



Hi! I'm Andy Apple!
 Additional choices available throughout the week include jacket potatoes with a selection of fillings, crusty bread, a selection of salads and fresh fruit.

WILSON JONES

Simply Fresh



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 Commencing 22nd April 13th May 10th June 1st July 22nd July 2nd September 23rd September 14th October	Herby Chicken Fillet	Chicken Tikka Masala	Roast Chicken, Yorkshire Pudding & Gravy	Beef Pasta Bolognaise & Garlic Bread	Fish Fingers
	Cheese & Tomato Pizza	Roasted Vegetable Tortilla Wrap	Cheese & Tomato Pinwheel	Vegetable Noodle Stir Fry	Roasted Vegetable Pasta Bake
	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings
	Potato Wedges Baked Beans - Broccoli	Pilau Rice Cauliflower - Peas	Roast Potatoes Carrots - Green Beans	Sweetcorn Broccoli	Chips Peas - Baked Beans
	Tropical Flapjack	Lemon Drizzle Sponge & Custard	Strawberries & Cream Jelly	Banoffee Loaf Cake & Custard	Chocolate Ice Cream Roll
WEEK 2 Commencing 29th April 20th May 17th June 8th July 9th September 30th September	Chicken Burger	Sweet & Sour Chicken	Roast Chicken, Yorkshire Pudding & Gravy	Beef Lasagne	Battered Fish
	Vegetarian Hot Dog	Vegetable Spring Roll with Sweet Chilli Sauce	Quorn Meatballs, Yorkshire Pudding & Gravy	Macaroni Cheese Bake	Vegetable Pizza Pocket
	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings
	Potato Wedges Sweetcorn - Coleslaw	Noodles Peas - Carrots	Roast Potatoes Green Beans - Cauliflower	Garlic Bread Sweetcorn - Mixed Salad	Chips Peas - Baked Beans
	Beetroot & Chocolate Brownie with Vanilla Ice Cream	Lemon Thumbprint Cookie	Treacle Apple Pudding & Custard	Very Berry Jelly	Raspberry Fruit Ice Smoothie
WEEK 3 Commencing 6th May 3rd June 24th June 15th July 16th September 7th October	BBQ Chicken & Rice	Chicken Sausages & Gravy	Roast Beef, Yorkshire Pudding & Gravy	Sweet Chilli Chicken Pizza	Fish Fingers
	Vegetarian Lasagne & Garlic Bread	Cheese & Onion Veggie Roll	Vegetable Crisp Bake	Vegetarian Sausages	Veggie Burger
	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings	Jacket Potato with Selection of Toppings
	Sweetcorn Broccoli	Mashed Potato Carrots - Peas	Roast Potatoes Spring Greens - Sweetcorn	Potato Wedges Carrots - Green Beans	Chips Peas - Baked Beans
	Peach Crumble & Vanilla Ice Cream	Mandarin Jelly	Choc Chip Cake with Custard	Carrot Cake with Cream Cheese Frosting	Banana Split Pop



If you have any questions or queries, please give us a call at 0208 040 1275
 Alternatively you can email us at info@wjcaterring.co.uk