



Dear Families,

This week Miss Govan's assembly was all about the Chinese Lunar New Year, which happened during half-term. She re-told the story of the legendary race involving the twelve animals ordered by the Jade Emperor. Ask your children about the story. 'Gong hei fat choy' to all those celebrating.



Thank you to all the families who attended Book Looks and parent/carer consultation meetings this week, either in-person or online. It is really important that all parent/carers attend, as the meeting is to discuss your child's progress in school and ensures we can work together to support your child in the best way possible. The meetings for children with SEND, which are all in-person, will take place in the week beginning **9<sup>th</sup> March**. If you have not yet made an appointment, please do so here: <https://kingathelstan.parentseveningsystem.co.uk>

Don't forget next **Thursday 5<sup>th</sup> March** is World Book Day and we look forward to seeing which book characters come to our school!

There are still some places available for our Iftar celebration on **Wednesday 4<sup>th</sup> March**. All are welcome, please email [admin@kingathelstan.rbksch.org](mailto:admin@kingathelstan.rbksch.org) if you would like to be added to the guest list. There will be no admittance unless you are on the guest list. Thank you.



Emily Newton  
Headteacher

### Year 5 Trip

Year 5 were invited to Kingston Station to see a very special train this week. This year is the 200th anniversary of the birth of modern railway and the rail industry has come together to mark this major milestone with a year-long national celebration called Railway 200 - [www.railway200.co.uk](http://www.railway200.co.uk). To bring the railway's 200-year story of innovation to life, Railway 200



has created a unique, interactive and free touring exhibition train called



*Inspiration* that will visit 60 locations across Britain over 12 months. Y5 classes visited the train when it stopped at Kingston station. The children took part in the Wonderlab on Wheels,

which offered engaging hands-on activities to explore the science and engineering behind railways, as well as other exhibits on board.



### Healthy Schools London

This week, we were delighted to celebrate a very special achievement in assembly: earning our **Healthy Schools London Bronze Award**! This respected award is presented by the Mayor of London's office, making it a significant honour for our school. Receiving this accreditation recognises our strong commitment to promoting health and wellbeing across the whole school. It reflects the high-quality provision we offer in areas such as PSHE, Food and Nutrition, PE and Sport, Active Playtimes, and many other aspects of school life. Thank you to everyone in our school community for your ongoing support in helping us reach this fantastic milestone. We are extremely proud of this achievement!



## PCSA

PCSA has set up a page on the well-known site, [easyfundraising](https://www.easyfundraising.com). When you buy something from certain websites that company will donate a percentage of money to the King Athelstan PCSA. It doesn't cost you anything - it all comes from the company/business you are buying from. It costs us nothing, but if everyone signs up it could make a massive difference to your child's education and experiences whilst at King Athelstan - thank you.



After the school discos for Years 3&4, and also Years 5&6 on 27<sup>th</sup> February, there is now a Spring Party for Years 1&2! This will be on **Friday 6<sup>th</sup> March** from 5.30-6.30pm in the school hall. Entry by ticket only. Tickets cost £4 and must be booked here:



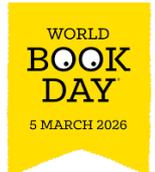
<https://www.ticketsource.co.uk/king-athelstan-primary-school-pcsa>

## World Book Day

Just a reminder about World Book Day on **Thursday 5<sup>th</sup> March**, which is always a big event in the King Athelstan calendar. Children are encouraged to dress up as a famous book character and bring in the book, or wear their pyjamas and bring in their favourite bedtime story.



The day will be full of tasks all focused around books and the love of reading. The Masked Reader and the Extreme Reading Competition will be running again. See the letter sent on 11<sup>th</sup> February for more details. It is also listed on the school [website here](#).



