

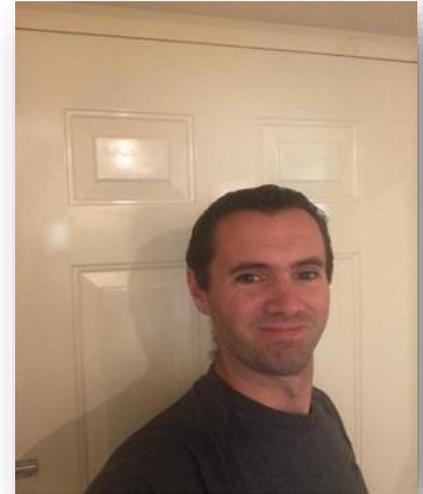
Welcome

Dear Warhol and Dali,

I hope that you and your families are well. I really do miss teaching you PE, it is certainly a lot quieter at the moment. Each week Physical Activity slides are sent home as part of the Home Learning. The activities are adapted so you can do them in a small space, there are lots of fun challenges in there so do take a look. Don't worry if you don't have the exact equipment, you can be creative with what you use.

I hope you are staying active and having the opportunity to enjoy the great outdoors. Try and exercise everyday as it is really important for your physical and mental health, even a short walk would be good. I recommend that you are physically active for 60 minutes per day (Examples of safe and socially distanced ways to stay active are: walking, running, cycling, workouts and skipping).

It is great to see the keyworker children and those in Reception, Y1 and Y6. However, I can't wait until the whole of the King Athelstan Community are back together again. We can look forward to lots of exciting events next academic year like international day and sports day.



Welcome

As you are aware the KS2 playground is currently under construction. I am really excited about the running track. This is a great addition, as it means there is no more running the 'mile run' in muddy conditions. I think your parents/carers will definitely appreciate not having to wash muddy PE kits!

It is an incredibly strange time at the moment and it has certainly taken some time to adjust to the new way of life. Throughout lockdown I have tried to keep some sort of normality and have been walking, running and cycling most days. One thing I miss is seeing friends and family but I have stayed in contact via Zoom; it is great to see everyone virtually. Apart from missing teaching all of you, I have really missed watching live sport, so it is great to see this gradually returning to our screens. I love the buzz and excitement which comes with it, although it is strange watching football without fans.

Try and remain positive, we are thinking of all of you at this difficult time.
Looking forward to seeing you all soon.

Take care of yourself and all of those around you.

From Mr Mc Laughlin

Dear Warhol,

It was so lovely to speak to you all on the phone and was brilliant to see so many of you on Zoom! I've missed you all so much so it was genuinely a real treat! Thank you for being so patient as we were letting you all in, changing names and muting and unmuting! Next week's Zoom will be on Thursday afternoon!

This week I have been in school again but with a new bubble called 'Water Lilies'. As the weeks go by, more and more children are returning to school, which is lovely but still isn't quite the same as having ALL of my lovely class back!

This week I made some Oreo fudge, which was delicious! I may have eaten a few pieces...or all of them! I am also going to make some banana bread tonight, which I will put on next week if it turns out ok!

I eventually finished my vegetable patch. I had to buy even more soil! Can you believe that!? Keep your fingers crossed that I get some lovely vegetables. I also went on a socially distant walk with Miss Mattarooa in Richmond Park and we saw lots of deer!

The answers to the flags are on the next slide.

Answer to last weeks riddle:

Mike weighs meat because he is a butcher! (I bet that got some of you!)

This week's challenge: what English word has three consecutive double letters?



Welcome



I am missing you all so much! Keep safe. From Miss Disher xxxx



Hey Dali,

Welcome

This week it was a PLEASURE to see so many of you and get to chat to you properly as a class. See you on Zoom next week on Monday!. I have also been in school to teach my Year 6 bubble – Echo. We have lots of fun and do some great learning. I have also received a lot more work from you and it is excellent to see! The amount of effort that has gone into your pieces is truly great. I hope you keep it up and I get to see more!

This week I met up with a few of my friends to play tennis. It was a little too hot, but it was good to get out when the weather was nice. I think I might try and play every week now. Hopefully I can practise enough to beat Mr McLaughlin. It's also great that football is back! I've watched Chelsea play a few matches – win or lose I'm just happy to get to watch them again.

