



Dear Families,

What a fantastic way to end the week, with our World Mental Health day celebrations. Many of you already know what an important day this is in our school calendar. The day started with Wake Up, Shake Up in the KS1 playground and we had a fantastic singing assembly led by Mr Thomas. Year 3 have been on a trip to Gunnersbury Park today, so will catch up on the WMH day activities on Monday.

On Wednesday we sent a letter to everyone about Young Carers. We are aware that there are a number of children in our school who have caring responsibilities or help parents care for siblings. This might be helping to look after a family member—such as a parent, brother, sister, or grandparent—who has a physical illness, disability, mental health condition, or the health conditions that impact their lives. Please read the letter carefully, and complete the [Google form here](#). We don't want to miss anyone who is carrying out this important role as we may be able to offer some additional support in school. If you'd like to talk to us in confidence about whether your child is a young carer, please just complete the form and we will get in touch.

Young Carers

Thank you to those who have signed the revised Parent Carer Code of Conduct, which was emailed to all families on 1st October. This is an important document and it is essential everyone has read it. If you have not yet done so, please read it and complete the [Google form here](#).

Congratulations to those children who take taken on leadership roles in our school (see Junior Leadership Team item below). We are really proud of you.
Have a lovely weekend.

Emily Newton, Headteacher

World Mental Health Day



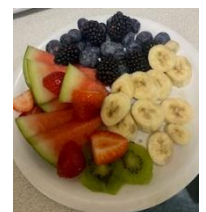
Today we started our celebration of World Mental Health Day by taking part in a Wake Up, Shake Up session led by our new Y6 House Captains! Promoting positive mental health and wellbeing is integral to our school ethos and we are passionate about equipping children with strategies to support them in maintaining this throughout their lives. In class, the children learned about "Big Feelings, Big Solutions".



They made a colour monster pom pom to pass around their class circle time, listened to songs



and read stories about how to manage feelings. They also enjoyed a delicious Zones of Regulation fruit plate. After school, Mrs Ramkissoon arranged a free book giveaway to finish off the day.



EYFS Open Evening

We are holding an Early Years Open Event on **Thursday 22nd October**, for anyone looking for a Nursery or Reception place in 2027. Book to come along at 4.30pm to see the whole provision and meet the Early Years Team. We are also running some short school tours, which last an hour:

- Wednesday 11th November at 4.00pm
- Wednesday 18th November at 4.00pm
- Wednesday 9th December at 9.15am
- Thursday 7th January at 4.00pm

If you would like to book to attend any of the above events, please do so [here](#). Please let any other families who may be interested know about these dates, too. Thank you.

King Athelstan Primary School
Early Years Open Event
Thursday 22nd October 2026 - 4.30pm
Come and meet our dedicated staff and look around our wonderful school. Our school is a great place for your child to learn, grow and develop in a nurturing and safe environment.

- Reception places for September 2027
- Experienced Early Years Teachers
- Extensive Outdoor Areas
- Community Driven
- 2 Year old spaces*
- 15 & 30* hour Funded Nursery

REGISTER NOW

www.kingathelstan.kingston.sch.uk
*subject to eligibility criteria

Come as you are leave us great

Junior Leadership Team

We are really pleased to announce our new Junior Leadership Team for 2026-27. They underwent a demanding application process and interview. The Junior Leadership Team reports to the headteacher, and their duties may include:

- leading assemblies, meetings and events
- co-chairing School Council Meetings
- helping with tours of the school for visitors
- dedicating additional time to duties outside of school e.g. Christmas and Summer Fairs

The Co-Chairs are **Katarina** and **AJ** and the Vice-Chairs are **Molly** and **Pedro**. The Equality Leads are **Nina** and **Ruby**, and our Safeguarding Leads are **Ari** and **Amelie**. They will be supported by a large group of Prefects, led by **Peter**, **Lorelai** and **Erin**, who have started carrying out their duties already this week!

The successful House Captains are: **Red (Dawson) - Micah and Mustafa**; **Green (Villiers) - Yeva and Sahib**; **Yellow (Cambridge) - Eloise and Toby**; **Blue (Hawks) - Eden and Chloe**. Mr McLaughlin will be relying on them to collect House Points weekly, and of course they will have a big responsibility on Sports Days on the 9th and 10th July 2027.



Eco Warriors and the School Council for this year are as follows:



Eco Warrior	Year group	Class	School Council
Elise	1	O'Keeffe	Hanna
Rubecca	1	Van Gogh	Anaya
Ari	2	Hockney	
Aadarsh	2	Matisse	Ivy
Fatima	3	Cassatt	Aicha
Kelly-Marie	3	Da Vinci	Ruth
Ozzy	4	Wiley	Talia
Julia	4	Mehretu	Nadia
TBC	5	Dali	Izabella
Frankie	5	Warhol	Amina
Ana	6	Kahlo	Alfie
Connor	6	Riley	Aaliyaah



Applying for a place at Secondary School

The deadline for submitting an application for a Y7 secondary school place for entry in September 2027 is **31st October 2026**. To make an application, please visit the eAdmissions website: [eAdmissions Website](#). The Admission to Kingston's Secondary Schools guide is available here: [AfC website](#).

