



King Athelstan Weekly Digest Issue 7 - Friday 17th October 2025



This week our focus in school was on the **Zones of Regulation**. Next week, the spotlight will be on being a **Good Citizen**.

Dear Families,

This week we have marked 'Talk PANTS' week with special assemblies - see information below.

We have also delivered our Harvest Festival collection to the Kingston Foodbank and your donations were gratefully received.

Thank you for supporting the PCSA costume sale on Wednesday.

Please do promote our Open Event for prospective parents and carers of Nursery and Reception children for September 2026 - see the item later in the Digest.

For families of children in Y6, don't forget the deadline for secondary school applications is fast approaching. They must be in by **31st October**.

For those celebrating Diwali, the Festival of Lights, over the next few days we would like to wish you a Diwali filled with light, love and laughter.

Have a lovely weekend.



Emily Newton
Headteacher

Talk PANTS Week

This week we supported the NSPCC Talk PANTS campaign. Jade Gulliford, our PSHE Co-Ordinator, held an assembly on Wednesday, talking about Pantosaurus' five rules for staying safe in assembly and in classrooms. Talk PANTS promotes simple conversations with young children to keep children safe from harm. Developed with children, parents, carers and teachers, Talk PANTS introduces child safety messages with the help of PANTosaurus, who helps children understand that their body belongs to them, and they should tell a safe adult they trust if anything makes them feel upset or worried.



World Mental Health Day

Thank you to all those who donated to World Mental Health Day. You have raised £214, which will be used to renew the Perspex and the frames for the artist-themed class pictures the children make at the start of each year. Thank you to our Y6 House Captains who did an amazing job leading the Wake Up, Shake Up sessions for the whole school. They looked quite exhausted at the end! Everyone in school had a great day and children enjoyed making their bracelets and receiving their free toys and books at the end of the day. Thank you to Mrs Ramkissoon and the Nurture team for organising it all. The item is open in ParentPay if you would still like to donate.



Harvest Festival Foodbank Collection



Thank you so much to all those who donated food items and toiletries over the last week for our Harvest Food Collection. We have now delivered everything to the warehouse of Kingston Foodbank, whose volunteers are now busy sorting and packing it all before it is distributed to those in need. Thank you for your generosity.



Parent/Carer Consultations

Please book an appointment for each of your children: <https://kingathelstan.parentseveningsystem.co.uk>

- Bookings are now open and will close at 9am on Tuesday 11th November
- **In-person** meetings are on Tuesday 11th November 3:30pm - 6:00pm
- **Online** meetings are on Thursday 13th November 4:00pm - 6:30pm
- All meetings, online and in-person are 10 minutes long. Online time slots end automatically after 10 minutes from the start time, so please log in on time
- SEND support plan parent/carers meetings will take place **in-person** on Tuesday 18th and Thursday 20th November from 15.30pm - 17.30pm
- Little Klee (2 year old provision) meetings will take place **in-person** during the weeks commencing 10th and 17th November. The 2 year old leads will contact families individually to arrange these.

Y6 PGL Trip June 2026

Year 6 will once again be visiting Liddington in Wiltshire for their 4-day residential stay in June 2026. Liddington is one of PGL's biggest adventure centres so there's acres of space to enjoy and plenty of activities to inspire, motivate and challenge pupils. The site has a range of facilities such as water sports lakes, sports pitches, climbing walls, zip wires and much more. By combining many National Curriculum-linked modules with thrilling outdoor and indoor adventure activities, this trip is sure to provide your child with a wealth of new experiences outside of the classroom. The non-refundable deposit payment of **£40** is due on ParentPay by **31st October** to secure your child's place. Please contact school with any questions/queries.



Prize Giving

Every summer, we award 12 prizes to students who are nominated by teachers in a variety of categories. We have recently created a new display board to celebrate these achievements so that all children can see them. We also have three shields for Art, Y4 Learning Behaviour and the winning House team in Sport, which are all engraved with the winning team/students every year. Our Art shield, which was started in 1994, is now full and has run out of space! If anyone in the community would be able to supply another wooden layer for the shield (left), please let the office know, so that we can add more names now and in the future. Thank you.



Early Years Open Event for Nursery & Reception September 2026

We are hosting an Open Event on **Thursday 6th November from 4.30pm to 5.30pm** for families looking for a Nursery place in January or September 2026, or a Reception place in September 2026. We are also running some short school tours, which last an hour:

- Wednesday 12th November at 4.00pm
- Wednesday 19th November at 4.00pm
- Wednesday 10th December at 9.15am
- Thursday 8th January at 4.00pm



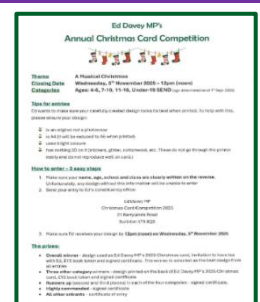
If you would like to book to attend any of the above events, please do so [here](#). Please let any other families who may be interested know about these dates, too. Thank you.

