



Dear Families,

Monday's assembly focussed on matters close to home. We did some analysis of the amount of cutlery that is accidentally thrown away at lunchtimes each day. It's approximately 20 pieces a day by just being careless when tipping leftovers into the bin. We calculated how much it costs to replace (£142.55 for 500 items) and how long this would last if they were thrown away at a rate of 20 a day (25 days). As a result, everyone will try really hard not to be so careless and wasteful in future.

We also looked at a clip of All Saints Church in Kingston which was featured on Alan Titchmarsh's TV programme 'Love Your Weekend' and had an interesting piece about King Athelstan on it. You can watch it here: <https://www.itv.com/watch/love-your-weekend-with-alan-titchmarsh/10a0437/10a0437a0082> The piece about King Athelstan is approximately 58 minutes in.

The rest of the section was about traditions around church bells and plans to 'Ring for the King'. It was great to see Kingston featured in this way and thank you to the parent who alerted us to this local news.

Congratulations to the netball team who came 4th in their competition this week, and to Cassatt Class for their fantastic assembly this week.

It was lovely to do two school tours this week with prospective families of nursery pupils, too.

Have a good weekend.

Emily Newton, Headteacher

Hogsmill Herald

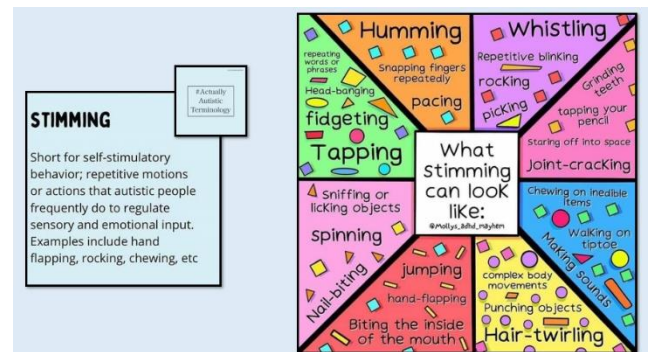
Well done to David in Y6, who writes, edits and publishes the Hogsmill Herald in his own time out of school. He will be selling his publication again next Friday after school and all proceeds go towards the KS1 playground fund. Thank you to all those who contribute to the Herald, too.



Issue 3, March 2023. £1 recommended donation. All proceeds go to the KS1 Playground Fund.

Inclusion Bitesize

This week, continuing our focus on neurodivergence, we are looking at 'stimming'. Many people stim, however it can be particularly prevalent in those with ADHD or who are autistic. Unless the stim is dangerous, it is usually best to allow the person to continue if at all possible. In school, we sometimes try to find quieter alternatives to use in the classroom to minimise disruption to others but also regularly make accommodations such as allowing additional movement at the back of the room or brain breaks outside of the classroom.



Y5-6 Netball Competition

Congratulations to the eight children who represented the school at the borough netball competition on Monday. They all played really well and managed to create lots of scoring opportunities. It was lovely to see all of the children make huge improvements throughout the day. The team achieved 4th place in the borough (out of 16 schools). They narrowly missed out on a bronze medal, only just losing in the 3/4th place playoff game 3-2. A special thank you to Mrs Heath for her hard work and dedication in preparing the team. Well done to Lois, Monica, Betty, Addison, Jessica, Oli, Owen and Harry.



Medication in School

If your child requires any medication during school time, you must contact the office with full details. It is not safe for a child to bring in any medication to self-administer. Please speak to first aiders in the office who will advise the best course of action if your child needs medicine during the day. This includes over the counter medicines.

Turkey/Syria Cake Sale

Thank you to the families and the PCSA who rallied support to organise the two cake sales recently, and to everyone who bought cakes and donated money. The first sale raised an amazing £1008.15, and the total last week was £754.75. All of this will go towards the recovery support in both countries via the Disasters Emergency Committee Turkey-Syria Earthquake Appeal. **You can still donate directly to this worthy cause here:**
<https://www.dec.org.uk/appeal/turkey-syria-earthquake-appeal>



Applications for Nursery in September 2023

Please remember that **the closing date for applications for Nursery places in September 2023 is today, Friday, 3rd March.** Your child must be three years old by 31st August 2023 to be considered (or 2 for a 2 year old funded place). For further information on nursery admissions arrangements, criteria and how to apply please visit: <https://www.kingathelstan.kingston.sch.uk/about-the-school/admissions/> or contact Miss Faye Turner in the School Office. Please feel free to share with friends and family local to King Athelstan.

Comic Relief

Money donated to the charity Comic Relief works hard to support some incredible projects making a change to people's lives across the UK and around the world. Over a two-year period, Comic Relief funding has helped to support 11.7 million people in various ways, including, more than 46000 children and young people in the UK, and incredibly more than 8.1 million internationally. Comic Relief are once again hosting **Red Nose Day on Friday 17th March, and we will be joining in by wearing red accessories** (or noses) with school uniform. Donations can be made directly to Comic Relief here: <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=9894>



Chicks in Reception

On Monday, Reception classes took delivery of ten eggs in a special incubator. On Wednesday, children arrived at school to find six chicks had hatched! There was great excitement around the school, and Chick-Cam, set up by Katrina in Kusama Class, was very busy. All the eggs have now hatched and we have had some wonderful work from the children in Reception, writing about the life cycle of the chicks.