Ice/Heat Pack Plea

We use ice packs and heat packs daily for playground bumps and minor injuries at school, but our supplies are currently running very low as many get taken home and don't make their way back to us!

- **Check Book Bags:** Please have a quick look through your child's book bag to see if any school heat or ice packs have accidentally ended up at home.
- **Earn a House Point:** Every child who returns a pack to school will be rewarded with a house point or dojo point!



Want to help restock? If you would like to support us by purchasing disposable or reusable packs for our first aid kits, donations from our [Wish List](#) are always greatly received. Thank you for your support!

Harvest Festival

Thank you so much for all your donations to the Harvest Festival collection so far. There will be tables outside the school office again on **Monday 12th and Tuesday 13th October** for you to leave any last-minute donations. See the list on the leaflet for suggestions - tinned goods, longlife foods (pasta, rice, cereal etc), sealed toiletries/cleaning products and toilet rolls are always welcome. Thank you so much.



No Dogs

A gentle reminder to all families that dogs are not permitted anywhere on the school site at any time, including the car park and access to Breakfast Club/KOOSA Kids. This applies to all dogs, regardless of size, temperament, or whether they are carried or on a lead. Thank you for your cooperation in helping us keep our school environment clean and safe for all children. Please note: *Registered assistance dogs are permitted.*



Achievement Assembly



Achievement Award

O'Keefe Y1 - Artan

Van Gogh Y1 - Sierra

Hockney Y2 - Logan

Matisse Y2 - Maria

Da Vinci Y3 - Toby

Cassatt Y3 - Liam

Mehretu Y4 - Bruna

Wiley Y4 - Salma

Dali Y5 - Daisy

Warhol Y5 - Ali

Kahlo Y6 - Inaya

Riley Y6 - Israel

KS1 PE - Matisse in O'Keefe Y1

KS2 PE - Sonny in Cassatt Class Y3

AJ in Kahlo Class played the piano for assembly.

Times Tables Rock Stars/NumBots Maths Champions this week:

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Phoebe M Rubecca	Grace & Logan Vasyl & Haider	Ruby & Dario	Paula	Amina	Pedro Chloe

PCSA

The PCSA (Parents, Carers, Staff Association) brings together parents, carers and staff to support the school fundraising for equipment and activities for the children. Here are some of the upcoming events - more details to follow:

Friday 9th Oct

Halloween Costume Sale

Friday 16th Oct

Quiz Night (adults only) at The Spring Grove

Friday 23rd Oct

'Halloween' Cake Sale - run by Y2

Friday 23rd Oct

Halloween Discos Y3-4 & Y5-6

Sat 28th Nov

Christmas Panto!

Friday 11th Dec

'Christmas' Cake Sale Comp - run by Y5

You can contact the PCSA on kingathelstanpcsa@gmail.com



King Athelstan Primary School - Inspiring Excellence

KEY DATES FOR THE DIARY	
OCTOBER	
Friday 16	Y5/6 Cross Country Competition - invited children only
Tuesday 20	Y4 Egyptian Workshop in school
Thursday 22	EYFS Open Event 4.30pm - see details above
Mon 26 - Fri 30	Half-term
NOVEMBER	
Monday 9	Book Looks 3.20-3.50pm
Tuesday 10	Parent/Carer Consultations in person 3.30-6pm - details to follow
Thursday 12	Parent/Carer Consultations online 4-6.30pm- details to follow
Friday 13	Children in Need - wear spotty accessories & make a donation on ParentPay
Tuesday 17	SEND Parent/Carer Consultations in person 3.30-5.10pm- details to follow
Wednesday 18	Flu immunisations - details to follow
Thursday 19	SEND Parent/Carer Consultations in person 3.30-5.10pm- details to follow
Monday 30	Y5 trip to the Science Museum - go to ParentPay
DECEMBER	
Tuesday 15	Thinker's Project Exhibitions 3.20-4pm and 5-6pm
Tuesday 15	Y4 to see Wind in the Willows at the Rose Theatre - details to follow
Friday 18	Christmas jumper Day. Christmas lunch & break up one hour early
JANUARY 2027	
Monday 4	Inset day - children not in school.
Friday 8	First Y5 swimming lesson at The Malden Centre - details to follow
FEBRUARY	
Mon 15-19	Half term
TBC	Iftar event - details to follow
MARCH	
Monday 1	Eggs/chicks in Reception
Thursday 4	World Book Day
Tuesday 9	SEND Parent/Carer Consultations in person 3.30-5.30pm - details to follow
Thursday 11	Y3 trip to Festival Hall - details nearer the time
Thursday 11	SEND Parent/Carer Consultations in person 3.30-5.30pm - details to follow
Tuesday 16	Parent/Carer Consultations in person 3.30-6pm - details to follow
Thursday 18	Parent/Carer Consultations online 4-6.30pm- details to follow
Tuesday 23	Reception trip to Wetlands - details to follow
Tuesday 23	Thinker's Project Exhibition
Monday 22	Y5 Bikeability course starts
Thursday 26	Last day of spring term. School finishes one hour earlier
APRIL	
26 March - 9 April	Easter holidays
Wednesday 14	Y4 Thames Young Mariners trip - details to follow
MAY	
Monday 24	Y6 Bikeability course starts
Mon 31- Fri 4 June	Half-term
JUNE	
Wednesday 9 June	Sports Day for EYFS
Thursday 10	Sports Day for Y1-6
Wednesday 16 June	Back up Sports Day for EYFS
Thursday 17	Back up Sports Day for Y1-6
Tuesday 22	SEND Parent/Carer Plan Review Meetings in person
Thursday 24	SEND Parent/Carer Plan Review Meetings in person
Fri 25-Mon 28	Y6 PGL Residential weekend
Tuesday 29	Rest day for Y6 on PGL

