kingdom' by Michael Morpurgo. <u>https://www.kingathelstan.kingst</u> <u>on.sch.uk/covid-19-home-</u> <u>learning/story-time/story-time-</u> <u>videos-29-6-20/</u>

lick here

This week's mystery reader is Mrs Whooley reading Chapter 1 of 'Gangsta Granny' by David Walliams. <u>https://www.kingathelstan.kingston.sc</u> click here <u>h.uk/covid-19-home-learning/story-</u> time/story-time-videos-29-6-20/

## Audio Books For Free





#### CHAPTER 11

https://www.wizardingworld.com/chapters/readi ng-quidditch

CHAPTER 11 CHALLENGE https://www.wizardingworld.com/features/harry -potter-philosophers-stone-chapter-challengeeleven-quidditch





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Have a go at the daily maths activities on the following website: https://whiterosemaths.com

/homelearning/year-4/

You can pause the video to answer each question using the activity sheets. There is an answer sheet for you to check your answers **when you have finished**! There are four lessons on adding fractions – why not try one a day? Move on to week 6! (ignore the date!

Summer Term - Week 6 (w/c 1st June)







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Summer Term - Week 6 (w/c 1st June)

Zoe is incorrect. Zoe has added the denominator as well as the numerator.

They are both correct. Lennox has added  $\frac{6}{13} + \frac{7}{13}$  to make a whole and then added 🐣



How many different ways can you complete the calculations?

Sadly our Year 4 multiplication check was cancelled. Click the link below and have some test runs. Would you have passed?!

https://mathsframe.co. uk/en/resources/resou rce/477/Multiplication-**Tables-Check** 

Children may give a range of answers as long as the calculation for the numerators is correct.

<u>Kensuke's Kingdom</u> Write a <u>diary entry</u> from the perspective of <u>Michael.</u>



### Use this plan:

- 1. What amazing thing happened?
- 2. How did you feel?
- 3. When did this happen?4. Where did it happen?

## Writing Activity

#### **Michael's Diary**

Dear Diary,

Last night was probably the most special night of my life. It was unforgettable. I could swear Kensuke was livid with me, furious, in fact, and that he would never speak to me again. But instead, he was trying to tell me how he was going to stay on the island, whilst also showing me something astounding. The migration of the baby Turtles. It had only ever been something I had read about or seen on TV and even though that was special, it was pale in comparison to the real thing. First of all, Kensuke knelt in the sand, with the silver moonlight spilling across the beach, encasing the sand in a ethereal glow. In his hands, he held the tiny, frail baby turtle. Slowly, I looked around and saw hundreds of them poke out of the sand and start furiously scrabbling towards the ocean.



### Don't forget:

- Check for punctuation
- Write in paragraphs
- Use headings and subheadings

### <u>History</u> <u>Mayan Art and Culture</u>

<u>Your Task</u> Explore Mayan Art and culture. Try to understand why Art is important in a civilisation.

Create a Mayan Death Mask.

Try to include some key depictions of Mayan life; for example: Jaguars, Trees, Corn, Pyramids etc.

**Challenge Questions** 

1. How are the Mayans similar to Ancient Egyptians with their Art?

**TOPIC** ACtivity

Use this as a template or just draw a face shape on your paper



https://www.dkfin dout.com/uk/histo ry/mayans/mayanart-and-craft/

I am Pakal, a Mayan King of the city of Palanque. Artists used Jade; a rare green stone to make my mask.









#### What is an adaptation?

Your task:

Choose any animal and explain in detail how it has adapted to its surroundings. What features, characteristics or skills does it have which make it specially equipped? You may want to draw each section.



https://www.bbc.co.uk/bitesize/clips/zbp6n39

Adaptation is the process where an organism or species becomes better suited for its environment.



Predators, prey and even consumers all adapt. This means they change to suit their environment so that their species survives in their environment. Mindful Mountain

Think Before You Share

PLAY

Different areas of Interland are linked to different areas of e-safety.

Your task: Create a set of rules or instructions for everybody learning from home. How can we stay safe online?

# Computing Activity





You may want to go on Interland to refresh your memories. How can we stay safe online? You can do this on paper, or you may want to use the programs found on j2e.





https://beinternetawesome.withgoogle.com/en\_uk/interland

Make sure you explain how we can stay safe using language and content which is appropriate for children of a primary school age. Will you rules be aimed at Key stage 1 or 2 children?



# Physical Activity

#### Cricket

- This week we are looking at your first cricket session.
- You are looking at under-arm throwing and catching.

#### Key Points:-

- Eyes on the ball.
- Hands together.
- When throwing have a side on stance, and point at the target.

#### Challenge 1

- Practise throwing and catching with a partner at a distance of 7m apart.
- Aim to get 10 catches in a row.
- Once you achieve 10 catches both players to step back
  1m. Aim for another 10 catches.

#### Challenge 2

Start making the catches harder by throwing the ball higher and to your partner's side. This will test their foot movement and body positioning.

#### Challenge 3

• Catch with weaker hand.

#### Athletics - Jumping

• Perform the vertical and long jump.

#### Key Points:-

- Bend knees.
- Use arms for power.



- Head up.
- When landing use arms to support your balance.
- Land on two feet.

#### Vertical jump

- Use a wall for this activity.
- Calculated by your height with both feet on the ground and the highest point you can reach while jumping. Taller children are not at an advantage.

#### Long Jump

- Stand beside a starting marker on two feet.
- Jump as far as you can. Remember to use your arms for momentum.
- Challenge a partner to see who can jump the furthest.

Hi guys, I hope my slides are helping you stay active! Hopefully see you all soon! Mr McLaughlin



What a scorcher of a week! To celebrate the lovely sunshine we've been having, have a go at creating a 'flip flops by the sea' picture.



For the sea you could use blue and white paint or crayons, or strips of blue and white paper. Try to create a wavy pattern to look like the sea.





For the sand you could use yellow crayons or paint, torn up pieces of yellow paper or crushed up cereal such as cornflakes or rice crispies.



Card works best for this, especially if you are painting or sticking – you could use an empty cereal box.

To create your template, draw roughly round your feet – no toes needed! Then cut out.

> Consider your design first , then colour and decorate your flip flops. You could draw or stick on the straps. Make them as colourful and funky as you like!



## Music Activity

This week we are going to find out about a composer and listen to some classical music! Yes – Classical!

Florence Price was the first African-American woman to have a piece performed by a major symphony orchestra.



**Price** 





Try the Juba Dance!

Listen to the whole piece. How does it make you feel?



Watch this video to find out more about her.



https://www.bbc.co.uk/teach/ten-pieces/classical-music-ks2florence-price-symphony-no1/zr48gwx https://www.bbc.co.uk/teach/ten-pieces/classical-music-ks2florence-price-symphony-no1/zr48gwx

I wasn't sure if I liked classical music that much but really enjoyed listening to this piece of music. I even had a little dance around my living room! <sup>(c)</sup> What did you think? Remember it's always good to try out new things – You might surprise yourself!



