



Dear Families,

We hope you all had a relaxing half-term and are now back to normal routines.

This week's Monday assemblies were about the start of Lent, the 40 day period leading up to the Christian festival of Easter.

In KS2 assembly today we paused for a minute's silence to mark the one-year anniversary of the invasion of Ukraine. We also used the time to reflect on other communities who are currently experiencing tragedy, particularly Turkey and Syria. We are thinking of all our families who have been affected by these events.

In assembly on Wednesday, with the help of the Junior Leadership Team, we talked about LGBTQ+ History Month and the importance of tolerance and respect for others and those with any differences in line with British Values and our school PRIDE values.

Next Thursday, 2nd March, is the second day of industrial action by the NEU (National Education Union). You will know from our communication yesterday that **the school will be closed on this day**. Please see arrangements for wrap-around care and clubs in the letter.

Have a good weekend.

Emily Newton, Headteacher

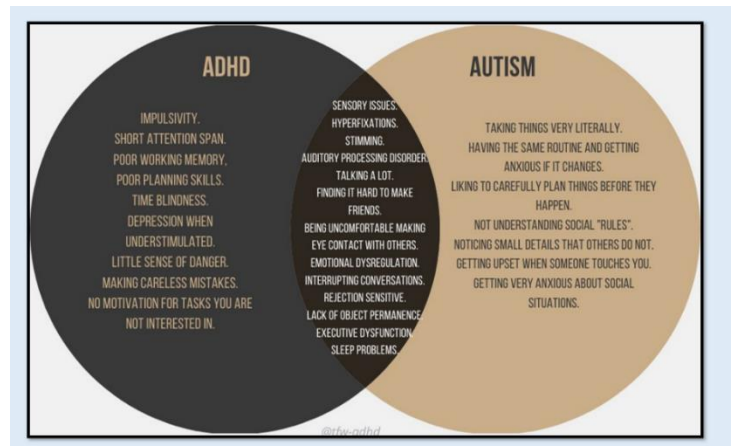


Parent/Carer Consultations

This week teachers have been very busy meeting families online for their Parent/Carer Consultations online. Thank you to all who attended. Next week the Parent/Carer Consultations take place for children with SEND. These are in-person meetings with teachers in school. If you have not yet booked an appointment, please do so on: <https://kingathelstan.parenteveningsystem.co.uk> or speak to the school office for assistance.

Inclusion Bitesize

As this half term includes both Neurodiversity Celebration Week and World Autism Acceptance Week (which we will be marking with children in our Inclusion Assemblies) the weekly Inclusion Bitesize images for both staff and families will relate to autism and other forms of neurodivergence. This week, a graphic showing the overlapping and contrasting characteristics of autism and ADHD. It is estimated that 30-80% of children with autism also meet the criteria for ADHD and that 20-50% of children with ADHD also meet the criteria for autism.



Applications for Nursery in September 2023

Please note that you can apply now for Nursery places in September 2023. Your child must be three years old by 31st August 2023 to be considered (or 2 for a 2 year old funded place). **The closing date is next Friday, 3rd March.** If you would like to visit the school before the closing date we have the following Nursery tours available: **Tuesday 28th February at 4.15pm** (children welcome) and **Friday 3rd March at 9.15am** (adults only). To reserve your place on a Nursery tour, please [Reserve a place by clicking here](#). For further information on nursery admissions arrangements, criteria and how to apply please visit:

<https://www.kingathelstan.kingston.sch.uk/about-the-school/admissions/> or contact Miss Faye Turner in the School Office. Please feel free to share with friends and family local to King Athelstan.

Turkey/Syria Cake Sale

Thank you to the families and the PCSA who rallied support to organise the two cake sales to raise funds for the Disasters Emergency Committee Turkey-Syria



Earthquake Appeal. The first sale raised an amazing £1008.15,

and we hope the second sale today will raise a similar amount. **You can also donate directly to this worthy cause here:** <https://www.dec.org.uk/appeal/turkey-syria-earthquake-appeal>

Y5 Bikeability

If your child has been given a place on the Bikeability courses starting on 27 March, please remember you must complete the registration form - details are in the letter you received on 9th February. **The deadline for this is Monday 27th February.** If you no longer want your child to do the course, please let school know so that we can reallocate the place to another child.



Y2 Drama Workshop

Y2 took part in a drama workshop to find out all about their topic, the Great Fire of London. The workshop introduced Thomas Farriner, the King's baker, from Pudding Lane, who survived the fire to tell the story of what happened during those three fateful days. The children discovered with help from him and later Samuel Pepys, the famous diarist of the time, what it was like to live in London before and after the fire.



World Book Day



Remember that we will be celebrating World Book Day on **Thursday 9th March.** Children are encouraged to **dress up as a book character of their choice or wear their pyjamas and bring in their favourite bedtime story.** The day will be full of exciting and creative tasks, all focused around books and 'the love of reading'. We look forward to sharing pictures of the Extreme Reading Challenge, too!