JULY

Friday 2	Inset day - children not in school. No clubs
Wednesday 7	International Day
Friday 9	EYFS Beach Day
Wednesday 14	Y6 Production 2pm
Thursday 15	Y6 Production 7pm
Friday 16	Y4 Ukulele concert 2.30pm
Tuesday 20	Thinker's Project Exhibition
Wednesday 21	Y6 Leavers' Tea & Assembly
Friday 23	Break up one hour earlier

Amazon Wish List

We have an ongoing Amazon Wish List, which we started after families wanted to contribute items to school. The list has been updated for this academic year with lots of new items. There is no obligation to buy anything, but all purchases are very much appreciated. This week we've received measuring spoons, glue sticks, notebooks and wooden pegs! The link is: <https://amzn.eu/hcy87Hz> . Thank you.



The Big Future Survey

We have been asked by the Children's Commissioner for England, Dame Rachel de Souza, to share this message with you:

I am writing because there are now just three weeks left for pupils to take part in my national survey, The Big Future. Please could children be encouraged to complete the survey here:

<https://www.childrenscommissioner.gov.uk/thebigfuture/>

The survey

closes in three weeks, so I would be enormously grateful if children could take part before then. Every response matters. I want to make sure that when I speak to Government about what children and young people want for their futures, I am able to represent the voices of children across the whole country - including those at your school.

Thank you for your support.

Dame Rachel de Souza, Children's Commissioner for England

KOOSA Kids

KOOSA Kids have issued their Autumn/Winter 26-27 Holiday Club dates and themes at King Athelstan. [Bookings are open.](#) The fun-packed activity programme is designed for children aged 4-13, featuring a mix of active games, art & crafts, go-karts, science, sports and challenges that bring exciting themes to life. Dracula Spectacula is our theme for October Half Term 26th-30th October, Merry & Magical for Christmas holidays 21st-23rd December and Blast Off into Space for February Half Term 15th-19th February. Prices start from just £31.50 per child (Standard day 10.00am to 4.00pm; extended days available 8.15am-6.00pm) an 8% discount available on a full week booking) and your third sibling goes FREE! See the brochure here for more information: www.koosakids.co.uk/holiday-club or call our friendly customer service team on 01276 21884.



Community Messages

In this section of the Digest we include information received from other agencies. We are not promoting these items, but include them in good faith as they may be of interest to King Athelstan families:

Kingston First Halloween Offers - Kingston First, the town's Business Improvement District, has organised two weeks of spooky fun from **17 October-1 November 2026**. The campaign includes 15+ exclusive Halloween offers via the InKingston app, with everything from discounts and 2-for-1s to FREE Halloween treats. There's also the chance to enter a spook-tacular £200 Halloween giveaway. Visitors simply need to redeem three offers through the InKingston app, with the prize giving one lucky winner £200 to spend at Bonbon Pottery Cafe and Tacos MX. You can discover more with the [full Halloween guide](#).



Old Kingstonian Hockey Club - this is a local club offering hockey for the whole family, with sessions available from the age of five. They are offering free junior trials from U6-U12. If you are interested in after-school hockey opportunities, contact them at juniorcoordinator@okhockey.com to discuss available options.



Safeguarding Details

Click here to find out about the school DSLs: [Designated Safeguarding Leads at King Athelstan](#)

