



Dear Families,

We are really looking forward to seeing many of you at the Festive Fair tomorrow between 12 and 3pm. There will be so many fun things to do and also lots of amazing food options. Wrap up warm and bring family and friends.

In my assembly this week, we read the story "Have you filled a Bucket Today?" by Carol McCloud. It's all about how everyone carries an invisible bucket that holds your good thoughts and good feelings about yourself. You feel happy and good when your bucket is full and sad and lonely when it is empty. Other people can fill your bucket and you can fill theirs by doing or saying kind and thoughtful things. This also fills your bucket, too! The reverse is to be a bucket dipper - saying mean or unkind things that make someone feel sad (emptying their bucket) and this makes your bucket empty too. The children all left the hall thinking about how they were going to fill the buckets of their friends and families. I have received lots of lovely messages and pictures from children all week, so my bucket is overflowing!

BUCKET FILLING IS:
SHOWING KINDNESS &
RESPECT FOR OTHERS



BUCKET DIPPING IS:
BEING MEAN TO
OTHERS ON PURPOSE

Have a lovely weekend.

Emily Newton
Headteacher

Extra Curricular Clubs

A quick reminder that, with the exception of Gardening Club, all extra curricular clubs finish this week. Gardening Club's last session will take place on Monday 11th December. Other than that, there will be no extra curricular clubs in the weeks commencing 11th or 18th December. Spring Term clubs will start week commencing 15th January.

Meal Vouchers

Achieving for Children (AfC) will again be providing supermarket vouchers for the Christmas holidays for children on benefits related Free School Meals(FSM) in YR - Y6 (not the universal free school meals). If families think that they may qualify for benefits related FSM and have not yet applied please [click here](#). Families will need to have confirmation by **Monday 11th December 2023** to receive the vouchers for the Christmas Holidays.

Y4 British Museum Trip



As part of their topic, *The Revolting People of Planet Earth*, Year 4 went to The British Museum in Central London on Tuesday. They visited the Egyptian Sculpture Gallery, learned all about Ancient Egyptian Life and Death and saw some

Egyptian Mummies. They behaved really well and were a credit to the school.



Christmas Carol Concert



Manon and Aletheia, our Junior Leadership Team Co Chairs, represented King Athelstan at a charity Christmas Carol concert held in the New Malden Methodist Church on Wednesday evening. Each year, members of the Rotary club and Inner Wheel help raise funds for local charities. The Co-Chairs read two poems called 'Where Is Happiness?' by Catherine Pulsifer and 'Happiness' by Priscilla Leonard. They practised them in advance and read beautifully. Well done to both girls who represented the school so well.

Admission to Reception/Nursery in 2024

Applications are **open** for any children born between **1 September 2019 and 31 August 2020** who are due to start Reception Class in **September 2024**. Please submit your application by **Monday 15th January 2024** by visiting: [eAdmissions Website](#).

If you have, or know of, a child that turned 3 on or before **31st December 2023**, and would like to join our **Nursery in January 2024**, please visit the school office or email admin@kingathelstan.rbksch.org

Y5 & Y6 Ice Skating

Well done to all of the children in Y5 and Y6 who attended the Hampton Court Ice Skating trip this week.



This is a trip the children really look forward to. Fortunately, the rain stayed away and the sun even made an appearance. All of the staff were impressed with the children who really persevered in order to achieve their best. Thanks to all of the staff and adult helpers who attended, it helped make the day run smoothly. Your support is always greatly appreciated.

Christmas Lunch

As you know, we have announced our Christmas Lunch Menu for **Thursday 21st December**. Please book ParentPay as usual but the original menu selections will still be visible and not the menu changes. To book this special meal on ParentPay:

- choose the meat option (Chicken Burger) for your child to have Roast Turkey
- choose the veggie option (Cheese and tomato pizza) for your child to have Festive Veg Pinwheel
- **jacket Potatoes will not be served on this day**. However, we are unable to remove this option from ParentPay. If you select Jacket Potato for your child they will be served the veggie option on the Friday.
- if you select a side it will be Chicken/Veggie Chipolatas, Roast Potatoes, Parsnips, Brussel Sprouts, Carrots Garden Peas, Sage & Onion Stuffing & Gravy
- If you select desert it will be Chocolate Celebration Cake or Mince pie and custard



Menu swap day

Because we are serving a roast lunch on the Thursday 21st December, we will be swapping our usual Thursday menu (Chicken Burger or Cheese and Tomato Pizza) to the day before, so to book lunch on Wednesday 20th December:

- choose the meat option (Roast Chicken) for your child to have Chicken Burger
- Choose the veggie option (Quorn Roast) for your child to have Cheese and Tomato Pizza
- Jacket Potatoes will be available as usual on this day
- If you select a side it will be Wedges, Baked Beans - Garden Peas
- If you select desert it will be Flapjack

Please contact the School Office on 020 8546 8210 or admin@kingathelstan.rbksch.org if you have any questions.

Thinker's Project

Remember that children are encouraged to bring their Thinker's Project pieces into their classes to show teachers. The Thinker's Project Exhibition will be held on Wednesday 20th December in the hall from 3.20 - 3.50pm, and again from 5.30-6pm. Please come along then and help us celebrate your child's amazing contributions.

Amazon Wish List

Thank you so much to those who continue to purchase items from the school Wish List. The link is: <https://amzn.eu/hcy87Hz>. There is, of course, **no obligation to buy anything**.