WORLD
**BOOK
DAY**

Achievement Assembly



Achievement Award

Van Gogh Y1 - Megan

O'Keeffe Y1 - Teddy and Alice

Hockney Y2 - Pedro and TJ

Matisse Y2 - Meryem

Da Vinci Y3 - Freya and Timothy

Cassatt - Elliott

Mehretu Y4 - Willow

Wiley Y4 - Max and Meryem

Dali Y5 - Joshua and Leah

Warhol Y5 - Can

Riley - Donya

Kahlo - Olivia and Ali

KS1 PE - Summer in Van Gogh Y1

KS2 PE - Willow in Mehretu Y4, Oli in Kahlo Y6, Harry in Wiley Y4 and Ben in Cassatt Y3

Equality and Diversity Champions: Rudi in Kahlo and Issy in Riley

Times Tables Rock Stars/NumBots Maths Champions this week:

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Joshua	TJ	Sophie-Rose	Max & Alice	Eddie & Brwas	Bethan
Anastasya	Dunia	Nancy	Teddy	Ayub	



Your PCSA needs you! The PCSA is looking for volunteers to be part of the PCSA organising committee to help run events through the year to support fundraising for our school. The current committee is stepping down and it's a fun and rewarding way to meet new families and bring the school community together for exciting events - all while raising money to make the school environment better for our children. To find out more, please drop us a line at kingathelstanpcsa@gmail.com

Dates for the Diary

FEBRUARY 2023

Mon 27 SEND Parent/Carer Consultation Meetings (in person)

MARCH 2023

Wed 1 Cassatt Class Assembly 9am

Wed 1 SEND Parent/Carer Consultation Meetings (in person)

Thur 2 **Strike Day - School closed**

Wed 8 Wiley Class Assembly 9am

Thur 9 World Book Day (moved from 2 March) Children can dress as book characters or in pyjamas

Wed 15 **Possible Strike Day - further information to follow**

Thur 16 **Possible Strike Day - further information to follow**

Fri 17 Comic Relief - Red Nose Day. Children can wear red accessories/noses with their uniform

Mon 20 Y5 Greek Day - further details to follow

Wed 22 Van Gogh Class Assembly 9am

27- 31 Y5 Bikeability - details sent to participating families

Tue 28 Y6 trip to Kew Gardens

Wed 29 Matisse Class Assembly 9am

Fri 31 Break up **one hour early** for Easter holidays

APRIL 2023

Mon 17 Children return to school

Wed 26 Y4 Thames Young Mariners Trip

MAY 2023

Mon 1 Spring Bank Holiday - school closed

Wed 3 Y1 O'Keeffe Class Assembly 9am

Mon 8 King's Coronation Bank Holiday - School closed

Wed 17 Y4 Mehretu Class Assembly 9am



Community News

In this section of the Digest we include information received from other agencies. We are not promoting these items, but include them in good faith as they may be of interest to King Athelstan families.

Girls' Brigade and Boys' Brigade -The groups are 14th Kingston and Merton Boys' Brigade, and 1st Kingston Girls' Brigade. Both groups are currently welcoming new members across all age groups. See details here for contact information.

Job Vacancy - Crystal Kids, the after-school provision at St Matthew's Primary School in Surbiton, is looking for a Deputy Manager and staff to work from 2.15-6.15pm daily, term time only. Visits to the school are warmly welcomed. Please contact: careers@stmatthews.rbksch.org