House of Commons Christmas Card Competition



The Rt Hon Sir Edward Davey MP has launched a Christmas card competition to choose a design for his official Christmas card this year. The theme is 'A Musical Christmas', and the closing date for entries is Wednesday 5th November. There are 4 age categories, and book token prizes and certificates for the best entries. See the poster here for how to enter.

Good luck!



DATES FOR THE DIARY

OCTOBER 2025

Thursday 23	Reception Parent/Carer Phonics Stay & Learn session 9-9.45am
Friday 24	Y6 Cake Sale 3.15pm
Mon 27-Fri 31	Half-Term
Friday 31	Deadline for Y6 applications to secondary school

NOVEMBER 2025

Thursday 6	Outdoor Classroom Day
Thursday 6	Early Years Open Event 4.30pm-5.30pm
Friday 7	Parent/Carer Forum 9am
Friday 7	PCSA KS2 Halloween Disco. See Ticketsource .
Friday 7	Closing date for BBC 500 Words Competition
Monday 10	Book Looks 3.20-3.50pm
Tuesday 11	Parent/Carer Consultations in person 3.30-6pm
Wednesday 12	School Tour for potential EYFS places. 4pm. Book here
Thursday 13	Y4 Egyptian Workshops - information to follow
Thursday 13	Parent/Carer Consultations online 4-6.30pm
Friday 14	Children in Need. Wear spotty accessories
Tuesday 18	SEND Parent/Carer Consultations 3.30-5.10 in person
Wednesday 19	Mehretu Class Assembly 9am
Wednesday 19	Y2 trip to Bushy Park. Go to ParentPay
Wednesday 19	School Tour for potential EYFS places. 4pm. Book here
Thursday 20	SEND Parent/Carer Consultations 3.30-5.10pm in person
Friday 21	School Council trip to Houses of Parliament - Go to ParentPay
Tuesday 25	Y5 Viking Day
Wednesday 26	Warhol Class Assembly 9am
Thursday 27	Wiley Class Y4 trip to Synagogue
Saturday 29	Festive Fair 12-4pm

DECEMBER 2025

Tuesday 2	Y5 trip to the Science Museum - Go to ParentPay
Wednesday 3	Riley Class Assembly 9am
Wednesday 10	Da Vinci Class Assembly 9am
Wednesday 10	Y5 & Y6 Ice Skating at Hampton Court - details to follow
Wednesday 10	School Tour for potential EYFS places. 9.15am. Book here
Friday 12	Kusama Class Christmas Assembly 9.15am
Friday 12	Nelson Class Christmas Assembly 2.30pm
Monday 15	Matisse Class Y2 Christmas Assembly 9.15am
Monday 15	O'Keeffe Class Y1 Christmas Assembly 2.30pm
Tuesday 16	Y4 trip to see Cinderella at the Rose Theatre - Go to ParentPay
Tuesday 16	Thinker's Project Exhibition 3.20-3.50pm and 5.30-6pm
Wednesday 17	Van Gogh Class Y1 Christmas Assembly 9.15am
Wednesday 17	Hockney Class Y2 Christmas Assembly 2.30pm
Thursday 18	Klee AM Christmas singing & crafts 11-11.30am
Thursday 18	Klee PM Christmas singing & crafts 12.30-1pm
Friday 19	Christmas Jumper Day, Christmas lunch and school breaks up one hour earlier

KOOSA Kids

KOOSA Kids are pleased to be operating their after-school club or the October Half Term Holiday Club here on site at King Athelstan. Visit www.koosakids.co.uk/holiday-club for more information. KOOSA will also be running Christmas and February half-term holiday clubs.





Achievement Award

Van Gogh Y1 - Eren

O'Keeffe Y1 - Alice

Matisse Y2 - Owen

Hockney Y2 - Olive

Cassatt Y3 - Paula

Da Vinci - Viktor

Mehretu Y4 - Sharav

Wiley Y4 - Stephen

Dali Y5 - Katarina

Warhol Y5 - Eloise

Kahlo Y6 - Isaac

Riley - Rosa

KS1 PE Nevaeh-Jade in O'Keeffe Class Y1

KS2 PE - Ben in Cassatt Class Y3

Miss Disher, History Lead, awarded special certificates to Joe, Aya, Anisa, Inci, Elsie, Shiloh, Emma and Alannah in KS2, and to Ari and Aicha in KS1 for their work on **Black History Month**.

Alex from Kahlo Class played 'Believer' on the piano at the start and end of KS2 assembly.