## DATES FOR THE DIARY

MARCH 2026	
Tuesday 3	Y5 Dali Parent/Carer Consultations in person 3.30-6pm (new date)
Wednesday 4	Kahlo Class Assembly 9am
Wednesday 4	Community Iftar event
Thursday 5	World Book Day - see letter for details
Thursday 5	Y5 Dali Parent/Carer Consultations online 4-6.30pm (new date)
Friday 6	Y6 to RI Science Show at Surbiton High School
Friday 6	Y1 & Y2 PCSA Spring Party 5.30-6.30pm. Entry by ticket only
Tuesday 10	Y5 & Y6 Kingston cinema trip
Tuesday 10	SEND Parent/Carer Consultations in person 3.30-5.30pm - Bookings open
Wednesday 11	O'Keeffe Class Assembly 9am
Thursday 12	SEND Parent/Carer Consultations in person 3.30-5.30pm - Bookings open
Monday 16	Y5 Greek Day
Monday 16	Deadline for Thinker's Project online entries via Google Classroom please
Tuesday 17	Y4 trip to Natural History Museum - go to ParentPay
Wednesday 18	Van Gogh Class Assembly 9am
Thursday 19	Y5 visit to St John's Church - Google form for volunteers open
Friday 20	Comic Relief Crazy Hair Day - PCSA Fundraiser £1 donation
Tuesday 24	Y6 trip to Kew Gardens - details to follow
Tuesday 24	Y1 Kingston cinema trip
Tuesday 24	Thinker's Project Exhibition 3.20-3.50 & 5.30-6pm
Wednesday 25	Cassatt Class Assembly 9am
Wednesday 25	PCSA Uniform Sale in the Hall after school
Thursday 26	Reception trip to the Wetlands - go to ParentPay
Thursday 26	KS2 Spring Showcase - audition videos due in by 13 <sup>th</sup> February
Friday 27	Y3 Cake Sale 3.15pm
Friday 27	Break up for Easter one hour earlier
APRIL 2026	
30 March - 10 April	Easter Holidays
Monday 13	Y3 trip to the Mosque
Wednesday 15	Y4 Thames Young Mariners Trip - go to ParentPay
Wednesday 15	Hockney Class Assembly 9am

## KOOSA Kids - HAF Programme



KOOSA Kids are delighted to share that they will be operating their fully funded Easter Holiday Activity & Food Programme (HAF) for eligible children at King Athelstan from Tuesday 7th to Friday 10th April. The exciting, action-packed activity programme is designed for children aged 4-13, featuring a mix of active games, art & crafts, Go karts, science, drama and challenges that bring our Down on the Farm theme to life! Bookings are open now. [Click here to book!](#)

## Amazon Wish List



The Wish List was started after families wanted to contribute items to school. There is no obligation to buy anything, but all purchases are very much appreciated. Thank you. The link is: [King Athelstan Wish List.](#)

## Achievement Assembly



### Achievement Award

Van Gogh Y1 - Aylani

O'Keeffe Y1 - Joseph

Hockney Y2 - Teddy

Matisse Y2 - Andrey

Cassatt Y3 - Ben

Da Vinci - Robin

Mehretu Y4 - Joshua

Wiley Y4 - Stanley

Dali Y5 - Molly

Warhol Y5 - Inaya

Kahlo Y6 - Karin

Riley - Tim

KS1 PE - Finn in Hockney Y2

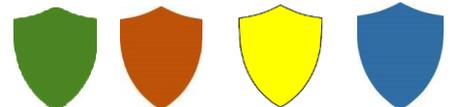
KS2 PE - Alessandro in Riley Y6

Times Tables Rock Stars/NumBots Maths Champions this week:

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Youcef	Herberts & Teddy	Mila	Megan	Jayan	Ben
Kairo	Gregory & Ruth	Paula	Koshin	Ana	Hanin

## House Points

This week **Red (Dawson)** are in the lead with 29 points. In joint second place are **Blue (Hawks)** and **Green House (Villiers)** on 27, and **Yellow (Cambridge)** have 24 points.



## Chess Club



Our after-school Chess Club recently took part in an exciting competition, and the children thoroughly enjoyed the experience. Congratulations to Max for winning 1st place and to Leo for coming 2nd — a fantastic achievement for both of them. Julian, our Chess Club instructor, is very proud of all the children who represented the school. Well done everyone!

*King Athelstan Primary School - Inspiring Excellence*

## Community Messages

In this section of the Digest we include information received from other agencies. We are not promoting these items, but include them in good faith as they may be of interest to King Athelstan families:

**Measles Information** - There has been an increase in measles in London recently and a small number of confirmed cases in young children in Kingston. This is of concern given the rising number of cases across London. The London outbreak has led to some children having to be hospitalised. The Local Authority (Achieving for Children) would like to reassure all families that there have been **no reported cases of measles at King Athelstan Primary School**, however, measles spreads very easily between people who are not vaccinated. Measles can be prevented by vaccination. If your child has missed any of their doses or you're unsure, get in touch with your GP surgery. It's never too late to catch up. See: [NHS vaccinations and when to have them](#). For more information about measles, see the [nhs.uk](https://www.nhs.uk/conditions/measles/) website <https://www.nhs.uk/conditions/measles/>.