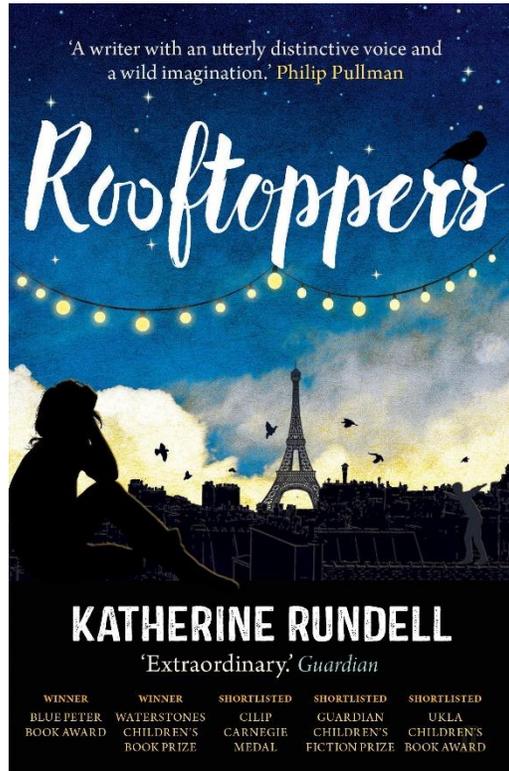
I hope that you and your families are safe and well, hope to see you soon! Mr Morris 😊



Reading Activity



This week we are going to be continuing '**Roftoppers**' by Katherine Rundell.



The original cello case, Sophie's life raft, was kept at the foot of her bed. For her eleventh birthday, Charles sanded away the mildew and bought some paint.

"What colour?" he asked.

"Red. Red is the opposite of sea colours." It was difficult for Sophie to love the sea.

Charles painted the cello case the brightest red he could find and set a lock in it. She stacked her precious things inside, and midnight snacks. She opened it only as a treat, or if she had one of her dark sea-nightmares.

If Sophie had known how important the cello case would prove to be, she would probably not have stored honey in it, which always manages to leak. But she did not know. It is impossible, Charles always said, to know everything.

Charles warned her not to think too much of the cello case. “Be careful not to treasure the wrong things in life,” he said. “We cannot tell if it is rightfully yours, Sophie. You may not be able to keep it; someone may claim it.”

“Yes, I know!” Sophie grinned. “Someone will claim it. My mother will. When she comes.” Sophie spat on her palm and crossed her fingers for luck. It was like a reflex; she spat and crossed them a hundred times each night.

“The case may not have belonged to your mother. It might have been snatched up by her as the ship went down. Women very rarely play the cello, Sophie. In fact, I have never heard of a woman who does. A violin is more usual for a woman.”

“No,” said Sophie. “It was a cello. I know it was. I remember. I remember her fingers on the bow.”

Charles bowed his head in a courteous nod, as he always did when he disagreed. “I remember the ship well, Sophie. I remember the band. But I do not remember, Sophie, any women with cellos.”

“But I do.”

“Sophie, no. The band was made up of men with moustaches and greased hair.”

“I remember, Charles! I do!”

“I know.” Charles’s face was too sad to look at. Sophie scowled at her ankles instead. “But, dear heart, you were a baby.”

“That doesn’t mean I don’t remember. I saw her, Charles, I really did. I remember the cello.” The arguments were always the same. How do you make people believe you? Sophie thought. It was too slow and too unwieldy. It was impossible.

“I saw her floating. I did!” She balled her fists. If she had not loved him so much, she would have spat at him.

“And yet, my child, I did not see her. I was there too.” He sighed so deeply that his breath ruffled the curtains. “I know it’s hard, Sophie. Life is so hard. My God, life is the hardest thing in the world! That is a thing people should mention more often.”

Almost every night, Sophie went mother-watching. She snuffed the candle and sat on the windowsill with her legs swinging, watching the mothers on her street go by. The best ones had faces full of wit. Sometimes they carried sleeping children—fat babies, and toddlers with legs stuck out at peculiar angles. Sometimes they sang as they passed by under Sophie’s dangling feet.