Wish List

The Wish List is for parents, carers, grandparents, and friends to donate towards material items that will directly improve and enhance the children's school experiences. We have recently added new items, many of which are for the Medical Room. Don't worry - we are not expecting lots of injuries! We have just completed a stock inventory and these are items we would like to replenish. Thank you so much to those who have already purchased items from our List, all items are very much appreciated. Amazon doesn't always supply the sender's name so we may not know who the packages are from, but all **There is no obligation to buy anything, but if you would like to make a purchase the link is:** <https://amzn.eu/hcy87Hz>



Cassatt Class Y3 Assembly



Cassatt Class performed a brilliant assembly for their families this week, focusing on all they had learnt about Africa. There was a zebra, an elephant, a giraffe and other amazing African animals, a trip down the Nile and a trek up Kilimanjaro! All this and a fantastic song. The assembly can be found on Cassatt's Google Classroom. Well done, Cassatt Class!

Mothers Day (and Fathers Day)

In light of the changing needs of our school community and our increased focus on equality and diversity, we have decided not to specifically mark Mothers and Fathers Days this year with daffodils or gingerbread men, as we have done in the past. We are instead committed to celebrating families of all shapes and sizes across the school year. For example, through our assembly programme and this year's World Mental Health Day theme which was 'We are Family'. This is in line with our wider diversification of the curriculum as a whole.



Achievement Award

Van Gogh Y1 - Rachel O'Keefe Y1 - Jack

Hockney Y2 - Toby & Ari Matisse Y2 - Zoe

Da Vinci Y3 - Denys Cassatt - Ziyad

Mehretu Y4 - Shahzeen & Declan Wiley Y4 - Jay

Dali Y5 - Martha & Molly Warhol Y5 - Kerem

Riley - Rudi Kahlo - Kerem

KS1 PE - Roxani in Hockney Y2 KS2 PE - Bethany in Cassatt Y3

Times Tables Rock Stars/NumBots Maths Champions this week:

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Tasya	Amelie	Ben	Teddy	Evan	Hamdan
Shirav	Dunia	Azra	Gaby	Blanka	-

Dates for the Diary

MARCH 2023

Tue 7	Warhol Class Y5 re-arranged Parent/Carer Consultations
Wed 8	Wiley Class Assembly 9am
Thur 9	World Book Day (moved from 2 March) Children can dress as book characters or in pyjamas
Wed 15	Possible Strike Day - further information to follow
Thur 16	Possible Strike Day - further information to follow
Fri 17	Comic Relief - Red Nose Day. Children can wear red accessories/noses with their uniform
Mon 20	Y5 Greek Day in school
Wed 22	Van Gogh Class Assembly 9am
Thur 23	Y1 & Y2 Music Workshop in school
27- 31	Y5 Bikeability - details sent to participating families
Mon 27	Y6 French Fashion Show - Y6 can wear their own clothes
Mon 27	Y3 trip to Chessington
Tue 28	Y6 trip to Kew Gardens
Tue 28	Thinker's Project Exhibitions
Wed 29	Matisse Class Assembly 9am
Fri 31	Break up one hour early for Easter holidays



APRIL 2023

Mon 17	Children return to school
Wed 26	Y4 Thames Young Mariners Trip

MAY 2023

Mon 1	Spring Bank Holiday - school closed
Wed 3	Y1 O'Keefe Class Assembly 9am
Mon 8	King's Coronation Bank Holiday - School closed
Wed 17	Y4 Mehretu Class Assembly 9am

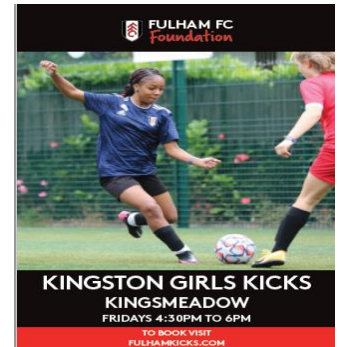
Community News

In this section of the Digest we include information received from other agencies. We are not promoting these items, but include them in good faith as they may be of interest to King Athelstan families.

Message from NHS Public Health regarding GP registrations

It has come to our attention that there is a large number of children and young people 0-18 that are not signed up to a GP. Register your child with your GP (family doctor) as early as possible. Anyone in England can register with a GP for free. You don't need proof of address or immigration status, and you don't need ID or an NHS number. Visit the [NHS website](https://www.nhs.uk) to register.

Girls' Football - As you are aware we are encouraging girls' football at King Athelstan. We already have girls only football on the MUGA at playtime and lunchtime, which has proved very popular. The girls' football club is fully booked this term. We are also taking two teams to the girls' football competition on 8th March - all girls had the opportunity to trial for this. We are delighted to share more information with you. Fulham Football Club are starting a new free Girls Only (10-18yrs) weekly sessions which take place at Kingsmeadow Weir Archer Centre. Please take a look at the flyer for further information and booking.



MAN & BOY Man&Boy is looking for a new Executive Director! This is a fantastic opportunity to work for a thriving charity in South West London. Man&Boy, is looking for an individual with the skills and experience to lead the organisation into a successful and sustainable development phase, so that they can grow their services and reach more beneficiaries. For more information, please see the link here: <https://www.manandboy.org/news/159/were-hiring--applications-open-until-13-march-2023>

Metropolitan Police - The Kingston Schools Team are running their Easter Half Term Allotment Club



see the flyer her for more information and booking details.

again for children in Years 5 and 6. Spaces are limited so it is a first come first serve basis. It is a free club that runs between the 3rd April - 6th April. Please

Litter Pick - Thank you for your help with our January litter pick. We were lucky with the weather, and 30 Kingston residents and children came to help us gather 8 big bags of rubbish from Fairfield's Recreation Ground & Children's Playground, including 4 full of recycling (see photo, right). Our next date is **Saturday 11 March in**



Fairfield Park (2-3pm) - see the flyer. There will be



spare litter pickers to borrow for those who don't have their own, and sweet treats for everyone who helps out, so thank you in advance for coming along to help the community!