Times Tables Rock Stars/NumBots Maths Champions this week:

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Aadarsh	Aicha & Teddy	Loni	Asya	Meryem	Emily
Kairo	Ruth, Brenden, Hazel & Sharvika	Benjy	Oscar	Pedro	Inci & Tim

House Points

This week in first place is **Green (Villiers)** on 30 points. **Red (Dawson)** have 28 points. **Blue (Hawks)** are in third place on 26 and **Yellow (Cambridge)** have 22.



PCSA



The PCSA (Parent Carer School Association) can be contacted on: kingathelstanpcs@gmail.com. Check out the PCSA noticeboard at the front of the school as you walk through to drop off or collect children. It has a list of all the upcoming events as well as fundraising ideas.



- The fancy dress costume sale on 16th October raised just over £190 so was a huge success!
- On Friday 7th November there is a Key Stage 2 Halloween Disco. Entry is by ticket only. Tickets cost £4.19, and can be purchased at [Ticketsource](https://www.ticketsource.co.uk). 6-7pm for Years 3&4, and from 7-8pm for Years 5&6.



Amazon Wish List



We have an ongoing Amazon Wish List, which we started after families wanted to contribute items to school. The list has recently been updated with lots of new items, many of them for our Early Years provision. Thank you to those families who have already purchased some of the new items! There is no obligation to buy anything, but all purchases are very much appreciated. The link is: <https://amzn.eu/hcy87Hz>. Thank you.



Community Messages

In this section of the Digest we include information received from other agencies. We are not promoting these items, but include them in good faith as they may be of interest to King Athelstan families:

Talking Teens - Parenting group for parents and carers of adolescents from Year 6 upwards, ages 10+. The group will be taking place on Tuesday afternoons from 1.30pm-3.30pm for 4 consecutive weeks at Kingston Library. Please contact [Karen Williams](#) if you are interested in attending.

The Nurturing Programme
Talking Teens
Four week parent group
 The Talking Teens Parent Group helps deal with your challenges over four sessions, so you can have a calmer, happier family life.

1 Being a parent of a teenager - The role of parents for teenagers - Responding to difficult feelings	3 Communicating with your teenager - Talking and listening - Communicating clearly - Handling difficult issues
2 Understanding your teenager - Understanding teenage development - Parenting styles - Praise and criticism	4 Managing conflict - Rules and boundaries - Choosing how to respond - Problem solving

Starting - Tuesday 4th November for 4 consecutive weeks from 1.30pm-3.30pm
At Kingston Library, Fairfield Rd Kingston, KT1 2PS

Contact details
 Karen Williams, Parenting Officer
 E: karen.williams@achievingforchildren.org.uk
 T: 0208 8147 4949
 M: 07711314880

achieving for children

Warm Hubs - RBKares is a charity which supports those in need in the local community. See the flyers here for details of local free events.

Warm Hubs in Kingston Borough
 Every Day in Kingston Borough
 RBKares is a charity which supports those in need in the local community. See the flyers here for details of local free events.

Supporting the community



WELLBEING DAYS
SUPPORT INCLUDES
 HEALTH CHECKS | ENERGY VOUCHERS
 HAIRCUTS | CLOTHES | TOILETRIES
 BENEFITS ADVICE | JOB TRAINING
 SOUP, CAKE & HOT / COLD DRINKS
 BIKE REPAIRS & SEPT ONLY

FAMILY FUN THIS AUGUST
 FACE PAINTING | GAMES & CRAFTS
 ICE LOLLIES | CHILDREN'S DENTIST

FRIDAY 11AM-2PM

First Friday of every month
 Queen Mary Hall
 Cambridge Gdns KT1 3NJ
 Free Event

The Old Kingstonian Hockey Club - a local club offering hockey for the whole family from the age of four. They are opening the juniors' weekday training to non-members this autumn. If you are interested in school taster sessions or after school clubs please contact juniorcoordinator@okhockey.com who will be happy to discuss possible options.

OLD KINGSTONIAN HC
SPECIAL NOVEMBER OFFER
HOCKEY SKILLS CLUB
SCHOOL YEARS 5-10
Wednesdays 6-7:30pm @ Tiffin Girls' School
05 NOVEMBER - 03 DECEMBER 2025
 IMPROVE YOUR HOCKEY SKILLS
 SKILLS SESSIONS & SMALL-SIDED GAMES
 WE ARE OPENING OUR WEEKDAY JUNIORS TRAINING TO NON-MEMBERS THIS AUTUMN
 INTRODUCTORY OFFER
 £42 PER PLAYER
 BOOKING CODE: NOV2025
 JOIN THE CLUB
 EMAIL US AT ADMINISTRATOR@OKHOCKEY.COM,
 USE THE BOOKING LINK
 OR USE THE QR CODE