On the evening of her eleventh birthday, though, Sophie took out her sketchbook. It was leather, and soft from being kept under her pillow. She drew in it every birthday.

Sophie’s pencil was bluntish, and she chewed at the lead to sharpen it. Then she closed her eyes and tried to remember. She drew a pair of black trousers, worn thin at the knee (“worn at the knee” is surprisingly difficult to draw, but she did her best), and on top of them the torso and head of a woman. She added hair. She had no coloured pencils, but she bit at a hangnail and used a little blood to paint it red. Then, with her pencil over the face, Sophie hesitated.

“Oh,” she whispered. And then, “Think.” And then, “Please.” But she could remember only a blur. At last Sophie drew a tree blowing in the wind, and then drew hair blowing across the face.

Mothers are a thing you need, like air, she thought, and water. Even paper mothers were better than nothing—even imaginary ones. Mothers were a place to put down your heart. They were a resting stop to recover your breath.

Under her picture, Sophie wrote “my mother.” Her finger was still bleeding, so she drew a flower behind the woman’s ear and coloured it red.

Every night before she went to sleep, Sophie told herself stories in her head, in which her mother returned to find her.

They were long and difficult to recall in the morning, but they ended in dancing. When she remembered her mother, she always remembered dancing.

Reading Activity



The words below are from the text. Create your own dictionary by writing a definition for each one. If you're not sure you'll need to look it up.

- unwieldy
 - snuffed
 - wit
 - torso
-
- Can you think of a synonym for each word?

Find all the ways it shows that Charles and Sophie have affection for each other.

1. Why would it be difficult for Sophie to love the sea? What had happened that might make dislike it?

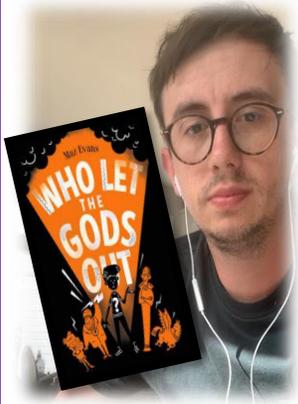
2. Why did Charles doubt that the cello case belonged to Sophie's mother? What did he think must have happened in order for Sophie to end up with the cello case?

3. Why is Charles so sure that the cello case did not belong to Sophie's mother?

4. How can we tell from this chapter that Charles cares a lot about Sophie. Try to find some different pieces of evidence that demonstrate this. Think about his actions, what he says and the way he says it.

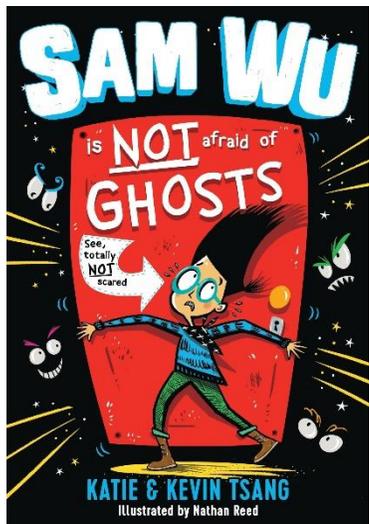
5. Why does Sophie always try to draw her mother on her own birthday? You need to make connections with other chapters within the book to find the connection.

Audio Books For Free



This week's story time is Mr Morris reading Chapter 9 of 'Who Let the Gods Out' by Maz Evans.

<https://www.kingathelstan.kingston.sch.uk/covid-19-home-learning/story-time/story-time-videos-29-6-20/>

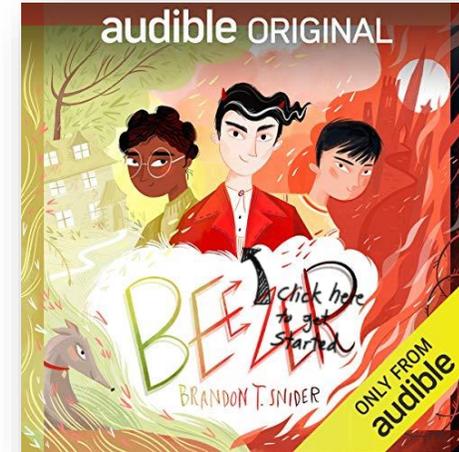


<https://www.youtube.com/watch?v=Hd6h1FonrOs>

This week, I have added a fictional book, it is part of a series called, Sam Wu is Not afraid of. This one just so happens to be about the ghosts

All about Sam Wu is not afraid of ghosts

Sam Wu is NOT a scaredy-cat (except he is). When a trip to the Space Museum goes terrifyingly wrong, Sam begins a mission to prove to the school bully, and all of his friends, that he is a fearless space adventurer. A truly great story of ghost hunting, snakes and mischievous pet cats called Butterbutt.