**County Lines Parental Webinar** - This is a free parental/carer webinar regarding county lines which is being delivered by Project Adder - Metropolitan Police, and Lived Experience Consultant Sosa Henkoma during County Lines Intensification Week. County lines is a form of exploitation in which criminals groom and manipulate children into drug dealing. The webinar will be held online on **4 March** from 1:30-3pm. The webinar will be open to any parent/carer, and participants can sign up using the following link: [County Lines Parental/Carer webinar](#).

**Spring Sounds: a day of music and discovery** - Join Spring Sounds - a free day of music fun on **Sunday March 22** from 10am-5:30pm at Kingston University's Town House. Try instruments, join workshops like gamelan or video game composing, enjoy talks and performances - all ages welcome, no experience needed. It's a relaxed, drop-in style with family zones. Register free for entry and updates (workshops limited). Supported by Arts Council England and Kingston Music Service. Children must be accompanied by an adult. For more details and to book: [springsounds.co.uk](https://springsounds.co.uk)



**Workshop/Meetings for Parents** - see the HENRY Growing Up Team newsletter

**HENRY Newsletter for Parents**  
March 2024  
Update from Kingston's HENRY Coordinator

**A warm and cheerful Spring welcome from the Kingston HENRY Growing Up Team!**  
As we head into the spring season, the Kingston HENRY Growing Up Team are excited to meet and support parents throughout the months ahead. We're delighted to be offering **FREE** group programmes and workshops for parents, helping families to be confident, supported, and ready for positive change.

We'll have spaces available on our **April** programme and workshops—please see details below.

**What is HENRY all about?**  
We know that everyone wants the best for their children, but it can be hard to ensure a healthy lifestyle for the whole family.

The HENRY Growing Up Team offer an 8-week programme and one-off workshop for parents and carers of children aged between 5-12, HENRY is for exercise, and topics covered in the 8-week programme include understanding children's behaviour, setting boundaries, parent workshops, healthy choices, supporting children eating a wide range of foods, screen time, being active, family routines, sleep, self-esteem, and much more.

The HENRY **Looking After Ourselves** workshop is an online session that focuses on the benefits of parents taking time to work on supporting emotional wellbeing, physical health, and a deeper understanding of stress, its impact on the body, and practical strategies to cope and unwind.

The programme and workshops are **FREE** to attend for parents/carers of children attending Kingston Schools. You can self-register by scanning the QR code or to find out more please feel free to email us on [henry@achievingforchildren.org.uk](mailto:henry@achievingforchildren.org.uk)

**Upcoming HENRY Programmes and workshops**

Healthy Families Growing Up programme (for parents of children aged 5-12)	Looking After Ourselves (for parents of children aged 5-12)	Healthy families
<b>Venue:</b> Online <b>Day/Time:</b> Wednesday 10:11-11am <b>Dates:</b> 27th April - 24th June 2024 Break over May half term	<b>Venue:</b> Online <b>Day/Time:</b> Wednesday 10-11.30am <b>Date:</b> 22nd April 2024	<ul style="list-style-type: none"><li>• What do parents say who have already accessed HENRY?</li><li>• "What engaged most about the programme was the opportunity to share experiences with other parents and hear others' perspectives. It was reassuring to show that other face (their experiences) and found it helpful to learn from their experience."</li><li>• "The programme has helped me realise that small changes can make a big difference."</li></ul>

(left) which includes information about their upcoming April programme, which runs for 8 weeks online, as well as a one-off workshop, "Looking After Ourselves."

The ASD Parent/Carer Support Group is holding their next meeting on **Wednesday 25<sup>th</sup> March** (right).

Please use the links in the posters to book a place.

**ASD Parent/Carer Support Group**

**Wednesday 25<sup>th</sup> March 2026**  
9.30 to 11am  
at  
Grand Avenue Primary School, Surbiton, KT5 9HU

Join us for coffee, biscuits and chat to other parents that understand!

If you would like to come along, please register by following this link: <https://forms.gle/bDEe4QwpVnU6FFZd7> or contact

Jane Piddock (e-mail: [j.piddock@grandavenueschool.surbiton.nhs.uk](mailto:j.piddock@grandavenueschool.surbiton.nhs.uk))