



Dear Families,

In assembly this week we started a series of assemblies about making choices and making a difference. This is to encourage children to think through what they would do in different scenarios, particularly when they see something happening that they perceive is wrong. We started by thinking about how small acts can make a big difference. We used the starfish story from "The Star Thrower" by Loren Eiseley. There are lots of different versions of the story, but this is the basic idea:

A boy and his father were walking along a beach. It was nearly dusk and the light was failing. The tide was going out and many starfish had been washed up onto the beach. The boy was having fun picking them up and putting them back in the sea. The father wanted to get home before it got dark. The son carried on, and the father became more impatient and said 'Leave the starfish, we need to get home. You aren't listening to me'. The son responded, 'I was listening, but the starfish belong in the sea so I'm putting them back.' The father said softly, 'but look around you. There are hundreds of them - you will never make a difference!' The son bent down and picked up a starfish and replied 'well, I made a difference to that one.'



As you are aware, **there are 2 strike days next week and school will be closed on Wednesday 15th and Thursday 16th March.** As with previous strikes, you are welcome to access the online learning resources on the school website, BBC Bitesize or Oak Academy. We are not expecting any work to be completed.

Thank you to all families - your support to ensure children came to school in wonderfully creative costumes/pyjamas on our World Book Day celebration yesterday was much appreciated. We had a fabulous day and many children talked really positively about the focus books and activities. Well done everyone and thank you to Mr Barson for organising it! There are some photos at the end of the Digest.

Finally, just a reminder that the Senior Leadership Team (SLT) and Inclusion Team are on the gates in the mornings and afternoons if you have any quick comments or queries.

Have a good weekend.

Emily Newton, Headteacher

King Athelstan Chicks

This week our chicks, which hatched last week, are big enough for a cuddle! All the children in Reception, and across the school, have really enjoyed watching their progress and we will all miss them when they leave!



Wiley Class Y4 Assembly



Wiley Class hosted a great assembly for their families, showcasing all their recent learning about the Romans. They were word perfect, and did such a great re-worded version of the song 'Firework' that Miss Newton asked them to do it again! Miss Versey was very proud. Well

done, Wiley Class. You can watch the assembly again on Google Classroom.

Inclusion Bitesize

This week's Inclusion Bitesize looks at executive functioning skills which can be a challenge for a number of children (and adults). See here for an explanation of what these skills are and some of the ways they can be supported.

EXECUTIVE FUNCTION

A set of cognitive skills that help one to regulate & control thoughts & actions. It includes planning, working memory, attention, problem solving, cognitive flexibility, initiation and monitoring of tasks.

©Actually Motive Technology

Executive Functioning Skills

- Planning** is the ability to figure out how to accomplish our goals.
- Organization** is the ability to develop and maintain a system that keeps materials and space orderly.
- Time Management** is having an accurate understanding of how long tasks will take and using time wisely and effectively to accomplish tasks.
- Task Initiation** is the ability to independently start tasks when needed. It is the process that allows you to just begin something even when you don't really want to.
- Working Memory** is the ability to hold information in our minds while working with it.
- Metacognition** is being aware of what you know and using that information to help you learn.
- Self-Control** is the ability to regulate yourself, including your thoughts, actions, and emotions.
- Attention** is being able to focus on a person or task for a period of time and shifting that attention when needed.
- Perseverance** is the ability to stick with a task and not give up, even when it becomes challenging.
- Flexibility** is the ability to adjust to new situations and deal with change.

Strategies to support children with ADHD

Y3-6 Girls' Football

It was International Women's Day on Wednesday, and to celebrate this Mr McLaughlin took sixteen children from Y3-Y4 and Y5-Y6 to represent the school at a borough girls' football event at Fulham Football Club training ground. They played in the dome there, an amazing facility which we were lucky to be able to use.



Y3-Y4 Football Festival- The girls took part in a carousel of football based skilled activities, followed by 4v4 mini games. The children played really well and enjoyed their morning.