Also check out Beezer by Brandon T. Snider. Beelzebub, the prince of demons, is bored. It's his destiny to one

day rule the dark underworld known as the Red Realm, but it's sooo boring down there. All he wants to do is lay around all day in the lava pits (ahhh), boss everyone around (rude!), and maybe play a cruel prank (or two). But Beelzebub's father has had it with his son's nasty attitude. No one back talks the Red King. NO ONE.

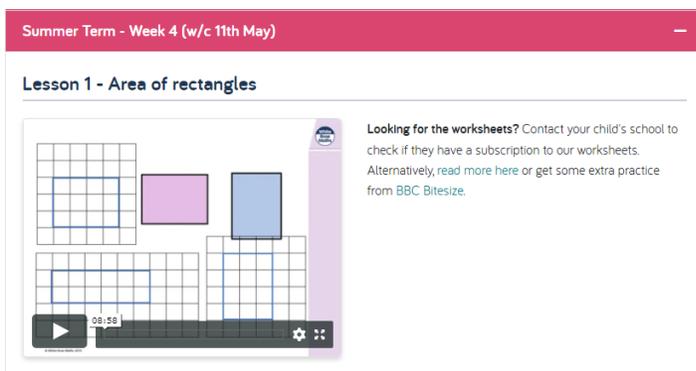
https://stories.audible.com/pdp/B083MBWSYQ?ref=adbl_ent_anon_ds_pdp_pc_pg-1-cntr-0-4

Daily Maths Video Lesson and Activity sheet

Watch these videos and pause them to answer the questions on the activity sheets. There is an answer sheet for you to check your work- don't look until you have had a go!

You can find the worksheet for this week on the school website.

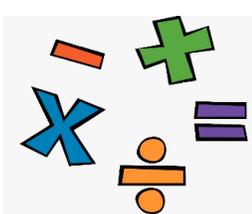
If you have already been following these at home, then continue from where you left off.



<https://whiterosemaths.com/homelearning/year-5/>

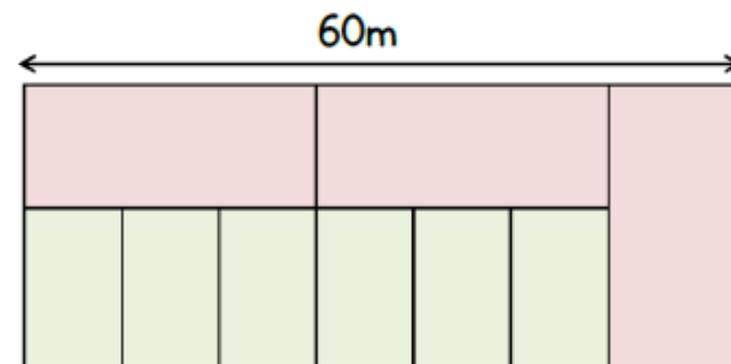
Select : Summer Term - week 4
Worksheets are on the school website!

Maths Activity



2

This diagram is made up of two different sized rectangles.



For each large rectangle the length is double the width.

The length of the diagram is 60m.

Find the area of one of the small rectangles.



Maths Activity



- 2 The mass of a box of chocolates is 290g.
The box contains 7 identical chocolates.



Manish eats 3 chocolates
The mass of the box is now 194g
Find the weight of the empty box.

- 1 A football and toy train together weigh 360g.



Three footballs and two toy trains weigh 810g.



Find the weight of a toy train.

- 3 Here is a rule for generating a sequence.

