



Dear Families,

This week we have been looking at the 'Zones of Regulation'. Miss Govan launched the week by reading the 'Colour Monster' by Anna Llenas in assembly. The Colour Monster is all mixed up at the start of the story and his friend helps him to sort his feelings into colours to make him feel better. This book introduces the idea of self-regulation and associating colours with feelings for our younger and newer children, but also provides reassurance that it is normal to feel all mixed up sometimes. The Colour Monster will be added to our classroom Zones displays to help children to indicate to their adults that they need some help to work out how they are feeling. Lots of information about the Zones of Regulation can be found on our website and many resources are freely available online.

We have a number of School Tours coming up for families new to King Athelstan or for children eligible to start our Nursery or Reception classes in 2022. Please contact the office for further information. If you are aware of any families who might be eligible, do please let them know as 'word of mouth' is often the best recommendation!

Finally, our very own PE teacher, Mr Darren McLaughlin, is running the London Marathon on **Sunday 3<sup>rd</sup> October** to raise funds for our Outdoor Learning Environment and the refurbishment of the KS1 playground. You can sponsor Mr McLaughlin here: <https://www.givey.com/mrmclaughlinsmarathon>

Many thanks for your continuing support.

Lucy Mastrocola  
Acting Headteacher

### Smart at School - School Uniform

It is lovely to see so many children in the correct school uniform. We know from our parent/carer surveys that families really value all children looking smart and taking pride in their uniform. Please help us to keep standards of behaviour and pride in our school high by following these rules:

**Shoes** - these should be sensible, flat, completely black school shoes, not trainers or any other colour shoes (not canvas shoes, boots or heellies etc.);

**PE Uniform** - children should wear PE uniform on their PE days which is a **plain white** t-shirt, **black** jogging bottoms or shorts with trainers and the purple school sweatshirt;

**Jewellery** - Jewellery is not generally permitted however, stud earrings may be worn if your child is able to remove them or cover them independently for PE. Religious jewellery is permitted;

**Watches** - may be worn, but must be sensible, and not have any alarm, etc. 'Smart' watches are not allowed;

**Nail Polish/Make Up** - not worn in school. If a child has nail polish or make up on in school, they will be supported to remove it;

**Hair** -long hair (both girls and boys) should always be tied back with a plain hair band. No large JoJo bows or cats ears hairbands, please;

More information can be found here: <https://www.kingathelstan.kingston.sch.uk/for-parents-and-carers/school-uniform/>

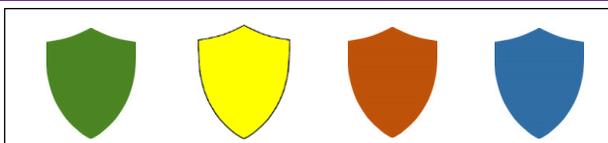
## Secondary School Open Evenings

Reminder to Year 6 families that the closing date for secondary school applications is **31<sup>st</sup> October**. Parent/Carers should apply via the eAdmissions website: <http://www.eadmissions.org.uk/>

Here are the local schools' open evenings, which may be of interest to Y5 as well as Y6:

School Name	Date of Tour	Time	School Website
Chessington School	Thurs 23 <sup>rd</sup> September	6.15 to 9.00pm	<a href="https://chessington.kingston.sch.uk/">https://chessington.kingston.sch.uk/</a>
Coombe Boys' School	Weds 6 <sup>th</sup> October	6.30 to 9.00pm	<a href="https://www.coombeboysschool.org/">https://www.coombeboysschool.org/</a>
Coombe Girls' School	Weds 29 <sup>th</sup> September	6.00 to 9.00pm	<a href="https://www.coombegirlsschool.org/">https://www.coombegirlsschool.org/</a>
The Hollyfield School	Tues 5 <sup>th</sup> October	6.00 to 9.00pm	<a href="https://www.hollyfield.kingston.sch.uk/">https://www.hollyfield.kingston.sch.uk/</a>
The Holy Cross School	Mon 27 <sup>th</sup> September	5.30 to 8.00pm	<a href="https://www.holycross.kingston.sch.uk/">https://www.holycross.kingston.sch.uk/</a>
The Kingston Academy	Thurs 7 <sup>th</sup> October	5.00 to 8.00pm	<a href="https://www.thekingstonacademy.org/">https://www.thekingstonacademy.org/</a>
Richard Challoner School	Thurs 30 <sup>th</sup> October	6.00 to 8.30pm	<a href="https://www.richardchalloner.com/">https://www.richardchalloner.com/</a>
Southborough High School	Weds 29 <sup>th</sup> September	5.00pm onwards	<a href="http://www.southborough.kingston.sch.uk/">http://www.southborough.kingston.sch.uk/</a>
Teddington School	Weds 13 <sup>th</sup> October	5.00 to 8.00pm	<a href="https://www.teddingtonschool.org/">https://www.teddingtonschool.org/</a>
Tolworth Girls' School	Weds 6 <sup>th</sup> October	6.00 to 8.30pm	<a href="https://www.tolworthgirlsschool.co.uk/">https://www.tolworthgirlsschool.co.uk/</a>

## House Competition



The first week of our House Cup competition got off to a fantastic start! This week's winners are **Green House!**

Each child is a member of one of four houses named after local streets: **Green** - Villiers, **Yellow** - Cambridge, **Red** - Dawson, **Blue** - Hawks. House points are awarded for good social and learning behaviour choices and/or good learning.

## Securing Good Attendance

At King Athelstan, we make no apologies that our desire is to ensure that our children have excellent attendance and punctuality. Indeed, our attendance target is **more than 96%** which nationally is recognised as a good attendance level. We understand that good attendance is a crucial factor to enable our pupils to have the best opportunities to succeed.

Last week overall attendance from Year 1 to Year 6 was **96.9%** which is an excellent start to the academic year!

## PCSA News

Thanks to all who handed in unwanted uniform this morning. Look out for information about an upcoming second hand uniform sale and cake sales later this half term, as well as details of the Christmas Market on Saturday 4<sup>th</sup> December.