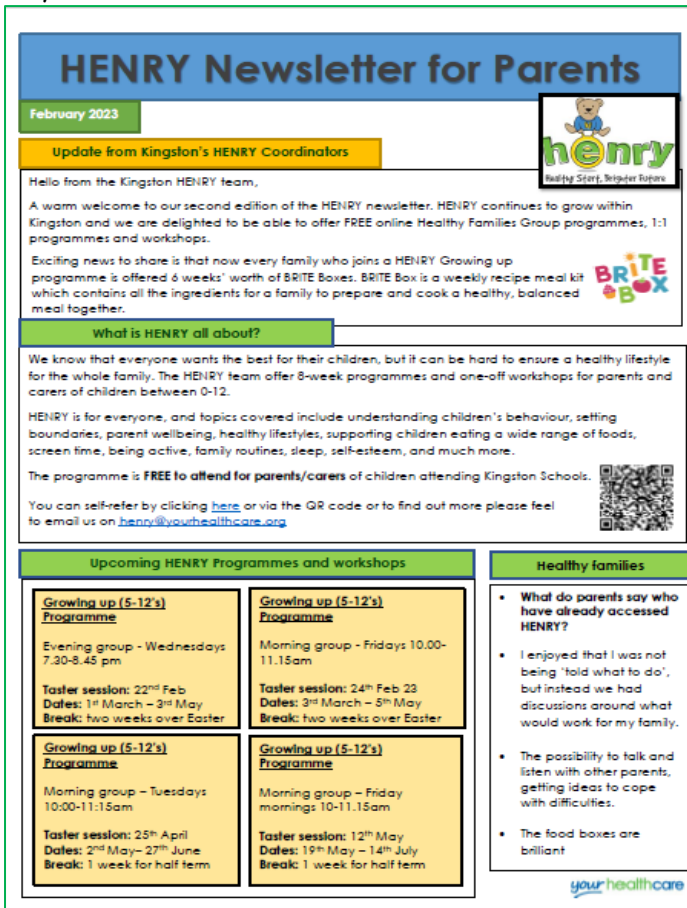
Community News continued



GoggleSquad
Intensive swimming courses
 Easter, May half term and summer holidays
 Exclusively at Latchmere
 Led by former GB swimmer
 Nicola Ayers
 For more info
 call 07932 667521 or email
hlogogglesquad@gmail.com

GoggleSquad is a local swimming club which is running Easter crash courses at Latchmere School. The courses, consisting of four half-hour sessions from Monday to Thursday 3-6th April, are aimed at children aged three and up who would benefit from some intensive tuition. These classes can be booked on a ratio of 1:1 or 2:1 only. The swimming pool is 15m x 5m and 0.9 metres deep throughout, heated to a warm 31 degrees. The venue has convenient parking, changing and shower facilities. For more info or to book, go to <https://www.gogglesquad.co.uk/intensive-courses/easter-2023/latchmere>

We have received information from the **HENRY Coordinator for School Health** about some parent/carer meetings which may be of interest - see newsletter below.

HENRY Newsletter for Parents
 February 2023
 Update from Kingston's HENRY Coordinators
 Hello from the Kingston HENRY team.
 A warm welcome to our second edition of the HENRY newsletter. HENRY continues to grow within Kingston and we are delighted to be able to offer FREE online Healthy Families Group programmes, 1:1 programmes and workshops.
 Exciting news to share is that now every family who joins a HENRY Growing up programme is offered 6 weeks' worth of BRITE Boxes. BRITE Box is a weekly recipe meal kit which contains all the ingredients for a family to prepare and cook a healthy, balanced meal together.
 What is HENRY all about?
 We know that everyone wants the best for their children, but it can be hard to ensure a healthy lifestyle for the whole family. The HENRY team offer 8-week programmes and one-off workshops for parents and carers of children between 0-12.
 HENRY is for everyone, and topics covered include understanding children's behaviour, setting boundaries, parent wellbeing, healthy lifestyles, supporting children eating a wide range of foods, screen time, being active, family routines, sleep, self-esteem, and much more.
 The programme is **FREE to attend for parents/carers** of children attending Kingston Schools.
 You can self-refer by clicking [here](https://www.henry.org.uk) or via the QR code or to find out more please feel to email us on henry@yourhealthcare.org
 Upcoming HENRY Programmes and workshops
Growing up (5-12's) Programme
 Evening group - Wednesdays 7.30-8.45 pm
 Taster session: 22nd Feb
 Dates: 1st March - 3rd May
 Break: two weeks over Easter
Growing up (5-12's) Programme
 Morning group - Fridays 10.00-11.15am
 Taster session: 24th Feb 23
 Dates: 3rd March - 5th May
 Break: two weeks over Easter
Growing up (5-12's) Programme
 Morning group - Tuesdays 10:00-11:15am
 Taster session: 25th April
 Dates: 2nd May - 27th June
 Break: 1 week for half term
Growing up (5-12's) Programme
 Morning group - Friday mornings 10-11.15am
 Taster session: 12th May
 Dates: 19th May - 14th July
 Break: 1 week for half term
 Healthy families
 • What do parents say who have already accessed HENRY?
 • I enjoyed that I was not being 'told what to do', but instead we had discussions around what would work for my family.
 • The possibility to talk and listen with other parents, getting ideas to cope with difficulties.
 • The food boxes are brilliant
 yourhealthcare

The Kingston & Sutton Shared Environment Service are running an event at Kingston University on 1st March offering **Bike Security Marking**, which has been shown to reduce bike thefts by over 80%. The rate is discounted, but unfortunately not free due to budget limitations. They are offering barcode application and registration of bikes by trained staff.



Bike Marking and Registration

Bikes are over 80% less likely to be stolen
 When displaying the Police recognised system BikeRegister® barcode label



- Hassle Free, let us do the work
- Managed by trained personnel
- BikeRegister is the UK's national cycle database, used by every UK Police Force
- Ownership can be securely transferred

To book your Bike Marking and Registration:

Discounted rate for Kingston School Families and Staff
 £10 plus eventbrite fee of £1.55 (Kits RRP £12.99)

Limited availability, booking essential, use the QR code or tinyurl.com/mv8uswsb



WEDNESDAY 01 MARCH 2023 11.00 - 15.00
 At the front of Town House,
 Kingston University, Penrhyn Road, KT1 2EE