Y5-Y6 Football Competition- The girls did so well throughout the morning, and there were some hard-fought games, all of them played with enthusiasm and confidence. The girls made



significant improvements throughout and played well as a team. They came 3rd overall and were awarded medals! Thanks to Fulham Football Club for hosting and to Young Leaders from The Kingston Academy for supporting at the event. Thanks also to Mr Revers and Charlotte Flood (our after-school football coach) who attended. I know they had a fantastic morning watching the performances from all of the girls.

Mother's Day and Father's Day

Apologies that our explanation around Mother's Day and Father's Day was not very clear last week. The only difference this year is that we have decided not to send daffodils and gingerbread men home and will leave families to mark the events in their own special way. However, as with a wide range of celebrations, festivals and national events across the year, we will continue to mark these days with the children. Over the past few years we have felt uncomfortable with the gender stereotypical gifts sent home, and we also feel that funds would be better spent on resources in the school.

Science Week

Next week is British Science Week, and Mr Morris, our Science Lead, has planned lots of exciting learning for all. Please see your child's Google Classroom for more information.

British Science Week Thinker's Project

To celebrate British Science, you may want to do some extra home learning and find out about:

<p>Research an endangered animal and write about their importance to our world. Also include what we can do to save the animals you have chosen.</p>	<p>Download the app PictureThis - plant identifier! This app allows you to identify different plants and wildlife you come across. Download it and see what wildlife is around you!</p>	<p>Pick your favourite animal or plant and create a life cycle about it.</p>	<p>Read a book of about a topic of science that interests you! E.g. plants and animals, space, technology. Then write a book report on what you found out.</p>
<p>Science also includes technology. Push yourself with tech, create something with Scratch, stop motion or use any other apps?</p>	<p>Buy some plant, flower, fruit or vegetable seeds trays and be a successful farmer!</p>	<p>Track the moon: how it looks and its cycle. Every night draw the moon and in its changing states. Then research what name that moon shape has!</p>	<p>People important to the advancement in Technology. E.g. Katherine Johnson, Evelyn Boyd Granville, Roy Clay Sr. and Valerie Thomas. Research in to what they achieved!</p>
<p>Bug hotel! Can you use some old recycling or leaf litter to create your own bug hotel? Perhaps you could even keep a log of what bugs live in it?</p>	<p>Do you may know what happens when you put a few Mentos in a coke bottle? Perhaps record what happens in slow motion and look into why this reaction happens?</p>	<p>I am sure many of you have toy cars at home. Test which one goes the fastest and furthest by sending them all down a slope. How can you make this test fair?</p>	<p>Poster! Draw a poster about something that you think others need to know about in relation to science!</p> <p>Recycling? Saving animals? Electric cars? You choose!</p>

Comic Relief

Remember, next Friday 17th February is Comic Relief Red Nose Day and children may come to school wearing red accessories and/or red noses. Donations can be made directly to Comic Relief here: <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=9894>



Wish List

The Wish List is for parents, carers, grandparents, and friends to donate towards material items that will directly improve and enhance the children's school experiences. Thank you so much to those who have already purchased items from our List, all items are very much appreciated. **There is no obligation to buy anything, but if you would like to make a purchase the link is:** <https://amzn.eu/hcy87Hz>



Achievement Assembly



Achievement Award

- | | |
|---------------------------|----------------------------|
| Van Gogh Y1 - Myra | O'Keeffe Y1 - Aida |
| Hockney Y2 - Oliver | Matisse Y2 - Nina |
| Da Vinci Y3 - Zakariya | Cassatt - Ivy |
| Mehretu Y4 - Julia | Wiley Y4 - Adi & Zak |
| Dali Y5 - Zaid | Warhol Y5 - Ollie |
| Riley Y6 - Lula | Kahlo Y6 - Owen |
| KS1 PE - TJ in Hockney Y2 | KS2 PE - Josie in Riley Y6 |



Times Tables Rock Stars/NumBots Maths Champions this week:

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Izzy	Erin	Ben	Max	Hugh	Mariam
Elena	Daniel	---	Arran	Blanka	Jake

House Points

This week's winners are **Yellow House (Cambridge)**. Red House (Dawson) came second, followed by Green (Villiers) and Blue (Hawks). Well done all!