Achievement Assembly



Achievement Award

Van Gogh Y1 - Florence	O'Keeffe Y1 - Alice
Hockney Y2 - Oscar	Matisse Y2 - Ali
Cassatt Y3 - Molly	Da Vinci Y3 - Meryem
Whole of Y4 for a great trip	Wiley Y4 - Summer
Warhol Y5 - Julie	Dali Y5 - Meryem
Riley Y6 - Aletheia	Kahlo Y6 - Manon
KS1 PE Loni in Van Gogh Y1	KS2 PE Bailey in Warhol Y5

Times Tables Rock Stars/NumBots Maths Champions this week:

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Loni	Sarah	Zoe	Sophia	Gabi	Kerem
Ozzie	Rachel & Tasya	Ari		Teddy	

House Points

This week's winners are **Blue House (Hawks)** with 34 points. In second place is Red (Dawson) on 32. Really close behind is Green (Villiers) on 31. Yellow (Cambridge) have 24. Well done all!



DATES FOR YOUR DIARY

DECEMBER

Saturday 9	PCSA Festive Fair 12-3pm - donations of fresh cakes welcome on the day
Monday 11	Van Gogh Year 1 Christmas Assembly 9.15am
Monday 11	O'Keeffe Year 1 Christmas Assembly 2.30pm
Monday 11	Last Gardening Club
Tuesday 12	Nelson Class Reception Christmas Show 9.15am
Tuesday 12	Kusama Class Reception Christmas Show 2.30pm
Wednesday 13	Mehretu Class Assembly 9am
Wednesday 13	Hockney Year 2 Christmas Assembly 2.30am
Thursday 14	Matisse Year 2 Christmas Assembly 9.15am
Thursday 14	Choir performing at Waitrose Kingston straight after school
Thursday 14	PCSA Bingo event - adults only 7pm in the school hall
Friday 15	Nursery AM Christmas Singing & Crafts 11am - 11.30am
Friday 15	Nursery PM Christmas Singing & Crafts 12.30pm-1pm
Tuesday 19	Y4 to see Peter Pan at the Rose Theatre- please consent/volunteer on ParentPay
Thursday 21	Christmas jumper day and Christmas lunch
Thursday 21	Break up one hour earlier for Christmas holidays. No KOOSA Kids on this day

JANUARY 2024

Monday 8	INSET Day - children not in school
Tuesday 9	Children return for spring term
Friday 12	First Y5 Swimming lesson- please consent/pay/volunteer on ParentPay
Friday 12	Forest School resumes

PCSA



The PCSA's Festive Fair is tomorrow, **Saturday 9th December from 12pm-3pm**. Please come along to see Santa and have a great afternoon of fun! Today, we've had lots of funny socks in school in return for donations of nut-free chocolates for the Fair!

The next PCSA event is the **Bingo night on Thursday 14th December** in the school hall. This promises to be fun and festive, too! It is an event for adults only, so bring your family and friends. Bingo starts at 7pm. Tickets are £15 and available from the link on the poster, or see the PCSA.



Community Messages

In this section of the Digest we include information received from other agencies. We are not promoting these items, but include them in good faith as they may be of interest to King Athelstan families:

KOOSA Kids are running their **Frosty Fantasyland** activity programme at King Athelstan from 2-5th January 2024. The cost is just £25.50 per child for a standard day (10.00am to 4.00pm)! Visit www.koosakids.co.uk/holiday-club for more information or call 01276 21884. Bookings are now open.



HENRY Newsletter for Parents

November 2023

Update from Kingston's HENRY Coordinators

Hello from the Kingston HENRY Team, and a warm welcome to the next edition of the HENRY newsletter! HENRY continues to grow within Kingston and we are delighted to be able to offer FREE Healthy Families Group programmes, 1:1 programmes and workshops.

Face to Face programme:
We are pleased to share that next term we will be offering a face to face programme alongside our normal online programmes.

We have been able to secure a great venue at the Queen Mary Hall in Cambridge Gardens. This venue is in a great location with good transport links and parking available. Dates and times of this are below.

What is HENRY all about?

We know that everyone wants the best for their children, but it can be hard to ensure a healthy lifestyle for the whole family. The HENRY team offer bi-weekly programmes and one-off workshops for parents and carers of children between 0-12.


HENRY is for everyone, and topics covered include understanding children's behaviour, setting boundaries, parent wellbeing, healthy lifestyles, supporting children eating a wide range of foods, screen time, being active, family routines, sleep, self-esteem, and much more.

The programme and workshops are **FREE to attend for parents/carers** of children attending Kingston Schools. You can self-refer by clicking [here](#) or via the QR code or to find out more please feel to email us on henry@kingston.gov.uk

Upcoming HENRY Programmes and workshops

Healthy Families Growing up (5-12's) Programme - Face to Face
Venue: Queen Marys Hall, Cambridge Gardens
Day/Time: Wednesdays 10am-12pm.
Dates: 24th January - 20th March
Break: February half term

Intended in attending or want to find out more? Use this QR code to fill out the referral form and a member of our team will be in contact.



Healthy families

- What do parents say who have already accessed HENRY?
- I enjoyed that I was not being 'told what to do', but instead we had discussions around what would work for my family.
- The possibility to talk and listen with other parents, getting ideas to cope with difficulties.
- The food boxes are brilliant

your healthcare

HENRY Newsletter - in January School Health are offering a face to face HENRY Healthy Families Growing up programme. This will be based at the Queen Marys Hall in Cambridge Gardens in Kingston. All the details are in the newsletter here on the left, or check out the [page here](#).