Multiply the previous term
by 3 and subtract 4

The second term of the sequence is 5

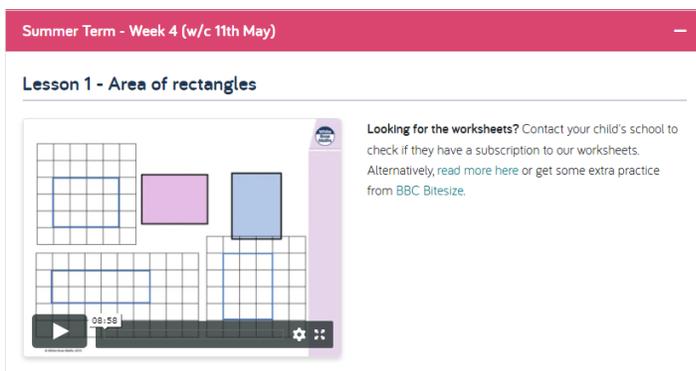
Find the difference between the first
and fourth terms of the sequence.

Daily Maths Video Lesson and Activity sheet

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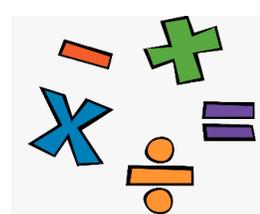
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<https://whiterosemaths.com/homelearning/year-5/>

Select : Summer Term - week 4
Worksheets are on the school website!

Maths Activity



2 This diagram is made up of two

The important thing here is that all the large rectangles are identical and the length is double the width. That means the length of the whole diagram is made up 5 width worth of rectangles. $60 \text{ divided by } 5 = 12$. Each rectangle must be 24m long and 12m wide.

We can now use this to work out the length and width of a small rectangle. The width of 3 small rectangles equals the length of a large one, so $3 \text{ widths} = 24$. Therefore $1 \text{ width} = 8\text{m}$.

The length of one small rectangle = $24 - 12 = 12\text{m}$

Area = $12\text{m} \times 8\text{m}$

Answer: 96m^2

Find the area of one of the small rectangles.



Maths Activity



If the box and all the chocolates = 290g and when Manish eats 3 chocolates it weighs 194g, that means the 3 chocolates weight $290 - 194$, which = 96g. This is for 3 chocolates, so to find the weight of 1 chocolate we must divide by 3. $96 \div 3 = 32$ so each chocolate weights 32g.

There are 7 chocolates so we must multiply 32 by 7 to find the weight of the chocolates. All the chocolates = 224g.

Now we must subtract this from the total weight to find the weight of the box.

$$290\text{g} - 224\text{g}$$

Answer: Box weighs 66g

A football and train = 360g

In the second lot, you have two lots of 'football and train' and one extra football.

This means in the second image you have two lots of 360g and then 1 extra football.

That means I need to multiply 360g by 2 which = 720g

That means the football = $810 - 720\text{g}$

1 football = 90g.

Now I can subtract 90g from 360 to find the weight of 1 train.

Answer: Train = 270g

To find the first term, because we are going backwards, we must do the inverse. So we will take 5, add four and divide by 3. The first term = 3
Now we can revert to the given instructions to find the fourth term.

$$1^{\text{st}} = 3$$

$$2^{\text{nd}} = 5$$

$$3^{\text{rd}} = 5 \times 3 - 4 = 11$$

$$4^{\text{th}} = 11 \times 3 - 4 = 29$$

The difference can be found by subtracting 3 from 29.

