



Dear Families,



How lovely to be ending the week with gorgeous sunshine!

It has been a particularly busy week for Year 6 with the KS2 SATs. We are incredibly proud of the way the Y6 children approached each paper. They completed tests in grammar, punctuation and spelling, reading, arithmetic and maths reasoning. Every child in Y6 has made really good progress in their learning from the time they started. They have developed really good learning behaviour which will mean they are absolutely ready for the challenges of secondary school. Being a good learner is really important as it means you can tackle everything!

Have a lovely weekend.

Emily Newton, Headteacher

### Diabetes UK



Diabetes is a chronic condition that affects millions of people, and it is increasing, even among children. There are no lifestyle changes you can make to lower your risk of type 1 diabetes, and the exact causes are not known. Fewer than one in 10 people in the UK have been diagnosed. Diabetes UK is funding lots of research to help find new treatments and a cure. Insulin injections or using an insulin pump, is currently the main treatment, and checking and managing blood sugar levels every day is essential to help reduce the risk of serious short or long-term health problems. People with type 1 diabetes have to learn to manage their condition.

One of our Y6 pupils, Josh, has type 1 diabetes and has decided to take on the One Million Steps Challenge to raise money for Diabetes UK. During the week of **1-7 July 2024**, Josh and his friends will be logging their steps. He has also persuaded many staff members and other adults to help, too!

Josh says "I want to help more people with diabetes. It's very important to raise money to help."

We will be undertaking our one million steps as a school community, sharing them out amongst our team, and will be completing the challenge in just 1 week! Below is the link to Josh's fundraising page. No matter how much or how little you can give, it will make a difference to funding vital research into life-changing treatments. Thank you.

<https://step.diabetes.org.uk/fundraising/king-athelstan-primary-school#share-page>



Whilst type 1 diabetes cannot be prevented or cured, type 2 diabetes is largely preventable through lifestyle changes. By adjusting diet, increasing physical activity and losing weight, about half of type 2 diabetes cases can be prevented or delayed. Type 2 Diabetes Prevention Week (**20-26 May**) provides an excellent opportunity to learn more and take proactive steps towards diabetes prevention. Visit [Healthier Families](#) for ideas and resources to help you eat better and move more.

### Outdoor Learning Day

As you know, we have our next Outdoor Learning Day on **Thursday 23<sup>rd</sup> May 2024**. This is in-line with the international Outdoor Classroom Day which we join twice a year <https://outdoorclassroomday.com/>. Children will get the opportunity to spend time outside learning. For this day, children are able to wear comfy weather-



appropriate clothing in order to access these outdoor learning sessions. They should wear their school purple cardigan/sweatshirt on top. Y1 are visiting Kingston Library and Kingston Museum in the morning, so will be wearing their full school uniform, but will still get to do some outdoor learning in the afternoon. We look forward to getting outside and hope for fine weather!

## Walk to School Week

Remember, next week is Walk to School Week from **20th -24th May**. It is a five-day walking challenge, which aims to encourage families out of their cars and onto their feet! Each class has a tally chart to record how they travel to school and will have the opportunity to share their ideas on the benefits of travelling by foot. We would be very grateful if families can encourage their children to get to school by foot, bike and scooter instead of using the car, even if this is simply parking away from school and doing the last bit of the journey by foot.



Thank you to Teddy in Warhol Class for creating the art work for our posters and tally charts!



## Reception Visitors

This week Reception classes have had some special visitors in recently to help them with their topic 'people who help us'. PC Lucie Smith and a colleague drove their police patrol car into the KS1 playground and let Kusama and Nelson classes try out sitting in the driving seat, wearing a helmet and even testing the siren! The children were very excited and really enjoyed the visit. They've also been really lucky to have visits from a nurse, Anne, and Sophia's mum who is a vet. Robert, our Site Assistant, also visited to show the children some of the tools of his trade.



## Ukrainian School

On Thursday it was **World Vyshyvanka Day**. This is a holiday in Ukraine dedicated to preserving the iconic Ukrainian embroidered shirt (known as "vyshyvanka") as a symbol of the material and spiritual heritage of the Ukrainian people. Ukraine is famous throughout the world for its highly artistic embroidery. Viktoriia Shymanska is a teacher, based at St Mary's Ukrainian School, and visits King Athelstan once a week to support our Ukrainian children. She helped the children to make small notecards decorated with vyshyvanka symbols which the children shared with their friends. They also wore their beautiful embroidered shirts.



## International Day

We will be celebrating International Day on **Thursday 6th June** this year, and hope it will be as successful as in previous years. You will have received a letter via email this week. It is a non-uniform day and so children may wear traditional clothes from another country or the colours of the flag of their class' chosen country. We are also planning the International Food Market after school again and we are looking for volunteers to provide food. We hope everyone will get involved in this celebration of languages, cultures and food that make King Athelstan great!



## Amazon Wish List

Thank you so much to everyone who has been kind enough to purchase items from our List - it is very much appreciated. The link is: <https://amzn.eu/hcy87Hz>. There is, of course, no obligation to buy anything.



