

King Athelstan Primary School

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Headteacher: Emily Newton

22nd May 2025

Dear Families of Y5,

Year 5 children will be receiving 2 Relationships and Sex Education (RSE) sessions as part of our Personal, Social and Health Education (PSHE) and Citizenship curriculum. The first lesson will take place on **Monday 2nd June** and the second on **Monday 23rd June**.

Lessons complement the school curriculum and will include: Emotional and physical changes in puberty; Staying healthy and personal hygiene; Relationships - important qualities in friendship; and Definitions of the terms sex and gender.

We believe that this is a vital aspect of all children's education and we aim to deliver the programme to pupils at a level appropriate to their experience and maturity. Under the 1996 Education Act, relationships education is compulsory. We strongly support children participating in these very important sessions. However, if you have any queries, please attend the meeting detailed below. The nurse is very experienced at teaching this aspect of the curriculum and will always ensure that lessons are sensitive to the needs of the pupils. It is a topic that the children have been talking about regularly in the playground and it is important that they are well informed.

If you have any concerns or questions, please contact the school and someone will get back to you.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Laura Meggitt'.

Laura Meggitt
Year 6 teacher and Equalities Lead