Villiers



Dawson



Cambridge

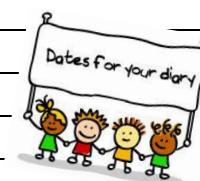


Hawks

Dates for the Diary

MARCH 2023

Wed 15	Strike Day - school closed
Thur 16	Strike Day - school closed
Fri 17	Comic Relief - Red Nose Day. Children can wear red accessories/noses with their uniform
Mon 20	Y5 Greek Day in school - please pay on ParentPay
Tue 21	Parent/Carer Forum 2pm
Wed 22	Van Gogh Class Assembly 9am
Thur 23	Y1 & Y2 Music Workshop in school - please pay on ParentPay
27- 31	Y5 Bikeability - details sent to participating families
Mon 27	Y6 French Fashion Show - Y6 can wear their own clothes
Mon 27	Y3 trip to Chessington - please consent and pay on ParentPay
Tue 28	Y6 trip to Kew Gardens - please consent and pay on ParentPay
Tue 28	Thinker's Project Exhibitions
Wed 29	Matisse Class Assembly 9am



Fri 31	Break up one hour early for Easter holidays
APRIL 2023	
Mon 17	Children return to school
Sat 22	London Mini Marathon
Wed 26	Y4 Thames Young Mariners Trip - please consent and pay on ParentPay
MAY 2023	
Mon 1	Spring Bank Holiday - school closed
Wed 3	Y1 O'Keeffe Class Assembly 9am
Mon 8	King's Coronation Bank Holiday - School closed
Tue 9	Start of Y6 SATs
Wed 17	Y4 Mehretu Class Assembly 9am
Mon 22	Y6 Bikeability - details to follow
Wed 24	Reception Nelson Class Assembly 9am
Mon 29	Half-Term week

Pupil News

From Hugh in Dali, Y5: "On Sunday, me and Rosa sold some cakes to our neighbours. We wrote the shopping list for the ingredients and did all the baking. We made Rocky Road, Mars bar Rice Crispy Cakes, Madelines and Fairy Cakes! We raised £65.50 for the Big Outdoors Project! It was fun and nice to meet lots of people." Well done, Hugh and Rosa!



Community News

In this section of the Digest we include information received from other agencies. We are not promoting these items, but include them in good faith as they may be of interest to King Athelstan families.

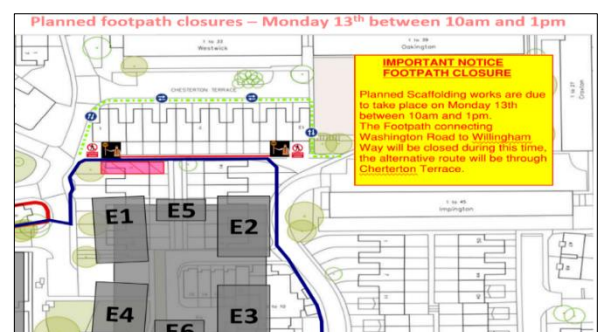
Bookings have opened for the **Easter 2023 FUEL Holiday Activity and Food programme!**

FUEL provides free activities for children whose parents are eligible for benefits- related Free School Meals during the Easter, Summer and Winter school holidays. If a child is eligible, you will have a 17-digit FUEL code. If you think a child may be eligible but you have not got a code, email the FUEL team at: fuel@achievingforchildren.org.uk. If you have got a code, you can book on to sessions [here](#). If you have mislaid your code, contact the school office for a reminder.



Cambridge Road Estate Footpath Update

On Monday 13th March between the hours of 10am - 1pm the footpath connecting Washington Road to Willingham Way will be closed. This is to allow Countryside to erect scaffold to the empty properties of 1-7 Willingham Way. The alternative route during this time will be through Chesterton Terrace (please see dotted green route on map attached).



World Book Day

On Thursday, we saw some amazing outfits when children were dressed as their favourite book characters! There were also some lovely cosy pyjamas. Everyone had a busy day, with many different activities. There are lots of audiobooks on the World Book Day website, so children can listen to their favourite stories. Here is the link: <https://www.worldbookday.com/world-of-stories/> There are more images on Google Classroom, but here are a few photos from right across the school:





King Athelstan Primary School - Inspiring Excellence