## DATES FOR THE DIARY

MAY 2024	
Monday 20	Y5 trip to Rose Theatre
Monday 20 +	Walk to School Week
Monday 20 +	Y6 Bikeability this week
Monday 20 +	Y4 Learn to Ride course
Wednesday 22	Nelson Class Assembly 9am - families welcome
Wednesday 22	Y6 PGL Parent/Carer meeting 6-7pm
Thursday 23	Y6 PGL Parent/Carer meeting 9-10am
Thursday 23	Y1 trip to the Library & Kingston Museum
Thursday 23	Outdoor Learning Day
Mon 27 May	Half term week
JUNE 2024	
Tuesday 4	Y6 to visit Hogsmill Garden
Wednesday 5	Kahlo Class Assembly 9am - families welcome
Thursday 6	International Day
Fri 7 - Mon 10	Y6 PGL Residential trip
Tuesday 11	Y6 PGL children not in school
Wednesday 12	Y6 Kids Out - Chessington World of Adventures
Thursday 13	Class Photographs
Friday 14	PCSA Indie Disco, adults only <a href="#">Tickets here</a>
Monday 17	Choir concert at the Rose Theatre
Tuesday 18	SEND Parent/Carer Consultations - in person between 3.30-4.30pm
Thursday 20	SEND Parent/Carer Consultations - in person between 4.00-5.30pm
Friday 21	Reception Cake Sale
Friday 21	PCSA Y5 Disco 7-8.30pm <a href="#">Tickets here</a>
Monday 24	Y5 Workshop at The Hollyfield School
Monday 24	Y6 Junior Roadwatch
Tuesday 25	Y3 Country Dancing Festival
Wednesday 26	EYFS Sports Day at school
Thursday 27	KS1 and KS2 Sports Day at Athelstan Park
Friday 28	Y3 trip to the Science Museum - <a href="#">go to ParentPay</a>
JULY 2024	
Monday 1	Y6 Transition Day (Richmond Schools)
1-5 July	1 million step challenge for Diabetes UK
Wednesday 3	Y6 Transition Day (Kingston Schools)
Friday 5	INSET Day - children not in school
Saturday 6	PCSA Summer Fair 12-3pm
Monday 8	Last week of clubs
Wednesday 10	Dali Class Assembly 9am - families welcome
Wednesday 10	Thinker's Project Exhibition 3.20-3.50pm
Wednesday 10	Thinker's Project Exhibition 5.30-6pm
Thursday 11	Y1 Trip to Littlehampton - <a href="#">go to ParentPay</a>
Friday 12	PCSA Y6 Disco at school 7-8.30pm <a href="#">Tickets here</a>
Wednesday 17	Y6 Production 2pm
Thursday 18	Y6 Production 7pm
Sunday 21	PCSA Dragon Boat Racing <a href="#">Tickets here</a>
Tuesday 23	Y6 Leavers' Assembly & Tea 2pm. Families invited
Wednesday 24	PCSA Whole school picnic in Athelstan Park from 2.10pm
Wednesday 24	School breaks up for the summer holidays one hour earlier than usual No KOOSA Kids on this day

## Achievement Assembly



### Achievement Award

O'Keefe Y1 - Aran

Van Gogh Y1 - George

Hockney Y2 - Noor

Matisse Y2 - Archie

Cassatt Y3 - Asia

Da Vinci Y3 - Max

Mehretu Y4 - Ziyad

Wiley Y4 - Hanin

Warhol Y5 - Mariline

Dali Y5 - Sam

Kahlo Y6 - Tamuka

Riley Y6 - Tharul

PE KS1 - Daisy in Hockney Y2

PE KS2 - Tilly-Rae in Warhol Y5

Oscar from Warhol Class accompanied assembly beautifully on the piano

Times Tables Rock Stars/NumBots Maths Champions this week:

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Ava	Alannah	Eloise	Grace	Ege	Alex
Loni	Rachel	Ottilie	Ziyad	Hai Yen	

### House Points

This week, **Green (Villiers)** are the winners, **Blue (Hawks)** are second, **Red (Dawson)** are third and **Yellow (Cambridge)** fourth.



### KOOSA Kids

Details for September bookings and the expansion of places available will be made available soon. All bookings can be made for after school or the holiday clubs on their website [here](#).



### PCSA

The PCSA (Parent Carer Staff Association) brings together parents, carers and staff to support the school and to raise money. All parents/carers are automatically members. Upcoming events:

- Friday 21st June - Year 5 Summer disco\*
- Friday 21st June - Reception cake sale
- Saturday 6th July - Summer Fair 12-3pm
- Friday 12th July - Year 6 leavers disco\*
- Sunday 21st July - Dragon Boat race team ([sign up here](#))
- Friday 4th, 12th & 19th July - Year 6 Ice lolly sales
- Wednesday 24th July - School's out picnic, Athelstan Park

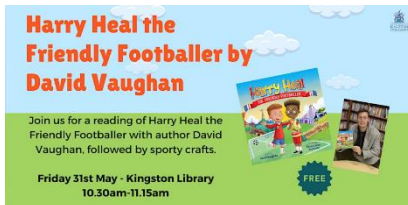
\*[Tickets for all events can be found here](#)



## Community Messages

In this section of the Digest we include information received from other agencies. We are not promoting these items, but include them in good faith as they may be of interest to King Athelstan families:

**Malden District Society of Model Engineers** - On 26th, 27th May from 1pm-4pm, the Society has a public open day where there will be two train tracks for kids to ride on real mini steam trains. Adults are welcome as well, and there are food stands onsite, or you can bring a picnic. It is a great afternoon out! [Book here!](#)



**Kingston Library** - Join author David Vaughan for a reading of his book, Harry Heal the Friendly Footballer, followed by a sporty craft.  
**Friday 31st May, 10.30am-11.15am** No cost, Ages 4-8 years.

**Tiffin School Open Evening** - Tiffin School's Year 7 Open Evening is on **Thursday 2<sup>nd</sup> July 2024 from 4-8pm**. All visitors will be offered a tour of the school to see the facilities, meet the staff and see live demonstrations within the classrooms. Mr Williams, Head, will be giving a number of talks throughout the evening, which parents/carers will need to book if they would like to attend. Full FAQs and a link to the booking system can be found on the [website](#), as well linked in the QR code.