$$29 - 3 =$$

Answer: 26

Writing Activity 11

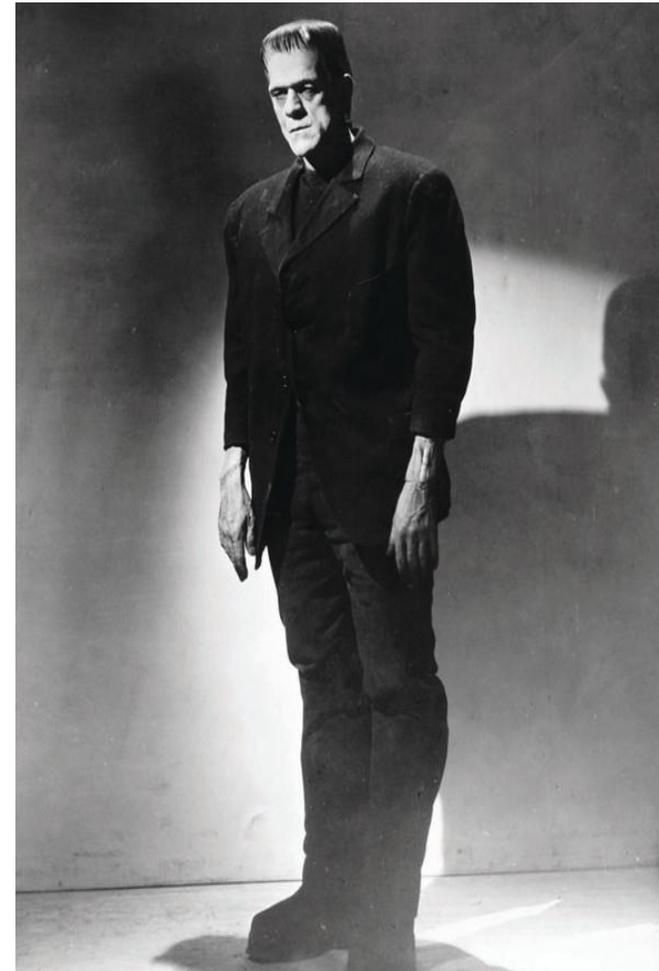


This week for our writing task, I would like us to focus on the way Frankenstein's Monster moves. As we know the doctor made his creature from dead bodies and pieced it together. You can see that does not look like a “normal” human and as a result he does not move around in a “normal” way too. Watch the videos below to get an idea of how he moves before you start.

Have Frankenstein walk around the laboratory where he was made, describing how he is moving – maybe have a go your self to help with vocabulary.

Thinking point

The monster walks a lot like a zombie. He is also huge, stiff and heavy. Think about how this may impact on how he moves.



Frankenstein moving clip

<https://www.youtube.com/watch?v=pBzONlqutBA>

Writing Activity 11



When writing, remember to use:

Powerful vocabulary, adverbs, similes, alliteration and accurate verbs.

Create the best possible image in the readers head

Precise verbs: march, plod, trudge, limp, stagger, amble, traipse, wobble, teeter, stride, lunging, lumbering

Powerful vocabulary: unsteady, unstable, wobbly, shaky, stiff, rigid, firm, strong, dense, clumsy, awkward, uncertain

Similes: like a zombie, as stiff as board, rigid like an iron rod, arms out as if he was lunging for something, arms parallel like a train track. His steps were heavy like an elephant's, the sound of his steps were like mini earthquakes.

Topic Activity



Look at the image on the right. The simple Victoria sponge. Two layers of plain sponge and a thick layer of jam and cream in the middle.

There are different ideas about how this cake came to be. One idea is that it originated in Victorian nurseries and was given to young children for whom it was too dangerous to be given fruit cake for fear they would choke on the bits of fruit. Another idea is that it became incredibly popular by Queen Victoria herself who became fond of it and liked it to feature at afternoon tea with her friends, hence having it named after her.

If Queen Victoria can have a cake named after her, it only seems fair that Queen Elizabeth II has one too!

This week, try and design a cake that will be called 'The Elizabeth Sponge Cake'. Draw your design, label it, write a recipe or even try to make it!

What will it look like? What flavour will it be? Would Queen Elizabeth like it? Does it reflect the monarchy or Britain today? Will it have jam filling or icing? Try to come up with a reason for each ingredient you choose.

Ext. Are there any other bakes or dishes that are named after other monarchs?

Science Activity



This week in Science we will look at a variety of different materials, but focus on one property in particular.

The property we will focus on is hardness. We all know what hard and hardness means, however from a scientific point of view, **HARDNESS** has a slightly different meaning.

Hardness definition: Hardness is a material's ability to keep its own shape and measures how it deals with being bent, squashed, crushed or scratched. If your item can be bent easily, then your item's hardness is considered to be low. Likewise for the opposite, if your items is very hard to squash it has a high hardness.

Below is a way you can set out your items, when they are in order of **hardness**. This is just an idea though, set it out however you wish

Most hard  Least hard



Your task

- First find 5/6 items around your house (make sure they are made from different materials)
- Next arrange them in order, starting with the hardest object (remember the hardest object should be the one that is really difficult to snap, bend, break or change its shape)
- Continue ordering your items until the you get you get to your last item (this object should be the one that is very easy to change, easy to rip, crush, twist EG: a piece of paper)
- If I gave you the item of a whiteboard from school, where do you think it would fit in your list of items in terms of hardness

The Ultimate Meal

Creative Activity



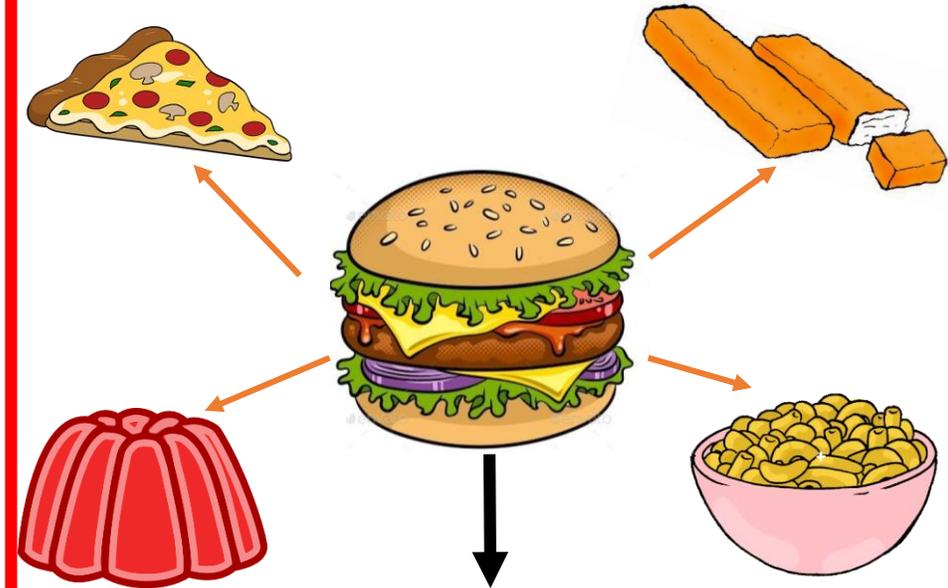
This week I'd like you to get creative with your favourite foods. Firstly make a list of your favourite food, but also think about how you combine them into one meal – the **ULTIMATE** meal. I suggest using a sandwich, burger or pie, as they can hold a lot of different foods inside them. You may also want to use a pizza as you can use lots of different toppings on top.

Some of my favourite foods are: pizza, fish fingers, jelly and mac n cheese and I am going to choose a burger to hold all of my favourite foods together.

Your task

Once you have your list of favourite foods, think about how you many combine them all – when you have that idea, draw it! Get creative when drawing your ultimate food designs and think about all the crazy combos you can put together. I look forward to see your creations!

Below is my deign idea. You can do something similar or try a way what works better for you!



Insert drawing of pizza, fish finger, jelly, mac n cheese, ultimate burger here

Inspiration:

a feeling of enthusiasm you get from someone or something which gives you new and creative ideas.

Get inspired!

Wellbeing Activity

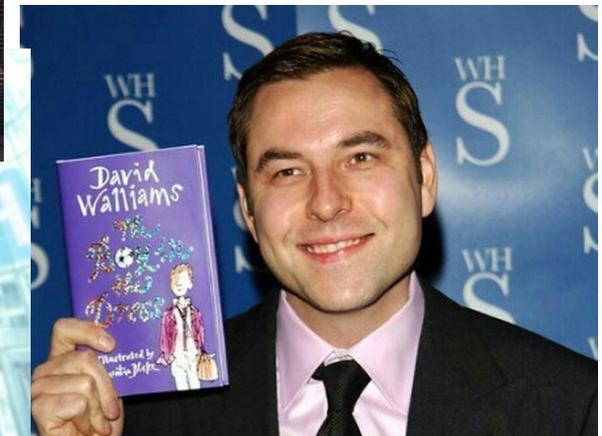
Year 5:
Who inspires you?

There are many **inspirational** people, from Marcus Rashford speaking out about child poverty to NHS doctors and nurses helping us through difficult times.

Who **inspires** you? Who can you **inspire**?

Make a list of the people that inspire you and what they have taught you.

Feel inspired!

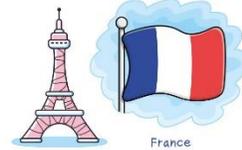


Year 5:



Bonjour!

French Activity



This week, I would like you to create your own match the pair French sport game.

1. Take a piece of paper (white if possible)
2. Cut 12 cards the exact same size.
3. If you are using normal paper, you will need to double it. You don't want the players to see the other side.
4. Write the name of a sport (in French) on one half of the cards.
5. Decorate the other half of the cards with pictures of the sports.



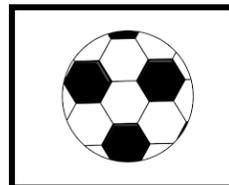
You will need:
 White paper (card if possible)
 Coloured pencils
 scissors

Le tennis	la boxe (boxing)
Le rugby	la natation (swimming)
Le foot (football)	la voile (sailing)
Le basket (basketball)	la gymnastique (gymnastic)
Le badmington	la danse (dance)
Le cricket	l'escalade (rock climbing)
Le cyclisme	

La
boxe

Le
foot

La
danse



How to play Match the Pairs

1. Mix up the cards.
2. Lay them in rows, face down.
3. Turn over any two cards.
4. If the two cards match, keep them.
5. If they don't match, turn them back over.
6. Remember what was on each card and where it was.
7. Watch and remember during the other player's turn.
8. The game is over when all the cards have been matched.

More games

Listen and click on the picture: http://resource.download.wjec.co.uk.s3.amazonaws.com/vtc/2013-14/wjec_02/eng/templates/multipleChoiceImageAndAudio-Vocab/p-free-time1.html

Look and match the words and the pictures: <https://learningapps.org/watch?v=p6ssbedma17>

Art Activity



Summer Art



Card works best for this, especially if you are painting or sticking – you could use an empty cereal box.

What a scorcher of a week! To celebrate the lovely sunshine we've been having, have a go at creating a 'flip flops by the sea' picture.

Sea

For the sea you could use blue and white paint or crayons, or strips of blue and white paper. Try to create a wavy pattern to look like the sea.



Sand

For the sand you could use yellow crayons or paint, torn up pieces of yellow paper or crushed up cereal such as cornflakes or rice crispies.



Flip flops

To create your template, draw roughly round your feet – no toes needed! Then cut out.

Consider your design first, then colour and decorate your flip flops. You could draw or stick on the straps. Make them as colourful and funky as you like!



Physical Activity



Athletics - Triple Jump

- This week you are going to practise the triple jump.

Key Points:-

- Hop - take off and land on the same foot.
- Step - take off on one foot, land on the other foot.
- Jump - take off from one foot and land with both.
- Use arms and legs for power and balance.
- Sequence starts with one foot and ends with two feet.

Support

This video will help you - Sportshall Athletics - triple jump

<https://www.youtube.com/watch?v=UoJEXxm1pjY>



Sit Up Challenge

- Lie down on your back with feet flat on the floor.
- Lift your torso to sit up.
- If you need support use a partner to hold your feet.
- Why do we do sit ups?
- Develops core strength.
- Develops abdominal muscles.
- Develops chest muscles.



Hi guys, I hope my slides are helping you stay active! Hopefully see you all soon!
Mr
McLaughlin



Music Activity



This week we are going to find out about a composer and listen to some classical music! Yes – Classical!

Florence Price

Florence Price was the first African-American woman to have a piece performed by a major symphony orchestra.



Try the Juba Dance!

Listen to the whole piece. How does it make you feel?



Watch this video to find out more about her.



<https://www.bbc.co.uk/teach/ten-pieces/classical-music-ks2-florence-price-symphony-no1/zr48gwx>

<https://www.bbc.co.uk/teach/ten-pieces/classical-music-ks2-florence-price-symphony-no1/zr48gwx>

I wasn't sure if I liked classical music that much but really enjoyed listening to this piece of music. I even had a little dance around my living room! 😊 What did you think?

Remember it's always good to try out new things – You might surprise yourself!